

September 2020

Coffee High School

LUNCH



More days to remember:

- 9/13 Grandparents' Day
- 9/17 Citizenship Day
- 9/25 Native American Day



Nutrition Tip: With September being Whole Grains month, try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.

Reference: USDA MyPlate



Monday

Tuesday

Wednesday

Thursday

Friday

Blank lunch menu box for Monday.

The Hot Spot: Asian Chicken **1**
Trojan Grill: Buffalo Chicken Wings
Pizza Line

The Hot Spot: Meatloaf & Mashed Potatoes **2**
Trojan Grill: Spicy Chicken Sandwich
Pizza Line

The Hot Spot: Spaghetti & Meat Sauce **3**
Trojan Grill: Hot Dogs
Pizza Line

The Hot Spot: BBQ Stuffed Fries **4**
Trojan Grill: Bacon Jack Grilled Chicken
Pizza Line

Labor Day **7**
No School

The Hot Spot: Steak Nuggets **8**
Trojan Grill: Sloppy Joe
Pizza Line

The Hot Spot: Chicken & Dumplings **9**
Trojan Grill: Bacon Cheeseburger
Pizza Line

The Hot Spot: Spaghetti & Meatballs **10**
Trojan Grill: Hot Dogs
Pizza Line

The Hot Spot: Asian Buffet **11**
Trojan Grill: Cheeseburger
Pizza Line

The Hot Spot: Salisbury Steak **14**
Trojan Grill: Spicy Chicken Sandwich
Pizza Line

The Hot Spot: Tacos with Scoops **15**
Trojan Grill: Steak Sandwich
Pizza Line

The Hot Spot: Oven Fried Chicken **16**
Trojan Grill: Spicy Chicken Sandwich
Pizza Line

Early Release Day for Parent/Teacher Conferences **17**
PB&J Sack Lunch

The Hot Spot: Buffalo Chicken Wings **18**
Trojan Grill: BBQ Pork Sandwich
Pizza Line

The Hot Spot: Steak Nuggets **21**
Trojan Grill: Hamburger
Pizza Line

The Hot Spot: Asian Buffet **22**
Trojan Grill: Bacon Cheeseburger
Pizza Line

The Hot Spot: Salisbury Steak **23**
Trojan Grill: Bacon Jack Grilled Chicken
Pizza Line

The Hot Spot: Chicken & Rice **24**
Trojan Grill: Cheeseburger
Pizza Line

The Hot Spot: Lasagna Roll-Ups – **NEW!** **25**
Trojan Grill: Spicy Chicken Sandwich
Pizza Line

The Hot Spot: Chicken Strips **28**
Trojan Grill: Hot Dogs
Pizza Line

The Hot Spot: Spicy Chicken Tenders **29**
Trojan Grill: Bacon Jack Grilled Chicken
Pizza Line

The Hot Spot: Meatloaf & Mashed Potatoes **30**
Trojan Grill: Spicy Chicken Sandwich
Pizza Line

