



# Grab 'N Go Breakfast Menu

## October 2016



Monday	Tuesday	Wednesday	Thursday	Friday
September 26	27	28	29	30
Crunch Mania Chewy Chocolate Granola Bar (110004) or Mini Pancakes (104065) / Juice / Fruit / Milk	Cinnamon Roll or Cheese Biscuit / Fruit / Juice / Milk	Muffin w/Grab N' Go Cereal / Strawberry Nutri-Grain Bar / Fruit / Juice / Milk	Sausage Biscuit or Mini Cinnis (104004) / Fruit / Juice / Milk	Muffin & Cheese Stick or Chicken Biscuit (101310) / Fruit / Juice / Milk
Monday	Tuesday	Wednesday	Thursday	Friday
October 3	4	5	6	7
Chocolate Chip Oatmeal Bar (110111) or Sausage Biscuit / Fruit / Juice / Milk	Cereal Bar or Egg Biscuit / Juice / Fruit / Milk	Grab N' Go Cereal & Pop Tart or Chicken Biscuit / Fruit / Juice / Milk	Pork Chop Biscuit or Mini Maple Waffles (104010) / Fruit / Juice / Milk	Teacher Work Day
Monday	Tuesday	Wednesday	Thursday	Friday
10	11	12	13	14
Fall Break	Pancake on a Stick (101604) or Cereal Bar / Dragon Punch Juice (102034) / Fruit / Milk	Sausage Biscuit or Grab N' Go Cereal & Pop Tart / Wango Mango Juice / Fruit / Milk	Oatmeal Cereal Bar (110130) or Cereal Bar & Go Gurt (104039) / Fruit / Milk Grape Juice	Spicy Chicken Biscuit (101309) or Breakfast Pizza / Fruit / Milk / Strawberry-Kiwi Juice (102032))
Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
Sausage Biscuit or Grab N' Go Cereal / Pineapple Juice / Fruit / Milk	Double Chocolate Muffin (104048) or Breakfast Bar / Apple Juice / Fruit / Milk	Chicken Biscuit or Mini Pancakes / Fruit / Milk Berry Berry Juice (102033)	Cinnamon Swirl (2 pk) (104063) or Chocolate Chip Muffin / Fruit / Milk / Orange Juice	Steak Biscuit (101105) or Maple Glazed Bread Stick w/ Chocolate Soy Butter Cup (109007) / Fruit / Milk / Apple Juice



MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.