

Choctaw County School Food Service

French Camp Elementary

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| Oct - 1 Fish Nuggets Southern Turnip Green Macaroni and Cheese Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Fat Free Milk Hushpuppies | Oct - 2 Grilled Chicken Salad Hamburger w/ Trimmin Cheeseburger Spicy Fries Criss Cut Sweet Potato Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 3 Hamburger Steak w/ G Steamed Brown Rice Green Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Yeast Roll | Oct - 4 Chicken Nuggets Mashed Potatoes Brown Gravy Green Peas Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup Yeast Roll | Oct - 5 Tuna Salad Stuffed Crust Pizza Mexican Pizza Whole Kernel Corn Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Sugar Cookie |
| Oct - 8 NO SCHOOL TODAY | Oct - 9 NO SCHOOL TODAY | Oct - 10 Hot Dog Chili Dog Tater Tots Kidney Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 11 Chicken Nuggets Mandarin Chicken Mashed Potatoes Brown Gravy Green Peas Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup Yeast Roll | Oct - 12 Chicken Salad Salad Ham and Turkey on Bun chips Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie |
| Oct - 15 Meat Balls Steamed Brown Rice Brown Gravy Field Peas Steamed Cabbage Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Yeast Roll | Oct - 16 Chef Salad Stuffed Crust Pizza Mexican Pizza Whole Kernel Corn Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 17 Chicken Spaghetti Green Peas Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Whole Wheat Garlic T | Oct - 18 Chicken Nuggets Mashed Potatoes Brown Gravy Cheesy Broccoli Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup Yeast Roll | Oct - 19 Tuna Salad Hamburger w/ Trimmin Cheeseburger Crinkle Cut Fries Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie |
| Oct - 22 Hamburger Steak w/ G Steamed Brown Rice Brown Gravy Green Beans Seasoned Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Yeast Roll | Oct - 23 Grilled Chicken Salad Vegetable Beef Soup Grilled Cheese Sandwi Baked Sweet Potato w/ Margarine Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 24 BBQ Pork Sandwich Baked Beans Crinkle Cut Fries Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 25 Chicken Nuggets Mandarin Chicken Mashed Potatoes Brown Gravy Green Beans Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup Yeast Roll | Oct - 26 Chicken Salad Salad Turkey & Cheese on B chips Broccoli Salad Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Choclate Chip Cookie |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|--|---|---|----------|--------|
| Oct - 29 Stuffed Crust Pizza Pepperoni Pizza Wedg Nacho Bites, MS Tossed Salad w/ Dress Whole Kernel Corn Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 30 Chef Salad Beefy Nachos Grande Refried Beans Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | Oct - 31 Hot Dog Chili Dog chips Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk | | |

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