

Choctaw County School Food Service

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 8 Stuffed Crust Pizza Whole Kernel Corn Green Peas Tossed Salad w/ Dress Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 9 Cheeseburger Crinkle Cut Fries Seasoned Lima Beans Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 10 Chicken Nuggets Mashed Potatoes Brown Gravy Green Beans Steamed Cabbage Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 11 BBQ Pork Sandwich Creamy Coleslaw Spicy Fries Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk
Jan - 14 Cheeseburger Crinkle Cut Fries Seasoned Lima Beans Baby Carrots w/ Dressi Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 15 Tuna Salad Boneless Buffalo Hot Wings Steamed Brown Rice Brown Gravy Green Beans Whole Kernel Corn Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 16 Vegetable Soup and Sandwich Combo Creamy Coleslaw Baby Carrots w/ Dressi Pickle Spears Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 17 Chicken Nuggets Mashed Potatoes Brown Gravy Green Peas Seasoned Cabbage Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 18 Hot Dog Crinkle Cut Fries Baked Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk
Jan - 21 NO SCHOOL TODAY	Jan - 22 Chef Salad Chicken Pieces in Hon BBQ Sauce Steamed Brown Rice Brown Gravy Whole Kernel Corn Black-Eyed Peas Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk Yeast Roll	Jan - 23 Chicken Spaghetti Green Peas Creamy Coleslaw Yam Patties Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 24 Chicken Nuggets Mashed Potatoes Brown Gravy Green Beans Steamed Cabbage Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	Jan - 25 Fried Catfish Hushpuppies Corn on the Cob Southern Turnip Green Macaroni and Cheese Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk
Jan - 28 Stuffed Crust Pizza Steamed Carrots Whole Kernel Corn Tater Tots Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 29 Tuna Salad BBQ Pork Sandwich Creamy Coleslaw Baked Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 30 Beef Taco with Soft Tortilla Spanish Rice Refried Beans Pinto Beans Fresh Fruit Bowl Assorted Fruit Juices Chocolate Milk Strawberry Milk Low Fat Milk	Jan - 31 Chicken Nuggets Mashed Potatoes Brown Gravy Green Beans Seasoned Cabbage Whole Wheat Roll Assorted Fruit Juices Fresh Fruit Bowl Chocolate Milk Strawberry Milk Low Fat Milk Ketchup	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.