



High School Menu

October 24 - 28, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Specialty Pizza — \$2.25
- Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50
- Foot Long Subs — \$3.00

| | |
|--------------------------|----------------------|
| Breakfast Prices: | Lunch Prices: |
| Student — \$1.35 | Student — \$2.55 |
| Reduced — \$0.30 | Reduced — \$0.40 |
| Adult — \$1.75 | Adult — \$3.25 |

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---|---|--|---|---|
| | October 24 | 25 | 26 | 27 | 28 |
| Breakfast | Biscuit Choice or Muffin w/Yogurt Cup / Fruit / Juice | Biscuit Choice or Breakfast Bun / Fruit / Juice | Biscuit Choice or Sausage & Gravy Breakfast Pizza / Fruit / Juice | Biscuit Choice or Muffin w/Cereal / Fruit / Juice | Ham & Cheese Croissant or Breakfast Burrito / Fruit / Juice |
| Mama's Kitchen | Broccoli & Chicken Alfredo w/ Garlic Toast Choose at least 1: Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges | Meatloaf w/Cornbread Choose at least 1: Macaroni & Cheese / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges | Scrambled Eggs w/Chicken Biscuit Choose at least 1: Deli Roasted Potatoes / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie | Vegetable Beef Soup w/PBJ Sandwich & Saltines Choose at least 1: Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish | Oven Roasted Chicken w/ Cornbread Choose at least 1: Au Gratin Potatoes / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples / Halloween Sour Ice Cup |
| Sandwich Line | Steak Sandwich Choose at least 1: Onion Rings / Garden Salad / Steamed Vegetables / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges | Spicy Chicken Sandwich Choose at least 1: Veggie Fries / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges | Sloppy Jo Choose at least 1: Baked sweet Potato W/Brown Sugar & Cinnamon / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie | Hot Dog Choose at least 1: Tater Tots / Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish | BBQ Sandwich Choose at least 1: Potato Wedges / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples |
| Express Line | Basil Boss Pepperoni Pan Pizza Choose at least 1: Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges | Turkey Club Choose at least 1: Veggie Fries / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges | WG Pepperoni Stuffed Crust Pizza Choose at least 1: Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie | Ham & Cheese on Bagel Thins Choose at least 1: Baked Chips / Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish | Wild Mike's Cheese Pizza Choose at least 1: Garden Salad / Corn / Carrot & Celery Sticks / Grapes / Cinnamon Apples |
| Salad Line | Tuna Salad Plate | PBJ Sack | Chef Salad Plate | Tuna Salad Plate | PBJ Sack |

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Menu is subject to change.



High School Menu

October 31 - November 4, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Specialty Pizza — \$2.25
- Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50
- Foot Long Subs — \$3.00

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|--------------------------|----------------------|
| Breakfast Prices: | Lunch Prices: |
| Student — \$1.35 | Student — \$2.55 |
| Reduced — \$0.30 | Reduced — \$0.40 |
| Adult — \$1.75 | Adult — \$3.25 |

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|---|--|--|---|
| | October 31 | November 1 | 2 | 3 | 4 |
| Breakfast | Biscuit Choice or Pancake on a Stick w/Syrup / Fruit / Juice | Biscuit Choice or Breakfast Burrito / Fruit / Juice | Biscuit Choice or Breakfast Pizza / Fruit / Juice | Biscuit Choice or Cinnamon Roll / Fruit / Juice | Biscuit Choice or Pancake on a Stick / Fruit / Juice |
| Mama's Kitchen | Nachos w/Tortilla Chips w/ Cheese Sauce Choose at least 1: Garden Salad / Mexican Corn / Salsa & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup | Country Fried Steak w/Gravy & Roll Choose at least 1: Creamed Potatoes / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish | Chicken Stir Fry Choose at least 1: Vegetable Rice / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail | Chicken Tenders w/Roll Choose at least 1: Baked Beans / Potato Salad / Green Beans / Peach Halves (2) w/Cottage Cheese / Grapes | Chili w/Grilled Cheese Sandwich & Saltines Choose at least 1: Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges |
| Sandwich Line | Chicken Filet Sandwich Choose at least 1: Lettuce, Tomato, Dill Slice / Garden Salad / Mexican Corn / Salsa & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup | Philly Steak Sandwich Choose at least 1: Baked Fries / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish | Corndog Choose at least 1: Sweet Tot Medley / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail | Hamburger Choose at least 1: Lettuce, Tomato, Dill Spear, Onion Slice / Baked Beans / Potato Salad / Green Beans / Peach Halves (2) w/Cottage Cheese / Grapes | Chicken Salad Croissant Choose at least 1: Baked Potatoe w/Margarine & Sour Cream / Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges |
| Express Line | Pepperoni Pizza Wedge Choose at least 1: Garden Salad / Mexican Corn / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup | Hot Ham & Cheese on Deli Thins Choose at least 1: Baked Chips / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish | Wild Mike's Breadsticks w/Dip Choose at least 1: Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail | Spicy Chicken Wrap Choose at least 1: Tortilla Chips w/Marinated Black Bean Salsa / Baked Beans / Potato Salad / Peach Halves (2) w/Cottage Cheese / Grapes | Stuffed Crust Cheese Pizza Choose at least 1: Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges |
| Salad Line | Caesar Salad Plate | Grilled Chicken Salad Plate | Caesar Salad Plate | Grilled Chicken Salad Plate | PBJ Sack |



High School Menu

November 7 - 11, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

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|--------------------------|----------------------|
| Breakfast Prices: | Lunch Prices: |
| Student — \$1.35 | Student — \$2.55 |
| Reduced — \$0.30 | Reduced — \$0.40 |
| Adult — \$1.75 | Adult — \$3.25 |

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|---|--|---|---|---|
| | 7 | 8 | 9 | 10 | 11 |
| Breakfast | Biscuit Choice or Mini Muffins w/ Cereal / Fruit / Juice | Biscuit Choice or Pancake on a Stick / Fruit / Juice | Biscuit Choice or Breakfast Burrito / Fruit / Juice | Biscuit Choice or Maple Glazed Bread Stick / Fruit / Juice | Biscuit Choice or Pop Tart & Cereal / Fruit / Juice |
| Mama's Kitchen | Orange Chicken Choose at least 1: Vegetable Rice / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding | Baked Catfish Filets Choose at least 1: Potato Salad / Cole Slaw / Corn on Cob / Hushpuppies / Rosey Pear Halves (2) / Fresh Grapes | Spaghetti w/Garlic Toast Choose at least 1: Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches | Taco Soup Choose at least 1: Tortilla Chips w/Cheese Sauce / Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping | Boneless Chicken Wings w/ Roll Choose at least 1: Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice |
| Sandwich Line | Hot Ham & Cheese Choose at least 1: Has Brown Patties (2) / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding | Hot Dog Choose at least 1: Veggie Fries / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes | Hamburger Choose at least 1: Onion Rings / Dill Spear / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches | Sloppy Jo Choose at least 1: Au Gratin Potatoes / Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping | Sausage Biscuit Choose at least 1: Cheese Grits / Scrambled Eggs / Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice |
| Express Line | Turkey Club Choose at least 1: Pasta Salad / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding | Basil Boss Cheese Pizza Choose at least 1: Garden Salad / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes | Chicken Salad on Croissant Choose at least 1: Baked Chips / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches | Wild Mike's Pepperoni Pizza Choose at least 1: Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping | Ham & Cheese on Deli Thins Choose at least 1: Baked Chips / Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice |
| Salad Line | Southwestern Salad Plate | Chef Salad | Caesar Salad | Chef Salad | Caesar Salad |

Menu is subject to change.

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High School Menu

November 14 - 18, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

| | |
|--------------------------|----------------------|
| Breakfast Prices: | Lunch Prices: |
| Student — \$1.35 | Student — \$2.55 |
| Reduced — \$0.30 | Reduced — \$0.40 |
| Adult — \$1.75 | Adult — \$3.25 |

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------------|--|---|---|---|--|
| | 14 | 15 | 16 | 17 | 18 |
| Breakfast | Biscuit Choice or Blueberry Muffin / Fruit / Juice | Biscuit Choice or Peanut Butter & Jelly Bar / Fruit / Juice | Biscuit Choice or Breakfast Pizza / Fruit / Juice | Biscuit Choice or Breakfast Burrito / Fruit / Juice | Biscuit Choice or Cinnamon Roll / Fruit / Juice |
| Mama's Kitchen | Chicken & Dumplings Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping | Mandarin Orange Chicken Choose at least 1: Veggie Chow Mein / Spring Roll / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes | Manager's Choice Please see individual schools for menu for today. | Sliced Turkey Choose at least 1: Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake | Turkey Noodle Soup w/Grilled Cheese & Saltines Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish |
| Sandwich Line | Rib-B-Q Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping | Chicken Filet Sandwich Choose at least 1: Baked Fries / Lettuce, Tomato, Dill Slice / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie | | Corn Dog Choose at least 1: Macaroni & Cheese / Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake | Crispito (2) Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish |
| Express Line | Home Made Beef Pizza Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping | Turkey Wrap Choose at least 1: Baked Sun Chips / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie | | Max Sticks w/Marinara Sauce Choose at least 1: Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake | Pepperoni Pizza Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish |
| Salad Line | Tuna Salad Plate | Fruit & Yogurt Plate | Tuna Salad Plate | PBJ Sack Lunch | Fruit & Yogurt Plate |

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