



Middle School Menu November 2016

www.carrollcountyschools.com

Fresh Fruit Bowl available daily for
Breakfast and Lunch.

LoFat or Fat Free
Milk Choice is
served with each
meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- | | |
|---|---------------------------------|
| Extra Milk — \$0.50 | Extra Breakfast Entrée — \$1.25 |
| Extra Lunch Entrée — \$1.75 | All Extra Side Dishes — \$0.50 |
| Rice Krispie Treat — \$1.00 | Cookie (1) — \$0.50 |
| Soft Pretzel — \$1.00 | Cheese Sauce Cup — \$0.50 |
| Flavored Water — \$1.00 to \$1.50 (depending on what kind of water) | |

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.30
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

Day	Monday October 24	Tuesday 25	Wednesday 26	Thursday 27	Friday 28
Breakfast	Biscuit Choice or Muffin w/Yogurt / Juice / Fruit	Biscuit Choice or Minni Cinnis & Cereal / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice / Yogurt w/ Double Fudge Muffin / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Breaded Pork Chop Patty w/Gravy or Steak w/Gravy	Chicken & Broccoli Alfredo w/ Texas Toast or Stuffed Crust Pepperoni Pizza	Soft Shell Taco or Chicken Fajitas	Chicken & Dumplings or Catfish Strips	Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich
Must Choose at Least 1:	Roll / Creamed Potatoes / Blackeye Peas / Brussel Sprouts / Sliced Peaches / Fresh Apple Slices	Green Peas / Garden Salad / Whole Kernel Corn / Blood Orange Slices / Pear Salad	Lettuce, Tomato, Shredded Cheese Cup / California Blend / Tortilla Chips w/ Salsa / Spanish Rice / Banana / Frozen Fruit Ice Cup	Steamed Cabbage / Okra / Pinto Beans / Hushpuppies / Tangerine / Jello w/Fruit & Topping / Halloween Sour Ice Cup	Baked Potato w/Margarine & Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Grapes / Cherry Applesauce
or Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Day	October 31	November 1	2	3	4
Breakfast	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or French Toast Sticks / Juice / Fruit	Biscuit Choice or Yogurt w/Pop Tart / Juice / Fruit	Manager's Choice
Choose 1 Lunch Entrée or Salad Choice	BasilBoss Cheese Pizza or Chicken Tetrizzini	Oven Baked Chicken or Hot Ham & Cheese Sandwich	Beef Stroganoff or Burrito w/Salsa	Mandarin Orange Chicken w/Roll or Meatloaf w/Roll	Manager's Choice
Must Choose at Least 1:	Garden Salad / Corn on Cob / Peas & Carrots / Grapes / Apple & Orange Wedges	Macaroni & Cheese / Green Beans / Cole Slaw / Veggies w/Dip / Roll Strawberry-Banana cup / Plum	Broccoli w/Cheese Sauce / Glazed Carrot Coins / Sweet Potato Coins / Jello w/ Fruit & Topping / Juice Bar	Vegetable Rice / Garden Salad / Brussel Sprouts / Peach Halves (2) / Trail Mix / Fresh Pear	Please see individual schools for the menu today.
Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	
Middle Schools with Salad Bar					
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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LoFat or Fat Free Milk Choice is served with each meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

Extra Milk — \$0.50
 Extra Lunch Entrée — \$1.75
 Rice Krispie Treat — \$1.00
 Soft Pretzel — \$1.00
 Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)

Extra Breakfast Entrée — \$1.25
 All Extra Side Dishes — \$0.50
 Cookie (1) — \$0.50
 Cheese Sauce Cup — \$0.50

Menu Prices for Middle School

Breakfast	Amount
Student	\$1.35
Reduced	\$0.30
Adult	\$1.75

Lunch	Amount
Student	\$2.30
Reduced	\$0.40
Adult	\$3.25

Day	Monday November 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Breakfast	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or Honey Wheat Breakfast Bun / Juice / Fruit	Biscuit Choice or Frutti Tutti Muffin w/Cereal / Juice / Fruit	Manager's Choice	Biscuit Choice or Breakfast Pizza / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Crispito (2) or Spaghetti w/French Bread	Spicy Chicken Sandwich or Hamburger	Chicken Tenders w/Texas Toast or Catfish Filets w/Hushpuppies	Manager's Choice	Oven Roasted Turkey or Baked Ham
Must Choose at Least 1:	Green Beans / California Blend / Garden Salad / Glazed Apple Slices / Peach Slices	Veggie Fries / Lettuce & Tomato Slice /Cucumber, Grape Tomatoes, & Pepper Rings w/Dip / Rosey Pear Halves / Fruit Cocktail	Roasted Potatoes / Baked Beans / Squash Casserole / Blood Orange Wedges / Juice Bar	Please see individual schools for the menu for today.	Cornbread Dressing /Cranberry Sauce / Spinach Salad / Green Beans / Candied Yams / Shoepeg Corn / Orange Wedges / Fruit Salad / Spice Cake
or Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Day	14	15	16	17	18
Breakfast	Biscuit Choice or French Toast, Mini, Triple Berry / Juice / Fruit	Biscuit Choice or Maple Glazed Bread Stick / Juice / Fruit	Biscuit Choice or Yogurt w/Pop Tart / Juice / Fruit	Biscuit Choice or Pancake on a Stick / Juice / Fruit	Biscuit Choice or Mini Muffins & Cereal / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice if offered	Cheeseburger or Sloppy Jo	Chicken Sandwich or BBQ Sandwich	Vegetable Beef Soup w/PBJ or Vegetable Beef Soup w/Hot Dog	Beef & Bean Burrito w/Salsa or Chicken Biscuit w/Scrambled Eggs, Hash Brown Patty	Manager's Choice
Must Choose at Least 1:	Baked Beans / Carrots & Celery w/Dip / Corn on Cob / Peaches / Apple Wedges	Lettuce, Tomato, Dill Slice / Cole Slaw / Rosey Pear / Jello w/Fruit & Topping	Veggies w/Dip / Onion Rings / Garden Salad / Tangerine / Pineapple Tidbits w/Kiwi / Oatmeal Raisin Cookie	Sweet Potato Bites / Tuscan Blend Vegetables / Strawberry Yogurt / Cinnamon Apples / Grape Juice	Please see individual schools for the menu for today.
Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Soup w/Sandwich