

Monday

Tuesday

Wednesday

Thursday

Friday

1
Chicken Quesadilla
Sliced Turkey Italian Sub
Spanish Rice
Black Beans
Combination Salad
Italian Ice
Juice

2
Chicken Bowl
Hot Dog
Biscuit
Green Peas
Cherry Tomato/Ranch
Apple Juice

3
BBQ Stuffed Fries
Grilled Chicken Sandwich
Seasoned Green Beans
Side Salad
Veggies/Ranch
Juice
Cinnamon Roll

4
National Taco Day!
Tacos w/ Nacho Chips
Refried Beans
Queso Blanco Sauce
Black Bean & Corn Salsa
Hot Ham & Cheese Sandwich
Italian Ice
Cookie

7
Spicy Chicken Sandwich
Pizza
Whole Kernel Corn
Spinach & Strawberry Salad
Baby Carrots/Ranch
Garlic Breadstick
Juice

8
Corn Dog
Hot Ham & Cheese Sandwich
Baked Beans
Green Peas
Veggies/Ranch
Juice

9
Salisbury Steak
Popcorn Chicken Nuggets
Mashed Potatoes/Gravy
Seasoned Turnips
Veggies/Ranch
Honey Wheat Roll
Juice

10
Oven Fried Chicken
Cornbread
Rice & Tomato Gravy
Field Peas w/ Snaps
Veggies/Ranch
Juice

11
Meatball Sub
Cheeseburger
Lettuce/Tomato
Seasoned Green Beans
Veggies/Ranch
Juice

14
Spicy Chicken Tenders
BBQ Sandwich
Tater Tots
Honey Wheat Roll
Peas & Carrots
Veggies/Ranch
Juice

15
Chicken Pups
Grilled Chicken Sandwich
Lettuce/Tomato
Veggies/Ranch
Juice

16
Beef & Vegetable Soup
Cheese Sandwich
Field Peas w/ Snaps
Veggies/Ranch
Juice

17
Spaghetti & Meat Sauce
Philly Steak
Steamed Broccoli
Veggies/Ranch
Garlic Breadstick
Side Salad
Juice

18
**Fall Break
Schools Closed**

21
BBQ Stuffed Fries
Ham Hoagie
Lettuce/Tomato
Corn on the Cob
Cherry Tomato/Ranch
Blueberry Muffin
Juice

22
Chicken Alfredo
Cheeseburger
Lettuce/Tomato
Veggies/Ranch
Juice

23
Congo Chicken
Philly Steak
Yellow Rice
Confetti Cornbread
Collard Greens
Veggies/Ranch
Juice

24
Chicken Pot Pie
Turkey Sandwich
Black Eyed Peas
Hushpuppies
Veggies/Ranch
Italian Ice
Juice

25
Sliced Turkey Italian Sub
Pepperoni Pizza
Oven Fries
Veggies/Ranch
Juice

28
Brunswick Stew
Meatball Sub
Cornbread
Side Salad
Veggies/Ranch
Juice

29
Taco Soup
Tortilla Scoops
Chicken Salad Croissant
Green Peas
Veggies/Ranch
Juice

30
Chicken & Waffles
Sausage Dog/Bun
Tater Tots
Veggies/Ranch
Juice

31
Chili w/ Cheese Sandwich
Chicken Sandwich
Oven Fries
Veggies/Ranch
SPOOKY ITALIAN ICE
Cinnamon Roll

Today's cookies are a tribute to
Farm to School Month!



National School Lunch Week is
October 14-18!

Daily Options: Grab & Go Lunch
Salad Bar