

2
Chicken Biscuit
 Blueberry Muffin
 Trix Yogurt, Scoobie Graham
 Coco Puffs, Cinn Toast Crunch

side items
 Orange, Diced Pears, Raspberry Juice
 Milk: 1% White, Chocolate Skim

3
Apple Frudel
 Turkey Pancake Wrap w/Syrup
 Cinnamon Toast, String Cheese
 Lucky Charms, Cinnamon Chex

side items
 Fresh Apple, Mixed Fruit, Apple Juice
 Milk: 1% White, Chocolate Skim

4
French Toast Sticks w/Syrup
 CiniMinis
 Scooby Grahams, Trix Yogurt
 Froot Loops, Cinnamon Toast Crunch

side items
 Fresh Orange, Applesauce, OJ
 Milk: 1% White, Chocolate Skim

5
Sausage-Egg Breakfast Burrito
 Chocolate Chip Muffin
 Cin Toast, Cherry Yogurt
 Apple Jacks, Coco Puffs

side items
 Banana, Pineapple, Apple Juice
 Milk: 1% White, Chocolate Skim

6
Mini Berry Waffle w/Syrup
 Sausage Breakfast Pizza
 Cinn Toast, Honey Graham
 Honey Nut Cheerios, Lucky Charms

side items
 Fresh Orange, Diced Peaches, Apple Juice
 Milk: 1% White, Chocolate Skim

9

side items

10

side items

11

side items

12

side items

13

side items

16
Waffles w/Syrup
 Sausage Breakfast Pizza
 Cinn Toast, Trix Yogurt
 Coco Puffs, Cinn Toast Crunch

side items
 Fresh Orange, Diced Pears, Grape Juice
 Milk: 1% White, Chocolate Skim

17
Apple Frudel
 Turkey Pancake Wrap
 Cinn Toast, Cheese Stick
 Lucky Charms, Cinnamon Chex

side items
 Fresh Apple, Mixed Fruit, Apple Juice
 Milk: 1% White, Chocolate Skim

18
Mini Maple French Toast
 Egg-Cheese Biscuit
 Cheese Stick, Cinn Toast
 Froot Loops, Cinnamon Toast Crunch

side items
 Pineapple, Applesauce, Orange Juice
 Milk: 1% White, Chocolate Skim

19
French Toast Sticks w/Syrup
 CiniMinis
 Cinn Toast, Honey Grahams
 Apple Jacks, Coco Puffs

side items
 Fresh Banana, Mand Oranges, Apple Juice
 Milk: 1% White, Chocolate Skim

20
Pancakes w/Syrup
 Biscuit w/Country Gravy, Sausage
 Trix Yogurt, Cinn Toast, Scoobie Graham
 Honey Nut Cheerios, Lucky Charms

side items
 Grapes, Diced Peaches, Apple Juice
 Milk: 1% White, Chocolate Skim

23
Sausage Breakfast Pizza
 Chocolate Chip Muffin
 Cinnamon Toast, Scoobie Graham
 Coco Puffs, Cinn Toast Crunch

side items
 Fresh Orange, Diced Pears, Raspberry Juice
 Milk: 1% White, Chocolate Skim

24
WG Donut
 Turkey Pancake Wrap
 Cinnamon Toast, Cheese Stick
 Lucky Charms, Cinnamon Chex

side items
 Fresh Apple, Mixed Fruit, Apple Juice
 Milk: 1% White, Chocolate Skim

25
Mini Berry Waffle
 Country Chicken Biscuit
 Honey Bear Grahams, Cinnamon Toast
 Froot Loops, Cinnamon Toast Crunch

side items
 Orange, Applesauce, Cherry Juice
 Milk: 1% White, Chocolate Skim

26
Scrambled Egg, Sausage, Hash Brown
 Cini Minis
 Cinn Toast, Trix Yogurt
 Apple Jacks, Coco Puffs

side items
 Fresh Banana, Pineapple, Apple Juice
 Milk: 1% White, Chocolate Skim

27
Chocolate Chip Muffin
 Waffles w/Syrup
 Elf Grahams, Cheese Stick
 Honey Nut Cheerios, Lucky Charms

side items
 Fresh Orange, Diced Peaches, Apple Juice
 Milk: 1% White, Chocolate Skim

30
French Toast Sticks w/Syrup
 Bacon-Egg Biscuit
 Cinn Toast, Cheese Stick, Trix Yogurt
 Coco Puffs, Cinn Toast Crunch

side items
 Fresh Orange, Diced Pears, Raspberry Juice
 Milk: 1% White, Chocolate Skim

31
Breakfast Quesadilla
 WG Donut
 Cinn Toast, Cheese Stick
 Lucky Charms, Cinnamon Chex

side items
 Fresh Apple, Mixed Fruit, Apple Juice
 Milk: 1% White, Chocolate Skim

1

side items

2

side items

3

side items



Have a great FALL BREAK!

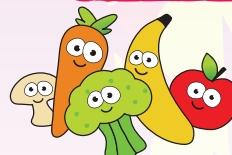
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

AVAILABLE DAILY:



Fruits and 100% Fruit Juice



Whole Grain:
Breads and Grains



MILK
1% White and FF Chocolate