

Choctaw County School Food Service

Ackerman Elementary

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Sep 28, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Grilled Chicken Salad Meat Balls Steamed Brown Rice Brown Gravy Field Peas Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Fat Free Milk Whole Wheat Garlic T	Oct - 2 Mexican Pizza Tossed Salad w/ Dress Whole Kernel Corn Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 3 Chef Salad Corn Dog Seasoned Potato Wed Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 4 Chicken Nuggets Mashed Potatoes Brown Gravy Green Peas Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup Whole Wheat Roll	Oct - 5 Hamburger w/ Trimm Cheeseburger Broccoli Florets w/ Dip Baby Carrots w/ Dressi Crinkle Cut Fries Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie
Oct - 8 NO SCHOOL TODAY	Oct - 9 NO SCHOOL TODAY	Oct - 10 Chef Salad Stuffed Crust Pizza Tossed Salad w/ Dress Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 11 Chicken Nuggets Mashed Potatoes Brown Gravy Steamed Cabbage Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Oct - 12 Chicken Salad Salad Turkey & Cheese on B Crinkle Cut Fries Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie
Oct - 15 Grilled Chicken Salad BBQ Rib Sandwich Tater Tots Baked Beans Creamy Coleslaw Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 16 Chef Salad Mexican Pizza Whole Kernel Corn Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 17 Chef Salad Vegetable Beef Soup Grilled Cheese Sandwi Criss Cut Sweet Potato Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Saltine Crackers	Oct - 18 Chicken Nuggets Mashed Potatoes Brown Gravy Black-Eyed Peas Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Oct - 19 Spicy Chicken Sandwic Grilled Chicken Sandwi Chicken Patty Sandwic Crinkle Cut Fries Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie
Oct - 22 Grilled Chicken Salad Steak Fingers Steamed Brown Rice Brown Gravy Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Whole Wheat Garlic T	Oct - 23 Stuffed Crust Pizza Whole Kernel Corn Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 24 Chef Salad Shepherd's Pie Seasoned Lima Beans Criss Cut Sweet Potato Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 25 Chicken Nuggets Mashed Potatoes Brown Gravy Green Peas Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Oct - 26 Chicken Salad Salad Hamburger w/ Trimm Cheeseburger Crinkle Cut Fries Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Grilled Chicken Salad Hot Dog Chili Dog Seasoned Potato Wed Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 30 Pepperoni Pizza Wedg Whole Kernel Corn Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Oct - 31 Chef Salad Beef Taco with Soft Tortilla Refried Beans Spanish Rice Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

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