

**Chilton County Board of Education**  
**Employee Documentation**  
**Universal Precautions**

Universal Precautions are intended to protect you from coming into contact with blood and body fluids that could contain bloodborne pathogens. Bloodborne pathogens are microorganisms in the blood that can cause diseases in humans. They include HIV, Hepatitis B and Hepatitis C.

**Recommendations:**

- You should treat the blood and body fluids of **every person** as **potentially** infectious.
- Potentially infectious body fluids include blood, semen and vaginal secretions. Urine, feces, saliva, nasal secretions and vomit are potentially infectious when visible blood is present.
- Infections can enter your body through open cuts or abrasions on your skin. Infections can also enter through mucous membranes of the eyes, nose or mouth.
- Protect yourself by wearing gloves. Cover your cuts and abrasions with a bandage before donning gloves. If there is a risk of splashing, use protective eye wear.
- Needles and syringes should be placed in a puncture-resistant sharps container.
- If cleaning up a spill of blood or body fluids you should wear gloves. Use disposable absorbent material such as paper towels to remove most of the spill. Place these in a plastic bag and deposit in the garbage. Wipe the floor with disinfectant solution. For large spills, contact the custodian. Soak mops or brushes that have been used in disinfectant for 20 minutes.
- Do not pick up broken glass with your hands. Use a broom and dust pan.
- The single most protective measure you can take to protect yourself is **handwashing**. You should wash your hands with soap and water for at least 15 - 20 seconds, scrubbing between fingers. Rinse your hands downward, dry hands, and turn off water with a paper towel.
- Hand sanitizers may be used, but soap and water should be used as soon as possible.
- Wash your hands after any contact with blood/body fluids even if you wear gloves!
- If you accidentally prick yourself with a dirty needle you should wash the area with soap and water. Contact your school nurse or supervisor right away.

By signing this form, I am documenting that I have viewed the *Bloodborne Pathogens For School Employees* video, I understood its content, and I have no questions at this time. I agree to abide by the recommended practices listed above.

Signature of Employee \_\_\_\_\_ Date \_\_\_\_\_

Please print this page and turn it in to your principal/supervisor.