



# Middle School Menu November 2016

[www.carrollcountyschools.com](http://www.carrollcountyschools.com)

Fresh Fruit Bowl available daily for  
Breakfast and Lunch.

LoFat or Fat Free  
Milk Choice is  
served with each  
meal.

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- |   |                                 |
|---|---------------------------------|
| Extra Milk — \$0.50   | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75   | All Extra Side Dishes — \$0.50  |
| Rice Krispie Treat — \$1.00   | Cookie (1) — \$0.50             |
| Soft Pretzel — \$1.00   | Cheese Sauce Cup — \$0.50       |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) |                                 |

## Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.30
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

Day	Monday October 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breakfast	Biscuit Choice or Muffin w/Yogurt / Juice / Fruit	Biscuit Choice or Minni Cinnis & Cereal / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice / Yogurt w/ Double Fudge Muffin / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Breaded Pork Chop Patty w/Gravy or Steak w/Gravy	Chicken & Broccoli Alfredo w/ Texas Toast or Stuffed Crust Pepperoni Pizza	Soft Shell Taco or Chicken Fajitas	Chicken & Dumplings or Catfish Strips	Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich
Must Choose at Least 1:	Roll / Creamed Potatoes / Blackeye Peas / Brussel Sprouts / Sliced Peaches / Fresh Apple Slices	Green Peas / Garden Salad / Whole Kernel Corn / Blood Orange Slices / Pear Salad	Lettuce, Tomato, Shredded Cheese Cup / California Blend / Tortilla Chips w/ Salsa / Spanish Rice / Banana / Frozen Fruit Ice Cup	Steamed Cabbage / Okra / Pinto Beans / Hushpuppies / Tangerine / Jello w/Fruit & Topping / Halloween Sour Ice Cup	Baked Potato w/Margarine & Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Grapes / Cherry Applesauce
or Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Day	October 31	November 1	2	3	4
Breakfast	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or French Toast Sticks / Juice / Fruit	Biscuit Choice or Yogurt w/Pop Tart / Juice / Fruit	Manager's Choice
Choose 1 Lunch Entrée or Salad Choice	BasilBoss Cheese Pizza or Chicken Tetrzzini	Oven Baked Chicken or Hot Ham & Cheese Sandwich	Beef Stroganoff or Burrito w/Salsa	Mandarin Orange Chicken w/Roll or Meatloaf w/Roll	Manager's Choice
Must Choose at Least 1:	Garden Salad / Corn on Cob / Peas & Carrots / Grapes / Apple & Orange Wedges	Macaroni & Cheese / Green Beans / Cole Slaw / Veggies w/Dip / Roll Strawberry-Banana cup / Plum	Broccoli w/Cheese Sauce / Glazed Carrot Coins / Sweet Potato Coins / Jello w/ Fruit & Topping / Juice Bar	Vegetable Rice / Garden Salad / Brussel Sprouts / Peach Halves (2) / Trail Mix / Fresh Pear	Please see individual schools for the menu today.
Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	
<b>Middle Schools with Salad Bar</b>					
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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LoFat or Fat Free Milk Choice is served with each meal.

**ALA CARTE SALES** (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50  
 Extra Lunch Entrée — \$1.75  
 Rice Krispie Treat — \$1.00  
 Soft Pretzel — \$1.00  
 Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)

Extra Breakfast Entrée — \$1.25  
 All Extra Side Dishes — \$0.50  
 Cookie (1) — \$0.50  
 Cheese Sauce Cup — \$0.50

## Menu Prices for Middle School

Breakfast	Amount
Student	\$1.35
Reduced	\$0.30
Adult	\$1.75

Lunch	Amount
Student	\$2.30
Reduced	\$0.40
Adult	\$3.25

Day	Monday November 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Breakfast	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or Honey Wheat Breakfast Bun / Juice / Fruit	Biscuit Choice or Frutti Tutti Muffin w/Cereal / Juice / Fruit	Manager's Choice	Biscuit Choice or Breakfast Pizza / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Crispito (2) or Spaghetti w/French Bread	Spicy Chicken Sandwich or Hamburger	Chicken Tenders w/Texas Toast or Catfish Filets w/Hushpuppies	Manager's Choice	Oven Roasted Turkey or Baked Ham
Must Choose at Least 1:	Green Beans / California Blend / Garden Salad / Glazed Apple Slices / Peach Slices	Veggie Fries / Lettuce & Tomato Slice /Cucumber, Grape Tomatoes, & Pepper Rings w/Dip / Rosey Pear Halves / Fruit Cocktail	Roasted Potatoes / Baked Beans / Squash Casserole / Blood Orange Wedges / Juice Bar	Please see individual schools for the menu for today.	Cornbread Dressing /Cranberry Sauce / Spinach Salad / Green Beans / Candied Yams / Shoepeg Corn / Orange Wedges / Fruit Salad / Spice Cake
or Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Day	14	15	16	17	18
Breakfast	Biscuit Choice or French Toast, Mini, Triple Berry / Juice / Fruit	Biscuit Choice or Maple Glazed Bread Stick / Juice / Fruit	Biscuit Choice or Yogurt w/Pop Tart / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Mini Muffins & Cereal / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Cheeseburger or Sloppy Jo	Chicken Sandwich or BBQ Sandwich	Vegetable Beef Soup w/PBJ or Vegetable Beef Soup w/Hot Dog	Beef & Bean Burrito w/Salsa or Chicken Biscuit w/Scrambled Eggs, Hash Brown Patty	Manager's Choice
Must Choose at Least 1:	Baked Beans / Carrots & Celery w/Dip / Corn on Cob / Peaches / Apple Wedges	Lettuce, Tomato, Dill Slice / Cole Slaw / Rosey Pear / Jello w/Fruit & Topping	Veggies w/Dip / Onion Rings / Garden Salad / Tangerine / Pineapple Tidbits w/Kiwi / Oatmeal Raisin Cookie	Sweet Potato Bites / Tuscan Blend Vegetables / Strawberry Yogurt / Cinnamon Apples / Grape Juice	Please see individual schools for the menu for today.
Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

## Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Soup w/Sandwich