



Elementary School Menu

October 2016

www.carrollcountyschools.com

Fresh Fruit Bowl available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50
 Extra Lunch Entrée — \$1.75
 Rice Krispie Treat — \$1.00
 Soft Pretzel — \$1.00
 Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)

Extra Breakfast Entrée — \$1.25
 All Extra Side Dishes — \$0.50
 Cookie (1) — \$0.50
 Cheese Sauce Cup — \$0.50

Menu Prices for Elementary School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.15
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	Sept. 26	27	28	29	30
Breakfast	Biscuit w/Jelly & Cereal or Honey Wheat Breakfast Bun / Fruit Cocktail or Juice	Biscuit w/Jelly & Cereal or Mini Pancakes / Pineapple Tidbits or Juice	Chicken Biscuit or Grilled Cheese Sandwich / Banana or Juice	Sausage Biscuit or Cereal w/Muffin / Peach Cup or Juice	Chicken Biscuit or Cinnamon Swirls / Applesauce Cup or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Crispito or Gilardi's Stuffed Crust Pizza	Hamburger or Grilled Chicken Sandwich	Baked Ham or BBQ Chicken	Country Fried Steak w/Gravy or Chicken Tenders	Beef & Cheese Nachos or Corndog
Must Choose 1: Fruit or Vegetable	Tossed Salad / Tortilla Chips w/ Salsa / Roasted Corn & Black Beans / Baked Cinnamon Apples / Orange Smiles	Baked Potato Tots / Lettuce, Tomato, Dill Slice / Cole Slaw / Apple Wedges / Strawberry-Banana Cup	Cornbread / Macaroni & Cheese / Oven Fried Okra / Baked Beans / Romaine Salad / Fruit Cocktail / Fresh Grape Cluster	Roll / Cream Potatoes Steamed Broccoli w/Cheese / Honey Glazed Carrots / Fresh Peach / Juice Bar	Fresh Vegetables w/Dip / Tossed Salad / Whole Kernel Corn / Rosey Red Pear Halves / Fresh Strawberry-Blueberry Cup

	3	4	5	6	7
Day					
Breakfast	Cereal Bar or Breakfast Pizza / Apple Wedges or Juice	Sausage Biscuit or Pancake on a Stick / Banana or Juice	Ham/Cheese Croissant or Cereal w/Pop Tart / Peach Slices or Juice	Chicken Biscuit or Yogurt w/Cheese Stick / Fresh Grapes or Juice	Teacher Work Day No school for students.
Choose 1 Lunch Entrée or Salad Choice if offered	PBJ Sandwich w/Yogurt Cup or Chicken Sandwich	Hot Dog or BBQ Sandwich	Chicken Nuggets or Chef Salad	Hamburger w/Cheese or Wild Mike's Cheese Breadsticks w/Marinara Sauce	
Must Choose 1: Fruit or Vegetable	Baked Chips / Dill Spear / Lettuce, Tomato Cup / Broccoli & Cauliflower w/Dip / Pineapple Tidbits w/Kiwi / Dragon Punch	Cole Slaw / Deli Roasters / Baked Beans / Watermelon / Peach Slices	Roll / Green Beans / Candied Yams / Tossed Salad / Cherry Applesauce / Cry Baby Frozen Fruit Ice	Spinach & Strawberry Salad / Baby Carrots w/Dip / Corn on Cob / Jello w/Fruit / Fresh Plum	



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Extra Lunch Entrée — \$1.75	All Extra Side Dishes — \$0.50
Rice Krispie Treat — \$1.00	Cookie (1) — \$0.50
Soft Pretzel — \$1.00	Cheese Sauce Cup — \$0.50
Flavored Water — \$1.00	

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	Monday	Tuesday	Wednesday	Thursday	Friday
Day	10	11	12	13	14
Breakfast	Fall Break	Muffin w/Yogurt or Sausage Biscuit / Fruit or Juice	Mini Cinnamon Bun or Biscuit w/Jelly & Cereal / Fruit or Juice	Cereal w/Cheese Toast or Egg & Cheese Biscuit / Fruit or Juice	Maple Snack-n-Waffle or Breakfast Burrito / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered		Ham & Cheese Sandwich or Mini Tacos	Tangerine Chicken or Meatloaf	Spaghetti w/Garlic Toast or Bean & Cheese Burrito	BBQ Pork Choppett or Fish Sticks & Shrimp
Must Choose 1: Fruit or Vegetable		Garden Salad / Pinto Beans / Tater Tot Medley / Pear Salad / Strawberry-Banana Cup	Vegetable Rice / Steamed Cabbage / Oven Baked Okra / Cornbread / Cinnamon Apple Slices / Fresh Fruit Choice	Garden Salad / Marinated Black Bean Salsa w/Tortilla Chips / Peas & Carrots / Peach Slices / Juice Bar	Au Gratin Potatoes / Green Beans / Brussel Sprouts / Hush Puppies / Rosey Pear Halves / Fresh Fruit Choice

	17	18	19	20	21
Day					
Breakfast	Breakfast Bagel or Cereal w/Jelly Biscuit / Fruit or Juice	Mini Pancakes or Scrambled Eggs w/Toast / Fruit or Juice	French Toast Sticks or Sausage Biscuit / Fruit or Juice	Chicken Biscuit or Mini Cinnis/ Fruit or Juice	Manager's Choice / Fruit or Juice
Choose 1 Lunch Entrée or Salad Choice if offered	Mini Corndogs or Asian Chicken Bites	Sloppy Jo or Cheeseburger	Oven Fried Chicken or Hot Ham & Cheese on School Roll	Basil Boss Cheese Pizza or Turkey & Cheese Sub	Manager's Choice
Must Choose 1: Fruit or Vegetable	Cornbread / Macaroni & Cheese / Steamed Broccoli / Blackeye Peas / Glazed Apple Wedges / Pineapple Tidbits w/Kiwi Garnish	Baked Fries / Lettuce, Tomato, Dill Slice / Vegetables w/Dip / Banana / Juice Cup	Creamed Potatoes / Baby Lima Beans / California Blend Mixed Vegetables / Roll / Fruit Cocktail / Fresh White Grape Cluster	Spinach & Strawberry Salad / Corn on Cob / Eggplant Fries / Lime Sherbet / Cherry Flavored Applesauce	Please see individual schools for the menu choices for today.



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