

Child Nutrition Program

MENUS
May & June
2018

“We Nourish Education”

MEAL CHARGES
REMINDER

to Students / Households at:

Dillard Middle School
Bartlett Yancey High School
STUDENT MEAL CHARGES

Caswell County Schools Child Nutrition Program allows students to charge meals because good nutrition is essential to learning.

We understand that sometimes students forget or lose their meal money.

As we are a non-profit agency, we expect and students to pay that have been charged during a school year. depend on our for any meals

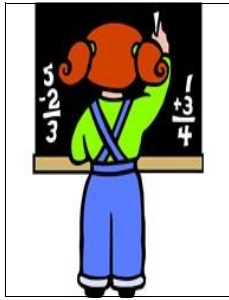


If money is owed for charged student meals
Payments for Charged Meals are Due



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“Schools, Parents & Communities Working Together To Make A Difference In Our Future”



Tuesday, May 1

Menu Choices:
BREAKFAST
Eggs w/ Toast, Yogurt
Mini Pancakes, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Salisbury Steak & Gravy
Chicken Fillet
Turnip Greens
Whipped Potatoes
Corn Muffin, Wh Grain Bun
Fruit Choice
Milk
Chef Salad

Wednesday, May 2

Menu Choices:
BREAKFAST
French Toast Sticks, Yogurt
Chicken Biscuit, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Pizza Strips/Sticks
Manager's Choice
Marinara Sauce, G - Salad
Veg Medley, Green Beans
Whole Grain Bread
Fruit Choice
Milk
Grilled Chicken Salad

Thursday, May 3

Menu Choices:
BREAKFAST
Breakfast Pizza, Yogurt
Mini Maple Waffles, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Chicken Fajita
Hot Deli Sub
Corn, Pinto Beans
Side Salad, Salsa, Tortilla
Wh Grain Bun, Rice
Fruit Choice
Milk
Chef Salad

Friday, May 4

Menu Choices:
BREAKFAST
Sausage Biscuit, Yogurt
Cinnamon Roll, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Ch/ Pepperoni Pizza
Baked Potato & Salad
Veggie Dippers
Vegetable Choice
Whole Grain Bread Choice
Fruit Choice
Milk
Chef Salad

Monday, May 7

Menu Choices:
BREAKFAST
Pancake Stick, Yogurt
Blueberry Mini Loaf, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Teriyaki Beef
Popcorn Chicken
Broccoli, Green Peas
Oriental Stir-Fry, Rice
Whole Grain Dinner Roll
Fruit Choice
Milk
Chef Salad

Tuesday, May 8

Menu Choices:
BREAKFAST
Eggs w/ Toast, Yogurt
Mini Pancakes, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Hot Dog
Meat loaf
Turnip Greens, Cole Slaw
Au Gratin Potatoes
Whole Grain Bun, Biscuit
Fruit Choice
Milk
Chef Salad

Wednesday, May 9

Menu Choices:
BREAKFAST
French Toast Sticks, Yogurt
Chicken Biscuit, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Baked Spaghetti
Pizza Strips/Sticks
Marinara Sauce, G - Salad
Veg Medley, Green Beans
Whole Grain Bread
Fruit Choice
Milk
Grilled Chicken Salad

Thursday, May 10

Menu Choices:
BREAKFAST
Breakfast Pizza, Yogurt
Mini Maple Waffles, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Taco Salad
Beef Fiestada
Corn, Pinto Beans
Side Salad, Salsa
Tortilla Chips, Rice
Fruit Choice
Milk
Chef Salad

Friday, May 11

Menu Choices:
BREAKFAST
Sausage Biscuit, Yogurt
Cinnamon Roll, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Ch/ Pepperoni Pizza
Baked Potato & Salad
Veggie Dippers
Vegetable Choice
Whole Grain Bread Choice
Fruit Choice
Milk
Chef Salad

Monday, May 14

Menu Choices:
BREAKFAST
Pancake Stick, Yogurt
Blueberry Mini Loaf, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
General Tso Chicken
Beef Rib Patty
Broccoli, Green Peas
Oriental Stir-Fry, Rice
Wh Grain Dinner Roll, Bun
Fruit Choice
Milk
Chef Salad

Tuesday, May 15

Menu Choices:
BREAKFAST
Eggs w/ Toast, Yogurt
Mini Pancakes, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Chicken BBQ
Corn Dog
Turnip Greens, Cole Slaw
Sweet Potato Fries
Whole Grain Bun
Fruit Choice
Milk
Chef Salad

Wednesday, May 16

Menu Choices:
BREAKFAST
French Toast Sticks, Yogurt
Chicken Biscuit, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Pizza Strips/Sticks
Manager's Choice
Marinara Sauce, G - Salad
Veg Medley
Green Beans
Fruit Choice
Milk
Chef Salad

Thursday, May 17

Menu Choices:
BREAKFAST
Breakfast Pizza, Yogurt
Mini Maple Waffles, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Chicken Fajita
Hot Deli Sub
Corn, Pinto Beans
Side Salad, Salsa, Tortilla
Wh Grain Bun, Rice
Fruit Choice
Milk
Chef Salad

Friday, May 18

Menu Choices:
BREAKFAST
Sausage Biscuit, Yogurt
Cinnamon Roll, Cereal
Pop Tart
Fruit, 100% Fruit Juice, Milk
LUNCH
Ch/ Pepperoni Pizza
Baked Potato & Salad
Veggie Dippers
Vegetable Choice
Whole Grain Bread Choice
Fruit Choice
Milk
Chef Salad



Caswell County Schools
Summer Feeding Sites
North Elementary Mon. – Thurs.
July 9 - Aug. 2, 2018
Oakwood Elementary Mon. – Thurs.
July 9 - Aug. 2, 2018
Community Sites Mon. – Thurs.
Locations To Be Announced

The Need for Child Nutrition
Does Not Take a
Summer Vacation

Across the nation one in five children struggle with food insecurity, not knowing when and where their next meal is coming from. In North Carolina, one in four children is at risk of hunger. These children may not have access to enough food or to healthy foods, such as fruits and vegetables. Hunger affects children's ability to learn. It can also put kids at risk for illness and other health issues. Learn more at <http://nc.nokidhungry.org>. Many students depend on school meals. What happens when school lets out? Summer Nutrition Programs help fill that gap. These programs make sure that children can get the nutritious meals they need. **All children 18 and under can receive free summer meals.** No registration or ID is required. What can you do?

- Find nearby summer meals:
 1. Text "FOODNC" to 877-877.
 2. Call 1.866.3HUNGRY (1.866.348.6479).
 3. Visit <https://whyhunger.org/findfood>.
- Host a Summer Nutrition Program at your organization's or congregation's facility. Learn more at www.whyhunger.org/findfood.
- Volunteer for a Summer Nutrition Program in your area. You might help by transporting food or setting up or cleaning up a site. You could plan educational or recreational activities for the children.

Monthly Menu Notes:
 Menu is Subject to Change
 Due to Food Availability
 and / or Nutrient Analysis

Daily Milk Choices
 Skim Chocolate,
 Strawberry & White
 1% White

Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
Menu Choices: BREAKFAST Pancake Stick, Yogurt Blueberry Mini Loaf, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Chicken Tenders + Manager's Choice Broccoli, Green Peas Oriental Stir-Fry, Rice WGrain Dinner Roll/Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Eggs w/ Toast, Yogurt Mini Pancakes, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Cheeseburger + Manager's Choice Turnip Greens Sweet Potato Fries Whole Grain Bun/ Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST French Toast Sticks, Yogurt Chicken Biscuit, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Pizza Strips/Sticks + Manager's Choice Marinara Sauce, G - Salad Veg Medley, Green Beans Whole Grain Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Breakfast Pizza, Yogurt Mini Maple Waffles, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Chicken Fajita + Manager's Choice Corn, Pinto Beans Side Salad, Salsa Tortilla, Rice, WG Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Sausage Biscuit, Yogurt Cinnamon Roll, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Ch/ Pepperoni Pizza Baked Potato & Salad Veggie Dippers Vegetable Choice Whole Grain Bread Choice Fruit Choice Milk Chef Salad
Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31	Friday, June 1
Menu Choices: BREAKFAST Pancake Stick, Yogurt Blueberry Mini Loaf, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Tangerine Chicken + Manager's Choice Broccoli, Green Peas Oriental Stir-Fry, Rice WGrain Dinner Roll/Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Eggs w/ Toast, Yogurt Mini Pancakes, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Cheeseburger + Manager's Choice Turnip Greens Whipped Potatoes Whole Grain Bun/Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST French Toast Sticks, Yogurt Chicken Biscuit, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Pizza Strips/Sticks + Manager's Choice Marinara Sauce, G - Salad Veg Medley, Green Beans Whole Grain Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Breakfast Pizza, Yogurt Mini Maple Waffles, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Chicken Fajita + Manager's Choice Corn, Pinto Beans Side Salad, Salsa, Tortilla, Rice, WG Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Sausage Biscuit, Yogurt Cinnamon Roll, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Ch/ Pepperoni Pizza Baked Potato & Salad Veggie Dippers Vegetable Choice Whole Grain Bread Choice Fruit Choice Milk Chef Salad
Monday, June 4	Tuesday, June 5	Wednesday, June 6	Thursday, June 7	Summer Break Begins !
Menu Choices: BREAKFAST Pancake Stick, Yogurt Blueberry Mini Loaf, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Popcorn Chicken + Manager's Choice Broccoli, Green Peas Oriental Stir-Fry, Rice WGrain Dinner Roll/Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Eggs w/ Toast, Yogurt Mini Pancakes, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Hot Dog + Manager's Choice Turnip Greens Oven Fries, Cole Slaw Whole Grain Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST French Toast Sticks, Yogurt Chicken Biscuit, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Taco Salad + Manager's Choice Corn, Pinto Beans Side Salad, Salsa, Tortilla, Rice, WG Bread Fruit Choice Milk Chef Salad	Menu Choices: BREAKFAST Breakfast Pizza, Yogurt Mini Maple Waffles, Cereal Pop Tart Fruit, 100% Fruit Juice, Milk LUNCH Pizza Strips/Sticks + Manager's Choice Marinara Sauce, G - Salad Veg Medley, Green Beans Whole Grain Bread Fruit Choice Milk Chef Salad	
				Have a Safe and Enjoyable Summer !
				 <p style="text-align: center;"> For Dining with Child Nutrition ! </p>