



THS Café FALL 2017

Remember, you must take a fruit or vegetable with each breakfast and lunch.
You are welcome to take **two** vegetables **and** a fruit for a filling lunch!

Breakfast--\$1.75 or Reduced Cost--\$.30 Lunch---\$2.70 or Reduced Cost--\$.40 Adult lunch: \$3.40

PAYMENT OPTIONS:

CASH, CHECK - NSF checks will be collected by a Check Recovery Agency with a \$30 service charge, **ONLINE PAYMENTS** at MYSCHOOLBUCKS.COM: here you can make deposits, set spending limits, view account history.

STUDENTS MAY NOT CHARGE MEALS AT THS

These choices will generally be available on a daily basis: choice of sandwich, salad bar, fresh fruit and vegetables, pizza, french fries, snack items, and assortment of milk and beverages.

Menu for Week of July 31, Aug 21, Sept 11, Oct 2, Oct 30, Nov 20, Dec 11(WK 1)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - French Toast	Breakfast - Fruit Strudel	Breakfast - Glazed Pancakes	Breakfast - BEC Biscuit	Breakfast - Chicken Mini
Bkfst 4 lunch - Egg Omelet, Bacon, Biscuit, Gravy	Chicken Alfredo with Garlic Breadstick	BBQ Riblet on Bun	Nachos with Cheese	Popcorn Chicken with Roll
SpicyChicken Sandwich	Meatball Sub	Chicken Sandwich	Garlic Bread Pizza	Spaghetti with Meatballs
Cooked Apples	Steamed Broccoli	Corn	Cajun Beans, Mex Rice	Viking Burger
Oven Fried Potatoes		Coleslaw	Baked Potato	M.potatoes,Gr.Beans

Menu for Week of Aug 7, Aug 28, Sept 18, Oct 16, Nov 6, Nov 27 (WK 2)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - BEC Croissant	Breakfast - Biscuit/Gravy	Breakfast - Banana Bread	Breakfast - Dutch Waffle	Breakfast - Ham & Cheese Croissant
Grilled Chicken Sandwich	Popcorn Chicken/Roll	Corn Dog Nuggets	Lasagna	Housemade Chicken & Dumplings with Roll
Chicken Parm Wrap	Viking Burger	Mandarin Chicken, Fried Rice, Egg Roll	All Beef Hamburger	Cheese Calzone
Coleslaw	Mashed Potatoes	Baked Beans	Roasted Root Veggies	California Blend Vegetables
Cubed Potatoes	Peas	Buttered Corn	Broccoli w/Cheese	

Menu for Week of Aug 14, Sept 4, Sept 25, Oct 23, Nov 13, Dec 4 (WK 3)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - Chicken Mini	Breakfast - Cinnamon Bun	Breakfast - BEC Croissant	Breakfast-Bacon & Cheese Quesadilla	Breakfast - Bagel with Cream Cheese
Chicken Bacon Ranch Flatbread	Baked Ziti and Garlic Bread Stick	Philly Steak Sandwich	Popcorn Chicken, Biscuit, and Gravy	Grilled Chicken Sandwich
Grilled Cheese Sand.	Chicken Sliders	Calzones w/Marinara	Viking Burger	Taco Salad
Homemade Veg Beef Soup, Green Beans	Broccoli w/Cheese	Potato Wedges	California Blend Veg.	Corn
	Coleslaw,Baked Potato	Sauteed Peppers and Onions	Mashed Potatoes	Baked Beans

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