

**30**

*side items*

**31**

*side items*

**1**  
**Cherry Frudel**  
Biscuit w/Country Gravy, Sausage  
Honey Bear Graham, Yogurt  
Froot Loops, Cinnamon Toast Crunch

*side items*  
Fresh Orange, Applesauce, Orange  
Juice  
Milk: 1% White, Chocolate Skim

**2**  
**Mini Maple French  
Toast**  
Breakfast Pizza  
Cinn Toast, Cheese Stick  
Apple Jacks, Coco Puffs

*side items*  
Fresh Banana, Mand Oranges, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**3**  
**Pancakes w/Syrup**  
Scrabled Eggs w/Cheese, Toast  
Cinn Toast, Scoobie Graham  
Honey Nut Cheerios, Lucky Charms

*side items*  
Grapes, Diced Peaches, Apple Juice  
Milk: 1% White, Chocolate Skim

**6**  
**Chicken Biscuit**  
Blueberry Muffin  
Trix Yogurt, Scoobie Graham  
Coco Puffs, Cinn Toast Crunch

*side items*  
Orange, Diced Pears, Raspberry  
Juice  
Milk: 1% White, Chocolate Skim

**7**  
**Apple Frudel**  
Turkey Pancake Wrap w/Syrup  
Cinnamon Toast, String Cheese  
Lucky Charms, Cinnamon Chex

*side items*  
Fresh Apple, Mixed Fruit, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**8**  
**French Toast Sticks  
w/Syrup**  
CiniMinis  
Scooby Grahams, Trix Yogurt  
Froot Loops, Cinnamon Toast Crunch

*side items*  
Fresh Orange, Applesauce, OJ  
Milk: 1% White, Chocolate Skim

**9**  
**Sausage-Egg  
Breakfast Burrito**  
Chocolate Chip Muffin  
Cin Toast, Cherry Yogurt  
Apple Jacks, Coco Puffs

*side items*  
Banana, Pineapple, Apple Juice  
Milk: 1% White, Chocolate Skim

**10**  
**Mini Berry Waffle  
w/Syrup**  
Sausage Breakfast Pizza  
Cinn Toast, Honey Graham  
Honey Nut Cheerios, Lucky Charms

*side items*  
Fresh Orange, Diced Peaches, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**13**  
**French Toast Sticks  
w/Syrup**  
Country Chicken Biscuit  
Scooby Grahams, Trix Yogurt  
Coco Puffs, Cinn Toast Crunch

*side items*  
Orange, Diced Pears, Apple Juice  
Milk: 1% White, Chocolate Skim

**14**  
**Sausage Breakfast  
Pizza**  
Blueberry Muffin  
Cinn Toast, Cheese Stick  
Lucky Charms, Cinnamon Chex

*side items*  
Fresh Apple, Mixed Fruit, Orange  
Juice  
Milk: 1% White, Chocolate Skim

**15**  
**Waffles w/Syrup**  
Scrambled Eggs w/Hash Brown  
Toast, Cheese Stick  
Froot Loops, Cinnamon Toast Crunch

*side items*  
Fresh Orange, Applesauce, Cherry  
Juice  
Milk: 1% White, Chocolate Skim

**16**  
**WG Doughnut**  
Breakfast Taco  
Cinn Toast, Trix Yogurt  
Apple Jacks, Coco Puffs

*side items*  
Fresh Banana, Pineapple, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**17**  
**Biscuit w/Country  
Gravy, Sausage**  
Chocolate Chip Muffin  
Cinn Toast, Elf Grahams  
Honey Nut Cheerios, Lucky Charms

*side items*  
Grapes, Diced Peaches, Apple Juice  
Milk: 1% White, Chocolate Skim

**20**  
**Waffles w/Syrup**  
Sausage Breakfast Pizza  
Cinn Toast, Trix Yogurt  
Coco Puffs, Cinn Toast Crunch

*side items*  
Fresh Orange, Diced Pears, Grape  
Juice  
Milk: 1% White, Chocolate Skim

**21**  
**Apple Frudel**  
Turkey Pancake Wrap  
Cinn Toast, Cheese Stick  
Lucky Charms, Cinnamon Chex

*side items*  
Fresh Apple, Mixed Fruit, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**22**

*side items*

**23**

*side items*

**24**

*side items*

**27**  
**Sausage Breakfast  
Pizza**  
Chocolate Chip Muffin  
Cinnamon Toast, Scoobie Graham  
Coco Puffs, Cinn Toast Crunch

*side items*  
Fresh Orange, Diced Pears,  
Raspberry Juice  
Milk: 1% White, Chocolate Skim

**28**  
**WG Donut**  
Turkey Pancake Wrap  
Cinnamon Toast, Cheese Stick  
Lucky Charms, Cinnamon Chex

*side items*  
Fresh Apple, Mixed Fruit, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**29**  
**Mini Berry Waffle**  
Country Chicken Biscuit  
Honey Bear Grahams, Cinnamon Toast  
Froot Loops, Cinnamon Toast Crunch

*side items*  
Orange, Applesauce, Cherry Juice  
Milk: 1% White, Chocolate Skim

**30**  
**Scrambled Egg,  
Sausage, Hash Brown**  
Cini Minis  
Cinn Toast, Trix Yogurt  
Apple Jacks, Coco Puffs

*side items*  
Fresh Banana, Pineapple, Apple  
Juice  
Milk: 1% White, Chocolate Skim

**1**

*side items*



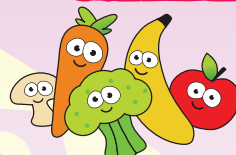
**Locally Grown** Local ingredients are always used when in season

**Vegetarian** Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

### AVAILABLE DAILY:



Fruits and 100% Fruit Juice



**Whole Grain:**  
Breads and Grains



**MILK**  
1% White and FF Chocolate