



High School Menu

September 26 - 30, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Specialty Pizza — \$2.25
- Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50
- Foot Long Subs — \$3.00

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	September 26	27	28	29	30
Breakfast	Biscuit Choice or Pancake on a Stick / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Breakfast Pizza / Fruit / Juice	Biscuit Choice or Cheese Toast w/ Yogurt / Fruit / Juice	Ham & Cheese Croissant or Maple Glazed Bread Stick & Yogurt / Fruit / Juice
Mama's Kitchen	Fish & Shrimp Choose at least 1: Hushpuppies / Cole Slaw / Au Gratin Potatoes / Green Beans / Pear Salad / Orange Sherbet	Chicken Stir Fry Choose at least 1: Egg Roll / Vegetable Fried Rice / Green Beans / Romaine Salad / Cherry Flavored Applesauce / Grapefruit Wedges	Oven Roasted Chicken w/Roll Choose at least 1: Au Gratin Potatoes / Broccoli Salad / Peas & Carrots / Frozen Fruit Cup / Pineapple Tidbits	Steak & Gravy w/Roll Choose at least 1: Creamed Potatoes / Oven Baked Okra / Black Eye Peas / Pear Salad / Fresh Orange Wedges	Crispitos (2) Choose at least 1: Tortilla Chips w/Salsa / Pinto Beans / Spanish Rice / Romaine Salad / Chilled Peach Slices / Fresh Grape Cluster
Sandwich Line	BBQ Sandwich Choose at least 1: Cole Slaw / Au Gratin Potatoes / Green Beans / Pear Salad / Orange Sherbet	Chili Dog Choose at least 1: Potato Roasters / Cole Slaw / Romaine Salad / Cherry Flavored Applesauce / Grapefruit Wedges	Rib-B-Q Sandwich Choose at least 1: Au Gratin Potatoes / Broccoli Salad / Carrots & Celery w/Dip / Frozen Fruit Cup / Pineapple Tidbits	Chicken Filet Choose at least 1: Baked Veggie Fries / Lettuce, Tomato, Dill Slice / Oven Baked Okra / Black Eye Peas / Pear Salad / Fresh Orange Wedges	Cheeseburger Choose at least 1: Baked Tater Tots / Dill Spears / Pinto Beans / Spanish Rice / Romaine Salad / Chilled Peach Slices / Fresh Grape Cluster
Express Line	Basil Boss Personal Pan Pizza Choose at least 1: Romaine Salad / Buttered Whole Kernel Corn / Fresh Veggies w/Dip / Pear Salad / Orange Sherbet	Max Cheese Sticks w/Marinara Sauce Choose at least 1: Cole Slaw / Green Beans / Romaine Salad / Cherry Flavored Applesauce / Grapefruit Wedges	Deli Sandwich on Deli Thins (Ham/Turkey/Roast Beef) Choose at least 1: Baked Chips / Lettuce, Tomato, Dill Slice / Broccoli Salad / Carrots & Celery w/Dip / Frozen Fruit Cup / Pineapple Tidbits	Wild Mike's Pepperoni Pizza Choose at least 1: Romaine Salad / Baked Veggies Fries / Oven Baked Okra / Pear Salad / Fresh Orange Wedges	Spicy Chicken Wrap Choose at least 1: Tortilla Chips w/Salsa / Pinto Beans / Spanish Rice / Romaine Salad / Chilled Peach Slices / Fresh Grape Cluster
Salad Line	Chef Salad Plate	Caesar Salad Plate	Tuna Salad Plate	Fruit & Yogurt Plate	PBJ Sack Lunch

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This institution is an equal opportunity provider.

Menu is subject to change.



High School

Menu

October 3 - 7, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Specialty Pizza — \$2.25
- Flavored Water — \$1.00 to \$1.50 (depends on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50
- Foot Long Subs — \$3.00

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	3	4	5	6	7
Breakfast	Biscuit Choice or Mini Cinni's w/Yogurt / Fruit / J	Biscuit Choice or Breakfast Pizza / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Cereal & Muffin / Fruit / Juice	Teacher Work Day No school for students.
Mama's Kitchen	Spaghetti w/Meat Sauce Choose at least 1: Garlic Toast / Spinach Salad w/ Strawberries / Steamed California Blend / Peas & Carrots / Jello w/Fruit & Topping / Pineapple Tidbits w/Kiwi Garnish	Chicken Bites in Orange Sauce Choose at least 1: Veggie Chow Mein / Spring Roll / Steamed Broccoli / Glazed Carrots / Strawberry-Banana cup / Orange Wedges	BBQ Pork Chop Patty Choose at least 1: Cornbread / Steamed Cabbage / Glazed Yam Patties / Black Eye Peas / Fresh Grape Cluster / Cherry Flavored Applesauce	Chicken or Sausage Biscuit Choose at least 1: Scrambled Eggs / Buttered Grits / Hash Brown Stix / Frozen Mango Fruit Cup / Strawberry Yogurt Parfait	
Sandwich Line	XTreme Bean & Cheese Burrito Choose at least 1: Tortilla Chips w/Salsa / Spinach Salad w/Strawberries / Steamed California Blend / Peas & Carrots / Jello w/Fruit & Topping / Pineapple w/Kiwi Garnish	Sloppy Jo Choose at least 1: Seasoned Fries / Steamed Broccoli / Glazed Carrots / Strawberry-Banana Cup / Orange Wedges	Ham & Cheese Croissant Choose at least 1: Pasta Salad / Lettuce, Tomato, Dill Slice / Romaine Salad / Fresh Grape Cluster / Cherry Flavored Applesauce	Grilled Chicken Sandwich Choose at least 1: Lettuce, Tomato, Dill Slice / Hash Brown Stix / Whole Kernel Corn / Fresh Veggies w/Dip / Frozen Mango Fruit Cup / Strawberry Yogurt Parfait	
Express Line	Basil Boss Personal Pan Choose at least 1: Spinach Salad w/Strawberries / Veggies w/Dip / Corn on Cob / Jello w/Fruit & Topping / Pineapple w/Kiwi Garnish	Stuffed Crust Cheese Pizza Choose at least 1: Romaine Salad / Corn on Cob / Veggies w/Dip / Fresh Grape Cluster / Cherry Flavored Applesauce	Deli Sandwich Choose at least 1: Baked Chips / Fresh Veggies w/Dip / Lettuce, Tomato, Dill Slice / Strawberry-Banana Cup / Orange Wedges	Chicken Salad on Lettuce Bed Choose at least 1: Saltines / Baked Chips / Whole Kernel Corn / Fresh Veggies w/Dip / Frozen Mango Fruit Cup / Strawberry Yogurt Parfait	
Salad Line	PBJ Sack Lunch	Asian Salad Plate	Chef Salad Plate	Asian Salad Plate	PBJ Sack Lunch

Menu is subject to change.

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High School Menu

October 10 - 14, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depends on what kind of water) | |

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	10	11	12	13	14
Breakfast	Fall Break	Biscuit Choice or Toasted Cheese Sandwich / Fruit / Juice	Biscuit Choice or Breakfast Bagel / Fruit / Juice	Biscuit Choice or Mini Chocolate Chip Muffins w/Cereal Bar / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice
Mama's Kitchen		Turkey Roast & Gravy Choose at least 1: Steamed Rice / Cornbread / Brussel Sprouts / Green Beans / Tropical Fruit Blend / Cantaloupe Slice	Chicken Fajitas on Loco Bread Choose at least 1: Refried Beans / Lettuce, Tomato Cheese Cup / Seasoned Corn / Orange Wedges / Dragon Punch	Meatloaf Choose at least 1: Roll / Creamed Potatoes / Baby Lima Beans / Peas & Carrots / Fruit Cobbler / Juice Bar	Crispitos (2) Choose at least 1: Tortilla Chips w/Salsa / Pinto Beans / Romaine Salad / Pear Salad / Fresh Fruit Cup
Sandwich Line		Hamburger Choose at least 1: Lettuce, Tomato, Dill Slice / Baked Veggie Fries / Broccoli Salad / Green Beans / Tropical Fruit Blend / Cantaloupe Slice	Rib-B-Q Sandwich Choose at least 1: Potato Roasters / Corn on Cob / Veggies w/Dip / Orange Wedges / Dragon Punch	Spicy Chicken Sandwich Choose at least 1: Lettuce, Tomato, Dill Slice / Tortilla Chips w/Salsa / Baby Limas / Peas & Carrots / Fruit Cobbler / Juice Bar	Corn Dog Choose at least 1: Baked Sweet Potato w/Butter, Brown Sugar & Cinnamon / Pinto Beans / Broccoli w/Cheese Sauce / Pear Salad / Fresh Fruit Cup
Express Line		Turkey Club Choose at least 1: Baked Chips / Lettuce, Tomato, Dill Slice / Broccoli Salad / Tropical Fruit Blend / Cantaloupe Slice	Basil Boss Pepperoni Pizza Choose at least 1: Romaine Salad / Corn on Cob / Veggies w/Dip / Orange Wedges / Dragon Punch	Ham & Cheese Croissant Choose at least 1: Lettuce, Tomato, Dill Slice / Tortilla Chips w/Salsa / Cole Slaw / Fruit Cobbler / Juice Bar	Wild Mike's Pepperoni Pizza Choose at least 1: Veggies w/Dip / Seasoned Corn / Romaine Salad / Pear Salad / Fresh Fruit Cup
Salad Line		Southwestern Salad Plate	Grilled Chicken Salad Plate	Southwestern Salad Plate	PBJ Sack Lunch

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High School Menu

October 17 - 21, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depends on what kind of water) | |

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	17	18	19	20	21
Breakfast	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Muffin w/Yogurt Cup / Fruit / Juice	Biscuit Choice or Cereal Bar w/Cheese Stick / Fruit / Juice	Biscuit Choice or Honey Wheat Breakfast Bar / Fruit / Juice	Biscuit Choice or Manager's Choice / Fruit / Juice
Mama's Kitchen	Chicken Tenders w/Roll Choose at least 1: Glazed Yam Patties / Steamed California Blend / Romaine Salad/ Grapefruit Wedges / Fruit & Yogurt Cup	Homemade Beef A Roni w/Garlic Toast Choose at least 1: Glazed Carrots / Green Peas / Spinach Salad w/Strawberries & Nuts / Peach Slices / Fresh Grape Cluster	Pancakes w/Sausage (2) Choose at least 1: Hash Brown Patties (2) / Sweet Potato Tots / Dragon Punch Juice / Strawberry-Banana Cup / Chocolate Chip Oatmeal Bar	Tacos (2) w/Shredded Cheese, Lettuce, Tomato Choose at least 1: Spanish Rice / Refried Beans w/ Cheese / Whole Kernel Corn / Baked Cinnamon Apples / Vanilla Ice Cream Cup	Manager's Choice Choose at least 1: Please see individual schools for the menu choices for today. Thanks,
Sandwich Line	Grilled Cheese Sandwich on Texas Toast Choose at least 1: Baked BBQ Chips / Romaine Salad / Steamed California Blend / Grapefruit Wedges / Fruit & Yogurt Cup	Mini Burgers Choose at least 1: Baked Fries / Spinach Salad w/ Strawberries & Nuts / Glazed Carrots / Peach Slices / Fresh Grape Cluster	Hot Ham & Cheese Choose at least 1: Sweet Potato Tots / Cole Slaw / Corn on Cob / Dragon Punch Juice / Strawberry-Banana Cup	Grilled Chicken Sandwich Choose at least 1: Lettuce, Tomato, Dill Slice / Baked Tater Tots / Seasoned Whole Kernel Corn / Baked Cinnamon Apples / Vanilla Ice Cream Cup	Manager's Choice Choose at least 1: Please see individual schools for the menu choices for today. Thanks,
Express Line	Pepperoni Pizza Wedge Choose at least 1: Romaine Salad / Steamed California Blend / Baby Carrots w/ Dip / Grapefruit Wedges / Fruit & Yogurt Cup	Spicy Chicken Wrap Choose at least 1: Baked Cheddar Chips / Spinach Salad w/Strawberries & Nuts / Veggies w/Dip / Peach Slices / Fresh Grape Cluster	Basil Boss Pepperoni Pizza Choose at least 1: Romaine Salad / Con on Cob / Veggies w/Dip / Dragon Punch Juice / Strawberry-Banana Cup	Max Cheese Sticks w/Marinara Sauce Choose at least 1: Romaine Salad / Seasoned Whole Kernel Corn / Veggies w/Dip / Baked Cinnamon Apples / Vanilla Ice Cream Cup	Manager's Choice Choose at least 1: Please see individual schools for the menu choices for today. Thanks,
Salad Line	Caesar Salad Plate	Fruit & Yogurt Plate	Caesar Salad Plate	Fruit & Yogurt Plate	PBJ Sack Lunch

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