

October – Choctaw Tribal School Menu K-8



Lunch

09/30/2019	10/01/2019	10/02/2019	10/03/2019	10/04/2019
Beefy Nacho Grande Chicken Nuggets Chef Salad Pinto Beans Sweet Potato Waffle Fries Frozen Blueberries Sliced Apples Roll	Hamburger Mexican Pizza Chef Salad Corn on the cob French Fries Waldorf Tropical Fruit Frozen Peach Cups	Chicken Tenders Ham and Cheese Hoagie Chef Salad Mashed Potatoes w/Gravy Black-eyed Peas Pear Halves Fruit Freeze Roll	Pulled Pork Sandwich Mozzarella Sticks w/Marinara Fruit and Yogurt Plate Tater Tots Steamed Broccoli Grapes Fruit Juice	Chicken Alfredo Turkey & Cheese Wrap Chef Salad Seasoned Green Beans Carrots w/Dip Fruit Freeze Peach Slices Roll Cookie
10/07/2019	10/08/2019	10/09/2019	10/10/2019	10/11/2019
BBQ Chicken Hawaiian Steak Fingers Chef Salad Sweet Potato Fries Baked Beans Mixed Fruit Mandarin Oranges Roll	Taco Soup Breaded Chicken Sandwich Chef Salad Whole Kernel Corn Lima Beans Applesauce Fruit Juice Crackers	Spaghetti & Meat Sauce Chicken Nuggets Chef Salad Seasoned Green Beans Tossed Salad Sliced Oranges Pear Halves Garlic Toast	Baked Pork Chops Grilled Chicken Sandwich Fruit and Yogurt Plate Yam Patties Collard Greens Fruit Freeze Fruit Cocktail Cornbread	Corn Dog Nuggets Cheese Pizza Chef Salad Tater Tots Cucumber & Tomato Salad Fresh Fruit Peach Slices Rice Crispy Treat
10/14/2019	10/15/2019	10/16/2019	10/17/2019	10/18/2019
Chicken Spaghetti Turkey & Cheese Wrap Chef Salad Steamed Carrots Squash Frozen Peach Cups Diced Pears Garlic Bread	Catfish Nuggets Baked Chicken Chef Salad Black-eyed Peas Cole Slaw Pineapple Tidbits Fruit Juice Roll	Hamburger Steak Pepperoni Pizza Chef Salad Mashed Potatoes w/Gravy Broccoli w/Cheese Fresh Fruit Fruit Freeze Roll	Ham & Cheese on Bun Cheesy Chicken over Rice Fruit & Yogurt Plate Creamed Corn Green Peas Frozen Blueberries Diced Pears Roll	Vegetable Beef Soup Chicken Nuggets Chef Salad Carrots with Dip French Fries Applesauce Peach Slices Cornbread Cookie
10/21/2019	10/22/2019	10/23/2019	10/24/2019	10/25/2019
Lemon Pepper Chicken Sausage Pizza Chef Salad Baked Sweet Potatoes Turnip Greens Sliced Oranges Fruit Juice Roll	Crispy Beef Taco Chicken Nuggets Fruit and Yogurt Plate Tex Mex Beans Whole Kernel Corn Fresh Fruit Fruit Freeze Roll	Italian Rotini Casserole Breaded Chicken Sandwich Chef Salad Tossed Salad Green Beans Sliced Apples Frozen Peach Cups Garlic Bread	BBQ Rib Sandwich Bean & Beef Burrito Tuna Salad Tater Tots Tomatoes & Carrots w/Dip Fruit Juice Frozen Strawberry Cups	Meatloaf Nacho Bites Chef Salad Mashed Potatoes w/Gravy Green Peas Pear Halves Frozen Peach Cups Roll Brownie
10/28/2019	10/29/2019	10/30/2019 60% Day	10/31/2019	11/01/2019
Hamburger Pie Chicken Nuggets Chef Salad Pinto Beans Steamed Carrots Frozen Blueberries Sliced Apples Roll	Bacon Cheeseburger Chicken Egg Rolls w/Rice Chef Salad Whole Kernel Corn Tater Tots Fresh Fruit Fruit Juice	Sack Lunch: Ham & Cheese Sandwich Chips Sliced Apples Carrots Juice Milk	Stuffed Crust Pizza Turkey and Cheese Wrap Fruit and Yogurt Plate Chips Tossed Salad Pineapple Tid Fruit Juice	Baked Ham Fish Sandwich Chef Salad Seasoned Potato Wedges Turnip Greens Fruit Freeze Peach Slices Roll Cookie

MILK SERVED DAILY

“This institution is an equal opportunity provider.”

