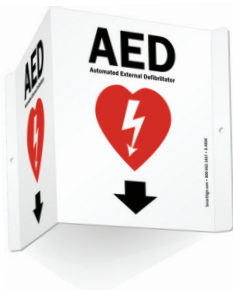


# Protect Your Child's Heart



Sudden Cardiac Arrest (SCA) is caused by a structural or electrical abnormality in the heart causing a fatal arrhythmia that suddenly and unexpectedly stops the heart from beating. While CPR can be a bridge to life, the only way to restart the heart is with an automated external defibrillator (AED).



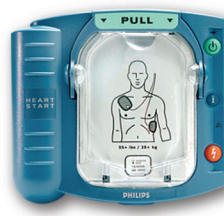
Cardiac Science



Defibtech



HeartSine



Philips



Physio-Control



Zoll

*Emergency medical responders are equipped with AEDs, but given every minute's delay in defibrillation decreases the chance of survival by 10%, having an onsite AED at the ready in three minutes or less is critical.*

**While SCA is the #1 killer of student athletes and the leading cause of death on school campuses**, sadly, we don't yet have a national standard requiring AEDs anywhere youth congregate and state requirements vary greatly. That's why parents, educators, coaches and all youth advocates must come together to make their facility and playing fields safe.

## AED and The Law

If your child has been diagnosed by a physician to have a heart condition, s/he is entitled to have access to an AED on school grounds or field trips as part of a 504 Plan or Individual Action Plan (IEP). Check out our [Prevention Promise Toolkit](#) for more information, or learn more at the [Department of Education](#). If your doctor has written an Rx for an AED but your insurance is denying coverage, visit [LifeSure](#) for assistance.

## Maintain Your AED

Registering your AED with [Atrus National AED Registry](#) will serve as a reminder to be prepared to save a life:

- AED inspection
- Battery and pads expiration date alerts
- Manufacturer recall alerts



Sudden Cardiac Death  
in youth is **preventable!**  
**TAKE THE  
PREVENTION  
PROMISE**  
[ParentHeartWatch.org](#)

## Be Prepared to Respond to a Cardiac Emergency

Visit [ParentHeartWatch.org](#) for a free toolkit to implement a Cardiac Emergency Response Plan (CERP) at your school.

Get CPR/AED training from a community resource, your local fire department or visit these national organizations to find training in your area:

- American Heart Association
- Emergency Care and Safety Institute
- American Red Cross
- National Safety Council

## How Can You Get an AED?

Use the resources at [parentheartwatch.org/getaed](#) to make a presentation or apply for funding.

### School Support

- PTA, Student or Booster Club Fundraiser
- School Board Initiative

### Civic Groups

- Rotary • Kiwanis
- Lions • Jr. Service League
- Women's Club

### Crowdfunding

- Got AED
- ThinkAED

### Grants

- AED Superstore
- AEDGrant.com
- Your Community Foundations

## Parent Heart Watch & Member Programs

- Get Charged Up!
- Local PHW Foundations



**Parent Heart Watch®**  
THE NATIONAL VOICE  
PROTECTING YOUTH FROM SUDDEN CARDIAC ARREST