



Middle School Menu December 2016

www.carrollcountyschools.com

Fresh Fruit Bowl available daily for
Breakfast and Lunch.

LoFat or Fat Free
Milk Choice is
served with each
meal.

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.50
- Extra Lunch Entrée — \$1.75
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Flavored Water — \$1.00 to \$1.50 (depending on what kind of water)
- Extra Breakfast Entrée — \$1.25
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50

Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.35	Student	\$2.30
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	November 28	November 29	November 30	December 1	December 2
Breakfast	Biscuit Choice or Minni Cinnis & Cereal / Juice / Fruit	Biscuit Choice or Muffin w/Yogurt / Juice / Fruit	Biscuit Choice or Breakfast Pizza / Juice / Fruit	Biscuit Choice or Cereal w/Pop Tart / Juice / Fruit	Biscuit Choice / Yogurt w/ Double Fudge Muffin / Juice / Fruit
Choose 1 Lunch Entrée or Salad Choice	Chicken & Broccoli Alfredo w/ Texas Toast or Stuffed Crust Pepperoni Pizza	Breaded Pork Chop Patty w/ Gravy or Steak w/Gravy	Soft Shell Taco or Chicken Fajitas	Chicken & Dumplings or Catfish Strips	Chili w/Hot Dog or Chili w/Grilled Cheese Sandwich
Must Choose at Least 1:	Green Peas / Garden Salad / Whole Kernel Corn / Blood Orange Slices / Pear Salad / Frozen Fruit Cup	Roll / Creamed Potatoes / Blackeye Peas / Brussel Sprouts / Sliced Peaches / Fresh Apple Slices	Lettuce, Tomato, Shredded Cheese Cup / California Blend / Tortilla Chips w/ Salsa / Spanish Rice / Banana / Frozen Fruit Ice Cup	Steamed Cabbage / Okra / Pinto Beans / Hushpuppies / Tangerine / Pudding w/Topping /	Baked Potato w/Margarine & Sour Cream / Broccoli w/ Cheese Sauce / Carrots w/ Dip / Grapes / Cherry Applesauce
or Salad	Chef Salad	Chicken Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Day	5	6	7	8	9
Breakfast	Biscuit Choice or French Toast Sticks / Juice / Fruit	Biscuit Choice or Breakfast Burrito / Juice / Fruit	Biscuit Choice or Chocolate Chip Muffin w/Cereal / Juice / Fruit	Biscuit Choice or Yogurt w/Pop Tart / Juice / Fruit	Manager's Choice
Choose 1 Lunch Entrée or Salad Choice	Beef Stroganoff or Philly Steak Sandwich	Oven Fried Chicken or Hot Ham & Cheese Sandwich	BasilBoss Cheese Pizza or Chicken Tetrzini	Mandarin Orange Chicken w/Roll or Meatloaf w/Roll	Manager's Choice
Must Choose at Least 1:	Broccoli w/Cheese Sauce / Glazed Carrot Coins / Sweet Potato Coins / Apple & Orange Wedge Cup / Juice Bar	Macaroni & Cheese / Green Beans / Cole Slaw / Veggies w/Dip / Roll Strawberry-Banana cup / Plum	Garden Salad / Corn on Cob / Peas & Carrots / Grapes / Jello w/Fruit & Topping	Vegetable Rice / Garden Salad / Brussel Sprouts / Peach Halves (2) / Trail Mix / Fresh Pear	Please see individual schools for the menu today.
Salad	Tuna Salad Plate	Chef Salad	Chicken Salad	Pretzel Plate w/Cheese Sauce	

Middle Schools with Salad Bar

MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Baked Potato Bar w/Chili, Sour Cream & Steamed Broccoli	Pretzel w/Cheese Sauce	Pimento Cheese Sandwich or PBJ Sandwich

MENU IS SUBJECT TO CHANGE.

This institution is an equal opportunity provider.



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Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.75	Adult	\$3.25

	Monday	Tuesday	Wednesday	Thursday	Friday
Day	12	13	14	15	16
Breakfast	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice
Choose 1 Lunch Entrée or Salad Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice	Manager's Choice
Must Choose at Least 1:	Please see individual schools for the menu for today.	Please see individual schools for the menu for today.	Please see individual schools for the menu for today.	Please see individual schools for the menu for today.	Please see individual schools for the menu for today.
or Salad	Chicken Salad	Chef Salad	Tuna Salad Plate	Pretzel Plate w/Cheese Sauce	Pimento Cheese or PBJ Sack

Middle Schools with Salad Bar					
MS w/Salad Bar	Monday	Tuesday	Wednesday	Thursday	Friday
	Grilled Chicken	Diced Ham w/Boiled Egg	Tuna Salad	Pretzel w/Cheese Sauce	Soup w/Sandwich