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Page 2: School Health Advisory Council (SHAC) Information

Q1 Name of your LEA: **Caswell**

Q2 Please indicate the LEA SHAC contact person as appointed by the Superintendent.

First Name	kimberly
Last Name	shelton
Title	Lead School Nurse
Address	Caswell County Schools
City	Yanceyville
State	NC
Zip Code	27379
Phone	3366944116
Email Address	kimberly.shelton@caswell.k12.nc.us

Q3 Please list the names and titles of your SHAC members.

**Kimberly Shelton- Lead School Nurse
 Amy Adkins-School Nurse SHAC organizer
 Nicole Hodges-School Nurse
 Amy Harger-Carter-School Nurse
 Angela outz-Middle School PE teacher
 Denzil Carter-Elementary PE teacher
 Jennifer Delcourt-Active Routes School Coordinator
 Kim Jernigan- DHHS rep
 Kimberly Mims-Child Nutrition Administrator
 Leslie Zimmerman-Local Foods Rep
 Lori Daniel-Alternative School Adm
 Nelson Showalter-EC Director
 Robert Palmer-Pe Teacher
 Shannon Gammon- Middle School Principal
 Sonia Grenado-Teacher
 Tabitha Miles-Teacher
 Sonya Patterson-Coop Ext
 Marcy Williams-County Health Dep Educator**

Q4 Please use the slider tool to indicate the number of members on your SHAC. **18**

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Q5 Regarding the composition of your SHAC, please indicate if you have members that represent each of the coordinated school health components of the Whole School, Whole Community, Whole Child (WSCC) model listed below. (select all that apply)

Community Involvement Representative,
 Health Education Representative,
 Health Services Representative,
 Counseling, Psychological, & Social Services Representative,
 Nutrition Environment & Services Representative,
 Family Engagement Representative,
 Physical Education & Physical Activity Representative,
 Social & Emotional Climate Representative,
 Employee Wellness Representative

Q6 How often did your SHAC meet in the past year?

Four times a year

Q7 Does your SHAC provide reports to any of the following? (select all that apply)

Local Board of Education Superintendent, Community/Public, Other, please specify Home web page of caswell County Schools

Q8 Policy is defined as a definite course or method of action developed to guide and determine present and future decisions that will produce a specific outcome. Please list below the key Policy successes your SHAC achieved during the 2016-2017 school year.

Completed rewrite of Board Policy #424(Local School Wellness Policy) with first draft sent to Board on 3/29/17 and approval completed 6/2017.
 Had Comprehensive Administrative Review (4-25-17) of the School Nutrition Program which incorporated a review of our Local Wellness Policy.

Q9 Program and practice is defined as the way(s) that a plan or system is implemented in order to reach a specific goal. Please list below the key Program and Practice successes your SHAC achieved during the 2016-2017 school year.

Wellness policy rewritten and approved by Board
 Developing county specific goals for assessments at each school based on policy
 Expanded membership
 Passed Audit
 3 out of 4 elementary schools participated in the Walk to school program
 2 Members attended to the State SHAC meeting
 Introduced Farmers Markets into the community areas
 Brought in free education opportunity for Mental Health Training
 Return to Learn policy completed with training for staff related to concussion
 Flu Clinic completed in Fall of 2017
 VIP for VIP program brought to the high school level

Q10 Has your SHAC used any of the following assessment tools for your LEA? (select all that apply)

NC SHAC Manual Assessment Tool
 Local Wellness Policy Checklist

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Q11 Does your SHAC use any of the following to inform their work? (select all that apply)

Healthy Active Children Policy Report

Q12 From the following areas of focus, please select the top three priorities from your SHAC's work over the course of the past year. Areas of focus include: Alcohol and Other Drugs; Family and Community Involvement; Health Education; Health Services; HIV/STD/Teen Pregnancy Prevention; Injury and Violence Prevention; Mental Health, Counseling, Social Work; Nutrition; Physical Activity; Physical Education; Safe School Environment; Staff Wellness; Tobacco

	Priority #1	Priority #2	Priority #3
Areas of focus:	Alcohol and Other Drugs	Mental Health, Counseling, Social Work	Nutrition

Q13 Does your SHAC use an Action Plan to guide its work?

Yes

Q14 Please let us know of specific resources and/or additional assistance you need. (select all that apply)

Evaluation, Needs Assessment, Successful Fundraisers

Q15 If your SHAC needs resources/assistance other than those listed in the previous question, please specify those needs here.

Respondent skipped this question

Page 3: Wellness Policy

Q16 In order to promote student health and reduce childhood obesity, does your Local Wellness Policy include:

Appropriate, evidence-based **Yes** goals for nutrition education.
 Appropriate, evidence-based **Yes** goals for nutrition promotion.
 Appropriate, evidence-based **Yes** goals for physical activity.
 Appropriate, evidence-based **Yes** goals for other school-based activities designed to promote student wellness, reduce childhood obesity and address child hunger.
 Nutrition guidelines for all **Yes** foods and beverages sold on each school campus during the school day that are consistent with Federal regulations for school meal nutrition standards and the Smart Snacks in School nutrition standards.

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Nutrition guidelines for all foods and beverages provided but not sold on the school campus during the school day, such as foods and beverages brought into the classroom for parties and events. **Yes**

Policies for food and beverage marketing that restrict marketing and advertising to only those foods and beverages that meet Federal regulations for school meals nutrition standards and Smart Snacks in Schools nutrition standards. **Yes**

Involvement of families, students, representatives of the school nutrition program, teachers of Physical Education, school health professionals, the school board, school administrators and the public in the development, implementation and periodic review and update of the Local Wellness Policy. **Yes**

Communication to the public about the content and implementation of the Local Wellness Policy. **Yes**

A plan for measuring implementation of the Local Wellness Policy, including designation of an LEA official to maintain responsibility for Local Wellness Policy implementation, compliance and reporting to the public. **Yes**

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Periodic measurement and assessment, available to the public on Local Wellness Policy implementation, including the extent to which schools are in compliance with the Local Wellness Policy, the extent to which the Local Wellness Policy compares to statutory requirements, and a description of the progress made in attaining the goals of the Local Wellness Policy. **No**

Q17 Please use the slider tool to estimate the percentage of schools in your LEA that provide staff wellness programs. **20**

Q18 Please describe the types of staff wellness activities that are offered in your LEA. **Staff wellness screening at convocation to include BP, Blood glucose and BMI
Flu Clinics
Hepatitis shots**

Page 4: Healthful Living (Physical Education & Health Education)

Q19 Please estimate the percentage of elementary students in your LEA that currently receive 150 minutes per week of Physical Education taught by a licensed Physical Education teacher. **0**

Q20 Please describe any challenges/barriers to providing all of your elementary students with 150 minutes of Physical Education per week. **Not enough PE teachers at each school setting to provide 150 minutes/week per child. Most elementary kids are taught PE on average 1- 2x/week.**

Q21 Please estimate the percentage of middle school students in your LEA that currently receive 225 minutes per week of Healthful Living taught by licensed Health and Physical Education teachers. **100**

Q22 What percentage of the middle school Healthful Living courses in your district are divided into 50% Physical Education and 50% Health Education? **100**

Q23 Please describe any challenges/barriers to providing all of your middle school students with 225 minutes of Healthful Living per week. **None**

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Q24 Does your LEA require daily:

Physical Education classes for students in all elementary schools in your district?	No
Healthful Living classes for students in all middle schools in your district?	Yes

Q25 Within your LEA, are there any teacher(s) that have withheld recess, intramurals, physical education, or other physical activity as a punishment? (This includes missing physical activity to make up work or to do extra work.)

No, there have been no teachers that have withheld any physical activity as punishment.

Page 5: Compliance Regarding Withholding Physical Education

Q26 If one or more teachers in your LEA withheld physical activity (including physical education, recess, intramurals) as punishment, please indicate how you plan to bring such teachers into compliance with the Healthy Active Children Policy. Include barriers and successful strategies for compliance.

Respondent skipped this question

Page 6: Physical Activity

Q27 ALL elementary schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

Yes

Q28 Which of the following resources are used in your LEA to meet the physical activity requirement at the elementary school level? (select all that apply)

**Classroom ,
Energizers
Physical Education,
Recess,
Take
10!**

Q29 ALL middle schools in our LEA currently provide 30 minutes of daily moderate to vigorous physical activity.

Yes

Q30 Which of the following resources are used in your LEA to meet the physical activity requirement at the middle school level? (select all that apply)

**Classroom ,
Energizers
Intramurals,
Jammin' ,
Minutes
Physical Education**

Q31 Within your LEA, the Healthy Active Children Policy is incorporated into which of the following: (select all that apply)

**Local Wellness
Policy**

Page 7: Nutrition Environment & Services

Q32 Please indicate whether your LEA provides the following:

- Offer a variety of healthful, appealing food and beverage options for students. **Yes**
- Demonstrate a commitment to utilizing non-food related strategies to recognize and reward students. **Yes**
- Offer nutrition education that aligns with national dietary guidelines. **Yes**
- Offer nutrition education that adheres to state academic standards. **Yes**
- Offer nutrition education that utilizes integrated instruction. **Yes**
- Offer nutrition education that is grade-specific. **Yes**
- Offer nutrition education that is sequential in building skills for students to choose, prepare and consume healthy foods and beverages. **Yes**
- Offer nutrition education that connects the classroom, cafeteria and community with involvement from teachers, school staff, School Nutrition professionals, families, students and the community. **Yes**

Page 8: Coordinated School Health Programs (CSHP)

Q33 Does your LEA have a written community use of facilities policy that allows use of school athletic facilities or other school facilities by community members outside of school hours or when school is in not in session?

Yes, we have a written community use of facilities policy.

Page 9: Community Use of Facilities Policy Publicity

Q34 You indicated that your LEA does have a written community use of facilities policy. Please select all of the methods that are used to publicize the policy.

- Other (please specify)
- Board policy**

Page 10: Technical Assistance

Q35 Please check the ways in which your LEA has received technical assistance in implementing Coordinated School Health Programs, the School Health Advisory Councils, and the Local Wellness Policy. (select all that apply)

Phone conversation with DPI staff	Coordinated School Health Programs
E-mail correspondence with DPI staff	Coordinated School Health Programs
Local site visit with DPI staff	Coordinated School Health Programs, School Health Advisory Councils, Local Wellness Policy
Meeting with DPI staff	Coordinated School Health Programs, School Health Advisory Councils, Local Wellness Policy
Attending professional development events provided by DPI	Coordinated School Health Programs
DPI Teleconferences	Coordinated School Health Programs
Attending professional development events provided by the NC Comprehensive School Health Training Center	School Health Advisory Councils
Communications with state public health staff	Coordinated School Health Programs, School Health Advisory Councils, Local Wellness Policy
Communications with other state agencies	Coordinated School Health Programs
Website for NC Healthy Schools (nhealthyschools.org)	School Health Advisory Councils, Local Wellness Policy
Webinars	Coordinated School Health Programs
Website for DPI School Nutrition Services (http://childnutrition.ncpublicschools.gov)	Local Wellness Policy

Page 11: Program Challenges and Overall Successes

Q36 Please share any barriers that your LEA has encountered implementing the Healthy Active Children Policy during the 2016-2017 school year.

Wellness policy had been rewritten and had to be reworked to align the state policy requirements for 2017.

Q37 Please take this time to highlight any other successes regarding the Healthy Active Children Policy in your LEA that were not mentioned before.

none

Page 12: Healthy Youth Act

Q38 Do you have a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education)? **Yes**

Page 13: Policy Update: Healthy Youth Act

Q39 You indicated that your LEA has a local policy that reflects the Healthy Youth Act (Reproductive Health and Safety Education); when was the policy last updated? Date **08/23/2010**

Page 14: School Violence Prevention Act

Q40 Do you have a local policy that reflects the School Violence Prevention Act (Bullying and Harassment)? **Yes**

Page 15: Policy Update: School Violence Prevention Act

Q41 You indicated that your LEA has a local policy that reflects the School Violence Prevention Act (Bullying and Harassment); when was the policy last updated? Date **10/26/2009**
