

April 2018

Middle and High Lunch Menu

Monday

Lunch Entrée'-Choose one- 2

Popcorn Smackers
Honey Wheat Roll
Sloppy Joe on Bun
Pizza Variety

Sides-Choose one or more-

Breaded Okra
Spinach Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- 9

Pasta w/ Meatsauce Chsebak
Garlic Toast
Buffalo Chicken Flatbread
Pizza Variety

Sides-Choose one or more-

Seasoned Corn
Cucumber/Tomato Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- 16

Popcorn Smackers
Honey Wheat Roll
Chicken Filet
Pizza Variety

Sides-Choose one or more-

Roasted Sweet Potato Bites
Green Beans
Fruit / Juice Variety

Lunch Entrée'-Choose one- 23

Nachos w/ Beef
Chicken Flatbread
Pizza Variety

Sides-Choose one or more-

Black Bean / Corn Salsa
Fiesto Pintos
Fruit / Juice Variety

Lunch Entrée'-Choose one- 30

Popcorn Smackers
Honey Wheat Roll
Sloppy Joe on Bun
Pizza Variety

Sides-Choose one or more-

Sunbelievable Ice
Breaded Okra
Fruit / Juice Variety

Tuesday

Lunch Entrée'-Choose one- 3

Spicy Sichuan Chicken / Fried Rice
/ Honey Wheat Roll
Chick Filet on Bun
Pizza Variety

Sides-Choose one or more-

Seasoned Peas
Veggie Cup / dip
Fruit / Juice Variety

Lunch Entrée'-Choose one- 10

Country Steak Bites / Roll
Honey Wheat Roll
Chicken Filet
Pizza Variety

Sides-Choose one or more-

Mashed Potatoes/ gravy
Spinach Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- 17

Beef or Chicken Pot Pie
Buffalo Chicken Flatbread
Pizza Variety

Sides-Choose one or more-

Steamed Broccoli & Cheese
Garden Salad
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- 24

Boneless Chicken Bites
Sloppy Joe on Bun
Pizza Variety

Sides-Choose one or more-

Breaded Okra
Carrots w/ Dip
Fruit / Juice Variety
Cookie

Wednesday

Lunch Entrée'-Choose one- 4

Pancakes & Sausage
BBQ Sandwich
Pizza Variety

Sides-Choose one or more-

Sweet Potato Puffs
Cucumber & Tomato Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- 11

Chicken Fajita Rice Bowl
Sloppy Joe on Bun
Pizza Variety

Sides-Choose one or more-

Breaded Okra
Baby Carrots / Dip
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- 18

Taco Salad
Cougar Burger
Pizza Variety

Sides-Choose one or more-

Seasoned Corn
Cucumber & Tomato Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- 25

Country Steak Bites
Honey Wheat Roll
Chick Filet
Pizza Variety

Sides-Choose one or more-

Sweet Potato Puffs
Green Beans
Fruit / Juice Variety

Thursday

Lunch Entrée'-Choose one- 5

BBQ on Rice
Honey Wheat Roll
Philly Steak Hoagie
Pizza Variety

Sides-Choose one or more-

Lima Beans
Veggie Cup w/ Dip
Fruit / Juice Variety

Lunch Entrée'-Choose one- 12

General Tso's Chicken
Fried Rice
Honey Wheat Roll
Cougar Burger on Bun
Pizza Variety

Sides-Choose one or more-

Green Beans
Sunbelievable Ice
Fruit / Juice Variety

Lunch Entrée'-Choose one- 19

Chicken Alfredo / Garlic Toast
Sloppy Joe on Bun
Pizza Variety

Sides-Choose one or more-

Carrots w/ Dip
Seasoned Peas
Fruit / Juice Variety

Lunch Entrée'-Choose one- 26

Pasta w/ Meatsauce Chsebak
Garlic Toast
BBQ Sandwich
Pizza Variety

Sides-Choose one or more-

Spinach Salad
Seasoned Corn
Fruit / Juice Variety

Friday

Lunch Entrée'-Choose one- 6

Boneless Chicken Bites / Mac & Cheese
Honey Wheat Roll
Cougar Burger
Pizza Variety

Sides-Choose one or more-

Garden Salad
Green Beans
Fruit / Juice Variety

Lunch Entrée'-Choose one- 13

Cheeseburger Mac & Cheese
Honey Wheat Roll
BBQ Flatbread
Pizza Variety

Sides-Choose one or more-

Baked Beans
Cole Slaw
Fruit / Juice Variety

Lunch Entrée'-Choose one- 20

Corn Dog or Hot Dog
Philly Steak Flatbread
Pizza Variety

Sides-Choose one or more-

Baked Beans
Cole Slaw
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- 27

Deli Sandwich
Garlic Toast
Raisels
Celery
Carrots
Italian Ice

Meal Time Message

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

Offered For Lunch Daily Based on Availability: PBJ Sandwich or Yogurt Parfait with Granola or Chef Salad Meal

School News

Monthly Birthday Celebration for April Birthdays will be on Friday, April 27, 2018

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.