

The Pizzeria

Cheese Pizza & Pepperoni Pizza
Pizza of the Day
Monday: Taco Pizza
Tuesday: Mushroom Pizza
Wednesday: Meat Lover's Pizza
Thursday: Buffalo Chicken
Friday: Fiestada Pizza

Also Available Everyday
Chicken Patty Sandwich

The Deli

Made-To-Order Deli Bar
Choice of: Sub Roll, Bread, Wrap, or Kaiser Roll
Choice of: Turkey, Ham, Egg Salad, OR Tuna Salad

Meat of the Day
Monday: Bologna
Tuesday: Chicken Salad
Wednesday: Salami
Thursday: Buffalo Chicken Breast
Friday: Bologna

PRE-ORDERED SALADS
If you would like a salad for lunch, please fill out the pre-order salad slip at either of the breakfast kiosk's or in the cafeteria at breakfast.

*All salads come w/Bread Slice and Croutons

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
2	NO SCHOOL!! SPRING BREAK	3 NO SCHOOL!! SPRING BREAK	4 NO SCHOOL!! SPRING BREAK	5 BBQ Rib Sandwich OR Mini Corn Dog Nuggets Roasted Garbanzo Beans Fruit Choice Milk Choice	6 Pancakes & Sausage Links OR Popcorn Chicken w/Bread Slice Hash Brown Potatoes Fruit Choice Milk Choice
9	Cheeseburger on a Bun OR Chicken Nuggets w/WG Bread Slice Oven Fries Fruit Choice Milk Choice	10 Beef Nachos w/Pretzel OR Hot & Spicy Chicken Patty Sandwich Refried Beans Fruit Choice Milk Choice	11 Potato Puff Bake w/Bread Slice OR Fiesta Chicken Burrito Golden Corn Fruit Choice Milk Choice	12 <i>Mac & Grilled Cheese Sandwich</i> OR Mini Corn Dog Nuggets <i>National Grilled Cheese Day</i> Tomato Soup Seasoned Peas Fruit Choice Milk Choice	13 Italian Dunkers w/Marinara Sauce OR Chicken Strips w/WG Bread Slice Romaine Salad Fruit Choice Milk Choice
16	Cheese Dog in a Blanket OR Chicken Nuggets w/WG Bread Slice Tator Tots Fruit Choice Milk Choice	17 Hot Turkey Sandwich w/Gravy OR Hot & Spicy Chicken Patty Sandwich Mashed Potatoes w/Gravy Fruit Choice Milk Choice Sugar Cookie	18 BURRITO BOWL w/ Chicken OR Pork, Rice, and Salsas Black Bean & Corn Salad Fruit Choice Milk Choice	19 <i>Ruby's Red Pasta</i> w/Bread Slice OR Mini Corn Dog Nuggets Steamed Broccoli Fruit Choice Milk Choice	20 Macaroni & Cheese w/Bread Slice OR Popcorn Chicken w/Bread Slice Green Beans Fruit Choice Milk Choice
23	Sloppy Joe on a Bun OR Chicken Nuggets w/WG Bread Slice Smiley Fries Fruit Choice Milk Choice	24 Walking Taco w/Rice OR Hot & Spicy Chicken Patty Sandwich Sweet & Sour Bean Salad Fruit Choice Milk Choice	25 PASTA BOWL w/Marinara Sauce OR Alfredo Sauce and Chicken OR Meatballs Dill Carrots Fruit Milk	26 Meatloaf w/Dinner Rolls OR Mini Corn Dog Nuggets Mashed Potatoes w/Gravy Fruit Choice Milk Choice	27 Hot Pork Sandwich w/Gravy OR Chicken Strips w/WG Bread Slice Seasoned Peas Fruit Choice Milk Choice Chocolate Pudding
30	Bacon Cheeseburger on a Bun OR Chicken Nuggets w/WG Bread Slice Oven Fries Fruit Choice Milk Choice	Monthly Café Ala Carte Special Spring Sandwich Cookie available every Tuesday		 Whole Grains Available Daily	 AdvancePierre Foods

Adult Lunch Price: \$3.50
Second Lunch Price—\$2.00

MENU SUBJECT TO
CHANGE

All ground meat items may contain a combination of ground beef and turkey.

Accompaniments

Assorted fruits and vegetables offered daily!!
*Must take at least one 1/2 cup of fruit or vegetable

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| *Vegetable Choices may include but not limited to: | *Fruit Choices may include but not limited to: |
| Broccoli Florets | Crisp Apple |
| Dark Leafy Greens | Peaches |
| Legume Salads | Mixed Fruit |
| Celery & Cucumber | Fresh Orange |
| Cauliflower Florets | Banana |
| Corn | Pineapple Tidbits |
| Green Beans | Pears |
| Peas | Applesauce |
| Carrots | Mandarin Oranges |
| | 100% Fruit Juice |

Milk

Fat Free White, 1% Chocolate, 1% Strawberry, and Fat Free Vanilla



Proud to manage your food service program

All students in the Bradford Area School District are entitled to one free breakfast and one free lunch for the school year 2017-2018. Second lunches will be charged at \$2.00.

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

Fretz Middle School

APRIL 2018 BREAKFAST MENU

Food Service Director: Dana Mollander * 814-362-3841 ext. 2522

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Cafeteria Supervisor: Ann Esch * 814-368-6666

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL!! SPRING BREAK	3 NO SCHOOL!! SPRING BREAK	4 NO SCHOOL!! SPRING BREAK	5 <u>CAFETERIA ONLY</u> Egg & Cheese Sandwich Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	6 <u>CAFETERIA ONLY</u> French Toast Sticks Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice
9 <u>CAFETERIA ONLY</u> Waffles w/Sausage Patty Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	10 <u>CAFETERIA ONLY</u> Breakfast Pizza Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	11 <u>CAFETERIA ONLY</u> Pancake Wrap Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	12 <u>CAFETERIA ONLY</u> Breakfast Burrito Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	13 <u>CAFETERIA ONLY</u> French Toast Sticks Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice
16 <u>CAFETERIA ONLY</u> Waffles w/Sausage Patty Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	17 <u>CAFETERIA ONLY</u> Breakfast Casserole Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	18 <u>CAFETERIA ONLY</u> Pancake Wrap Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	19 <u>CAFETERIA ONLY</u> Egg & Cheese Sandwich Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	20 <u>CAFETERIA ONLY</u> French Toast Sticks Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice
23 <u>CAFETERIA ONLY</u> Waffles w/Sausage Patty Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	24 <u>CAFETERIA ONLY</u> Breakfast Pizza Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	25 <u>CAFETERIA ONLY</u> Pancake Wrap Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice	26 <u>CAFETERIA ONLY</u> Breakfast Burrito Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Fat Free Milk Choice	27 <u>CAFETERIA ONLY</u> French Toast Sticks Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice
30 <u>CAFETERIA ONLY</u> Waffles w/Sausage Patty Cereal w/Jungle Crackers Yogurt w/Jungle Crackers Fruit Choice Milk Choice				
<u>MONDAY KIOSK</u> *Cinnamon Roll *Chocolate Banana Bar *Yogurt and Jungle Crackers	<u>TUESDAY KIOSK</u> *Chocolate Covered Donuts *Mini Bagels *Yogurt and Jungle Crackers	<u>WEDNESDAY KIOSK</u> *Ultra Banana Bread *Cocoa Chip Benefit Bar *Yogurt and Jungle Crackers	<u>THURSDAY KIOSK</u> *Powered Covered Donuts *Cinnamon Burst Bread *Yogurt and Jungle Crackers	<u>FRIDAY KIOSK</u> *Goody Ring Glazed Donut *Mini French Toast *Yogurt and Jungle Crackers

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Fruits offered at breakfast may include but not limited to:

Fresh Fruit, 100% Fruit Juice, and Canned Fruits

All students in the Bradford Area School District are entitled to one free breakfast and one free lunch for the school year 2017-2018. Second breakfasts will be charged at \$1.25.



Milk Offered Daily

1% Chocolate, 1% Strawberry,
Fat Free Vanilla, and Fat Free White



Proud to manage your food service program



Adult Breakfast Price—\$1.85
Second Breakfast Price—\$1.25

MENU SUBJECT TO CHANGE