

# Choctaw County School Food Service

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 8  Hamburger w/ Trimmings Cheeseburger Crinkle Cut Fries Baby Carrots w/ Dressing Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 9  Vegetable Beef Soup Grilled Cheese Sandwich Steamed Carrots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Saltine Crackers	Jan - 10  Mandarin Chicken Chicken Nuggets Mashed Potatoes Brown Gravy Green Beans Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 11  Ham and Cheese on Bread Baby Carrots w/ Dressing chips Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Sugar Cookie
Jan - 14  Chicken Patty Sandwich Grilled Chicken Sandwich Spicy Chicken Sandwich Baked Beans Crinkle Cut Fries Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 15  Chef Salad Stuffed Crust Pizza Mexican Pizza Tossed Salad w/ Dressing Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 16  Fried Catfish Fish Nuggets Southern Turnip Green Macaroni and Cheese Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Hushpuppies	Jan - 17  Chicken Nuggets Mashed Potatoes Brown Gravy Cheesy Broccoli Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 18  Tuna Salad Turkey & Cheese on Bread Baby Carrots w/ Dressing chips Chocolate Chip Cookie Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk
Jan - 21  NO SCHOOL TODAY	Jan - 22  Grilled Chicken Salad Country Fried Steak Brown Gravy Mashed Potatoes Seasoned Lima Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Southern Biscuit	Jan - 23  Vegetable Soup and Sandwich Combo Baked Sweet Potato w/ Margarine Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 24  Mandarin Chicken Chicken Nuggets Mashed Potatoes Brown Gravy Green Peas Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 25  Chicken Salad Ham and Cheese on Bread Baby Carrots w/ Dressing chips Oatmeal Raisin Cookie Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk
Jan - 28  Spaghetti & Meat Sauce Tossed Salad w/ Dressing Green Peas Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Whole Wheat Garlic Bread	Jan - 29  Chef Salad Meat Balls Black-Eyed Peas Mashed Potatoes Brown Gravy Kidney Beans Cornbread Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 30  BBQ Pork Sandwich Baked Beans Crinkle Cut Fries Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 31  Chicken Nuggets Mashed Potatoes Brown Gravy Green Beans Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.