



# VANCE Café FALL 2017

Remember, you must take a fruit or vegetable with each breakfast and lunch.  
You are welcome to take **two** vegetables **and** a fruit for a filling lunch!

Lunch---\$2.45 or Reduced Cost--\$.40 Adult lunch: \$3.40

**PAYMENT OPTIONS:**

**CASH, CHECK** - NSF checks will be collected by a Check Recovery Agency with a \$30 service charge, **ONLINE PAYMENTS** at [MYSCHOOLBUCKS.COM](http://MYSCHOOLBUCKS.COM): here you can make deposits, set spending limits, view account history.

**Menu for Week of July 31, Aug 21, Sept 11, Oct 2, Oct 30, Nov 20, Dec 11( WK 1)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - Chicken Mini	Breakfast - Dutch Waffle w/Syrup	Breakfast - BEC Croissant	Breakfast - Fruit Strudel	Breakfast - French Toast
Spaghetti with Meatballs and Roll	BBQ Riblet on Bun	Hot Dog	Popcorn Chicken & Roll	Nachos with Cheese and Mexican Rice
Chicken Sandwich	Spicy Chicken Minis	Viking Burger	Cheese Sticks	Personal Pizza
Carrots	Seasoned Fried	Coleslaw	Green Beans	Seasoned Broccoli
Tossed Salad	Fresh Vegetable Cup	Baked Beans	Sweet Potato Tots	Baby Carrots w/dressing
Pineapple, Applesauce	OJ, Fresh Fruit	Grapes, Pears	Banana, Apple Juice	Peaches, Sliced Apple

**Menu for Week of Aug 7, Aug 28, Sept 18, Oct 16, Nov 6, Nov 27 (WK 2)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - Banana or Berry Bread	Breakfast - Biscuit w/gravy & Bacon	Breakfast - Pancakes	Breakfast - Waffles w/syrup	Breakfast - Ham & Cheese Croiss
Steak & Gravy Over Noodles with Roll	Taco	Viking Burger	Taco Salad	Pepperoni Pizza
Egg Omelet/Pancakes	Corn Dog Nuggets	Cheese Calzones	Chicken Poppers&Roll	Garlic Bread Pizza
Mashed Sweet Potatoes	Pinto Beans	Mixed Veg Cup	Broccoli with Cheese	Baked Potato Wedges
Peas	Corn	Seasoned Green Beans	Corn	Tossed Salad
Cooked Apples, Pears	OJ, Craisins	Fresh Fruit, Peaches	Banana, Apple Juice	Applesauce, Grapes

**Menu for Week of Aug 14, Sept 4, Sept 25, Oct 23, Nov 13, Dec 4 (WK 3)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast - Chicken Mini	Breakfast - Warm Cinnamon Bun	Breakfast - French Toast w/syrup	Breakfast - Dunkin Stick	Breakfast - Bagel w/Cream Cheese
Mandarin Chicken with Rice & Egg Roll	Grilled Chicken Sandwich	Grilled Cheese & Chili	Chicken & Waffles	Pepperoni Pizza
Chicken Tenders	Viking Burger	PB&J Grab Bag	Turkey Pot Pie	Philly Cheese Steak Sub
Corn	Baked Beans	Tossed Salad	Green Beans	Corn
Sweet Carrots	Potato Salad		Sweet Potato Casserole	Broccoli
Peaches, Sour Raisins	OJ, Applesauce	Pineapple, Oranges	Banana, Apple Juice	Grapes, Sliced Pears

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