

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

1  
Chicken Quesadilla  
Sliced Turkey Italian Sub  
Spanish Rice  
Black Beans  
Combination Salad  
Italian Ice  
Juice

2  
Chicken Bowl  
Hot Dog  
Biscuit  
Green Peas  
Cherry Tomato/Ranch  
Apple Juice

3  
BBQ Stuffed Fries  
Grilled Chicken Sandwich  
Seasoned Green Beans  
Side Salad  
Veggies/Ranch  
Juice  
Cinnamon Roll

4  
**National Taco Day!**  
Tacos w/ Nacho Chips  
Refried Beans  
Queso Blanco Sauce  
Black Bean & Corn Salsa  
Hot Ham & Cheese Sandwich  
Italian Ice  
Cookie

7  
Spicy Chicken Sandwich  
Pizza  
Whole Kernel Corn  
Spinach & Strawberry Salad  
Baby Carrots/Ranch  
Garlic Breadstick  
Juice

8  
Corn Dog  
Hot Ham & Cheese Sandwich  
Baked Beans  
Green Peas  
Veggies/Ranch  
Juice

9  
Salisbury Steak  
Popcorn Chicken Nuggets  
Mashed Potatoes/Gravy  
Seasoned Turnips  
Veggies/Ranch  
Honey Wheat Roll  
Juice

10  
Oven Fried Chicken  
Cornbread  
Rice & Tomato Gravy  
Field Peas w/ Snaps  
Veggies/Ranch  
Juice

11  
Meatball Sub  
Cheeseburger  
Lettuce/Tomato  
Seasoned Green Beans  
Veggies/Ranch  
Juice

14  
Spicy Chicken Tenders  
BBQ Sandwich  
Tater Tots  
Honey Wheat Roll  
Peas & Carrots  
Veggies/Ranch  
Juice

15  
Chicken Pups  
Grilled Chicken Sandwich  
Lettuce/Tomato  
Veggies/Ranch  
Juice

16  
Beef & Vegetable Soup  
Cheese Sandwich  
Field Peas w/ Snaps  
Veggies/Ranch  
Juice  
Cookie

17  
Spaghetti & Meat Sauce  
Philly Steak  
Steamed Broccoli  
Veggies/Ranch  
Garlic Breadstick  
Side Salad  
Juice

18  
**Fall Break  
Schools Closed**

21  
BBQ Stuffed Fries  
Ham Hoagie  
Lettuce/Tomato  
Corn on the Cob  
Cherry Tomato/Ranch  
Blueberry Muffin  
Juice

22  
Chicken Alfredo  
Cheeseburger  
Lettuce/Tomato  
Veggies/Ranch  
Juice

23  
Congo Chicken  
Philly Steak  
Yellow Rice  
Confetti Cornbread  
Collard Greens  
Veggies/Ranch  
Juice

24  
Chicken Pot Pie  
Turkey Sandwich  
Black Eyed Peas  
Hushpuppies  
Veggies/Ranch  
Italian Ice  
Juice

25  
Sliced Turkey Italian Sub  
Pepperoni Pizza  
Oven Fries  
Veggies/Ranch  
Juice

28  
Brunswick Stew  
Meatball Sub  
Cornbread  
Side Salad  
Veggies/Ranch  
Juice

29  
Taco Soup  
Tortilla Scoops  
Chicken Salad Croissant  
Green Peas  
Veggies/Ranch  
Juice

30  
Chicken & Waffles  
Sausage Dog/Bun  
Tater Tots  
Veggies/Ranch  
Juice  
Cookie

31  
Chili w/ Cheese Sandwich  
Chicken Sandwich  
Oven Fries  
Veggies/Ranch  
**SPOOKY ITALIAN ICE**  
Cinnamon Roll



National School Lunch Week is  
October 14-18!

Daily Options: Grab & Go Lunch  
Salad Bar