



High School Menu

October 24 - 28, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 24	25	26	27	28
Breakfast	Biscuit Choice or Muffin w/Yogurt Cup / Fruit / Juice	Biscuit Choice or Breakfast Bun / Fruit / Juice	Biscuit Choice or Sausage & Gravy Breakfast Pizza / Fruit / Juice	Biscuit Choice or Muffin w/Cereal / Fruit / Juice	Ham & Cheese Croissant or Breakfast Burrito / Fruit / Juice
Mama's Kitchen	Broccoli & Chicken Alfredo w/ Garlic Toast Choose at least 1: Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Meatloaf w/Cornbread Choose at least 1: Macaroni & Cheese / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	Scrambled Eggs w/Chicken Biscuit Choose at least 1: Deli Roasted Potatoes / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie	Vegetable Beef Soup w/PBJ Sandwich & Saltines Choose at least 1: Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish	Oven Roasted Chicken w/ Cornbread Choose at least 1: Au Gratin Potatoes / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples / Halloween Sour Ice Cup
Sandwich Line	Steak Sandwich Choose at least 1: Onion Rings / Garden Salad / Steamed Vegetables / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Spicy Chicken Sandwich Choose at least 1: Veggie Fries / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	Sloppy Jo Choose at least 1: Baked sweet Potato W/Brown Sugar & Cinnamon / Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie	Hot Dog Choose at least 1: Tater Tots / Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish	BBQ Sandwich Choose at least 1: Potato Wedges / Turnip Greens / Baby Lima Beans / Carrot & Celery Sticks / Grapes / Cinnamon Apples
Express Line	Basil Boss Pepperoni Pan Pizza Choose at least 1: Steamed Vegetables / Garden Salad / Whole Kernel Corn / Peach Slices / Glazed Apple Wedges	Turkey Club Choose at least 1: Veggie Fries / Lettuce, Tomato, Dill Slice / Pasta Salad / Blackeye Peas / Oven Fried Okra / Strawberry-Banana Cup / Orange Wedges	WG Pepperoni Stuffed Crust Pizza Choose at least 1: Baby Carrots w/Dip / Broccoli Salad / Rosey Pear Halves / Grape Juice Cup / Oatmeal Raisin Cookie	Ham & Cheese on Bagel Thins Choose at least 1: Baked Chips / Corn on Cob / Cole Slaw / Carrot-Raisin Salad / Gelatin w/Fruit Topping / Applesauce w/Cherry Garnish	Wild Mike's Cheese Pizza Choose at least 1: Garden Salad / Corn / Carrot & Celery Sticks / Grapes / Cinnamon Apples
Salad Line	Tuna Salad Plate	PBJ Sack	Chef Salad Plate	Tuna Salad Plate	PBJ Sack

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This institution is an equal opportunity provider.

Menu is subject to change.



High School Menu

October 31 - November 4, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Specialty Pizza — \$2.25
- Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50
- Foot Long Subs — \$3.00

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	October 31	November 1	2	3	4
Breakfast	Biscuit Choice or Pancake on a Stick w/Syrup / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Breakfast Pizza / Fruit / Juice	Biscuit Choice or Cinnamon Roll / Fruit / Juice	Biscuit Choice or Pancake on a Stick / Fruit / Juice
Mama's Kitchen	Nachos w/Tortilla Chips w/ Cheese Sauce Choose at least 1: Garden Salad / Mexican Corn / Salsa & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup	Country Fried Steak w/Gravy & Roll Choose at least 1: Creamed Potatoes / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish	Chicken Stir Fry Choose at least 1: Vegetable Rice / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Chicken Tenders w/Roll Choose at least 1: Baked Beans / Potato Salad / Green Beans / Peach Halves (2) w/Cottage Cheese / Grapes	Chili w/Grilled Cheese Sandwich & Saltines Choose at least 1: Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges
Sandwich Line	Chicken Filet Sandwich Choose at least 1: Lettuce, Tomato, Dill Slice / Garden Salad / Mexican Corn / Salsa & Chips / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup	Philly Steak Sandwich Choose at least 1: Baked Fries / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish	Corndog Choose at least 1: Sweet Tot Medley / Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Hamburger Choose at least 1: Lettuce, Tomato, Dill Spear, Onion Slice / Baked Beans / Potato Salad / Green Beans / Peach Halves (2) w/Cottage Cheese / Grapes	Chicken Salad Croissant Choose at least 1: Baked Potatoe w/Margarine & Sour Cream / Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges
Express Line	Pepperoni Pizza Wedge Choose at least 1: Garden Salad / Mexican Corn / Cauliflower & Broccoli w/Dip / Tangerine / Mango Frozen Cup	Hot Ham & Cheese on Deli Thins Choose at least 1: Baked Chips / Garden Salad / Steamed Broccoli / Glazed Carrots / Fresh Banana / Applesauce w/Cherry Garnish	Wild Mike's Breadsticks w/Dip Choose at least 1: Oven Fried Okra / Spinach Salad / Shoepeg Corn / Pear Salad / Fruit Cocktail	Spicy Chicken Wrap Choose at least 1: Tortilla Chips w/Marinated Black Bean Salsa / Baked Beans / Potato Salad / Peach Halves (2) w/Cottage Cheese / Grapes	Stuffed Crust Cheese Pizza Choose at least 1: Tossed Salad / Baby Carrots w/Dip / Corn on Cob / Frozen Fruit Bar / Blood Orange Wedges
Salad Line	Caesar Salad Plate	Grilled Chicken Salad Plate	Caesar Salad Plate	Grilled Chicken Salad Plate	PBJ Sack



High School Menu

November 7 - 11, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	7	8	9	10	11
Breakfast	Biscuit Choice or Mini Muffins w/ Cereal / Fruit / Juice	Biscuit Choice or Pancake on a Stick / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Maple Glazed Bread Stick / Fruit / Juice	Biscuit Choice or Pop Tart & Cereal / Fruit / Juice
Mama's Kitchen	Orange Chicken Choose at least 1: Vegetable Rice / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	Baked Catfish Filets Choose at least 1: Potato Salad / Cole Slaw / Corn on Cob / Hushpuppies / Rosey Pear Halves (2) / Fresh Grapes	Spaghetti w/Garlic Toast Choose at least 1: Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Taco Soup Choose at least 1: Tortilla Chips w/Cheese Sauce / Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	Boneless Chicken Wings w/ Roll Choose at least 1: Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice
Sandwich Line	Hot Ham & Cheese Choose at least 1: Has Brown Patties (2) / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	Hot Dog Choose at least 1: Veggie Fries / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes	Hamburger Choose at least 1: Onion Rings / Dill Spear / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Sloppy Jo Choose at least 1: Au Gratin Potatoes / Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	Sausage Biscuit Choose at least 1: Cheese Grits / Scrambled Eggs / Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice
Express Line	Turkey Club Choose at least 1: Pasta Salad / Steamed Broccoli w/Cheese / Fresh Veggies w/Dip / Glazed Carrot Coins / Juice Bar / Cherry Applesauce Cup / Banana Pudding	Basil Boss Cheese Pizza Choose at least 1: Garden Salad / Cole Slaw / Corn on Cob / Rosey Pear Halves (2) / Fresh Grapes	Chicken Salad on Croissant Choose at least 1: Baked Chips / Garden Salad / Mixed Vegetables / Jello w/Fruit & Topping / Sliced Peaches	Wild Mike's Pepperoni Pizza Choose at least 1: Shoepeg Corn / Garden Salad / Apple & Orange Wedge Cup / Fruit & Yogurt Parfait w/Granola Topping	Ham & Cheese on Deli Thins Choose at least 1: Baked Chips / Hash Brown Patties (2) / Fresh Veggies w/Dip / Diced Fresh Fruit Salad / Dragon Fruit Juice
Salad Line	Southwestern Salad Plate	Chef Salad	Caesar Salad	Chef Salad	Caesar Salad

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High School Menu

November 14 - 18, 2016

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

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|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Specialty Pizza — \$2.25 | Foot Long Subs — \$3.00 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

Breakfast Prices:	Lunch Prices:
Student — \$1.35	Student — \$2.55
Reduced — \$0.30	Reduced — \$0.40
Adult — \$1.75	Adult — \$3.25

Fat Free & Lo-fat Milk choice is served with each meal. Dairy Ease & Soy Milk are available upon request.

Fresh fruit bowl available daily at Breakfast and Lunch.

	Monday	Tuesday	Wednesday	Thursday	Friday
	14	15	16	17	18
Breakfast	Biscuit Choice or Blueberry Muffin / Fruit / Juice	Biscuit Choice or Peanut Butter & Jelly Bar / Fruit / Juice	Biscuit Choice or Breakfast Pizza / Fruit / Juice	Biscuit Choice or Breakfast Burrito / Fruit / Juice	Biscuit Choice or Cinnamon Roll / Fruit / Juice
Mama's Kitchen	Chicken & Dumplings Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping	Mandarin Orange Chicken Choose at least 1: Veggie Chow Mein / Spring Roll / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes	Manager's Choice Please see individual schools for menu for today.	Sliced Turkey Choose at least 1: Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake	Turkey Noodle Soup w/Grilled Cheese & Saltines Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish
Sandwich Line	Rib-B-Q Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping	Chicken Filet Sandwich Choose at least 1: Baked Fries / Lettuce, Tomato, Dill Slice / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie		Corn Dog Choose at least 1: Macaroni & Cheese / Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake	Crispito (2) Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish
Express Line	Home Made Beef Pizza Choose at least 1: Tossed Salad / Peas & Carrots / California Blend / Pineapple Tidbits w/Kiwi Garnish / Tangerine / Chocolate Pudding w/Topping	Turkey Wrap Choose at least 1: Baked Sun Chips / Steamed Broccoli w/Cheese / Honey Glazed Carrots / Peach Cup / Fresh Grapes / Fortune Cookie		Max Sticks w/Marinara Sauce Choose at least 1: Cornbread Dressing / Cranberry Sauce / Candied Yams / Green Beans / Fruit Salad / Juice Bar / Spice Cake	Pepperoni Pizza Choose at least 1: Corn / Veggies w/Dip / Garden Salad / Apple & Orange Wedges / Applesauce w/Cherry Garnish
Salad Line	Tuna Salad Plate	Fruit & Yogurt Plate	Tuna Salad Plate	PBJ Sack Lunch	Fruit & Yogurt Plate

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