

# February 2017

## Middle & High Lunch Menu

Monday



Tuesday

Wednesday

Thursday

Friday

**Lunch Entrée'-Choose one-** 6  
Sloppy Joe on Bun  
Buffalo Chicken Flatbread  
Pizza Variety  
**Sides-Choose one or more-**  
French Fries  
Cole Slaw  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 7  
Pasta w/Meatsauce  
Garlic Brd Stk  
Chick Fillet on Bun  
Pizza Variety  
**Sides-Choose one or more-**  
Roasted Zucchini  
Garden Salad  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 8  
Salisbury Steak /  
Gravy / Roll  
BBQ on Bun  
Pizza Variety  
**Sides-Choose one or more-**  
Mashed Potatoes  
Steamed Squash  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 9  
Chicken Bites/Roll  
Mini Hamburger Sliders  
Pizza Variety  
**Sides-Choose one or more-**  
Green Beans  
Fresh Sweet Potatoe Sticks  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 10  
Cheeseburger on Bun  
Mozz. Italian Cheese Sticks  
Pizza Variety  
**Sides-Choose one or more-**  
Veggie cup  
Baked Beans  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 13  
Popcorn Smackers / Roll  
Philly Cheese Steak Flatbread  
Pizza Variety  
**Sides-Choose one or more-**  
Baby Carrots w/Dip  
Green Beans  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 14  
General TSO's Chicken  
Rice / Roll  
Sloppy Joe on Bun  
Pizza Variety  
**Sides-Choose one or more-**  
Seasoned Peas  
Fresh Sweet Potatoes Sticks  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 15  
Taco Salad  
Cheeseburger  
Pizza Variety  
**Sides-Choose one or more-**  
Fiesta Pintos  
Cuke & Tomato Salad  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 16  
Chicken Alfredo / Garlic  
Brd Stk  
BBQ on Bun  
Pizza Variety  
**Sides-Choose one or more-**  
Veggie cup  
Steamed Broccoli  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 17  
Pot. Crusted Fish / Mac  
& Cheese/Roll  
Mini Hamburger Sliders  
Pizza Variety  
**Sides-Choose one or more-**  
Seasoned Corn  
Spinach Salad  
Fruit Variety  
Juice Variety

20  
President's Day

**Lunch Entrée'-Choose one-** 21  
Chicken Chunks / Roll  
Meatball Sub  
Pizza Variety  
**Sides-Choose one or more-**  
Green Beans  
Parsley Potatoes  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 22  
Pasta w/ Meatsauce  
BBQ on Bun  
Pizza Variety  
**Sides-Choose one or more-**  
Spinach Salad  
Seasoned Corn  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 23  
Salisbury Steak/ Rice / Roll  
Spicy Chick Fillet  
Pizza Variety  
**Sides-Choose one or more-**  
Lima Beans  
Fresh Carrots & Dip  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 24  
Buffalo Chicken Bites/Roll  
Mac & Cheese  
Cheeseburger  
Pizza Variety  
**Sides-Choose one or more-**  
Veggie Cup/Dip  
Cole Slaw  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 27  
Popcorn Smackers / Roll  
Mini Hamburger Sliders  
Pizza Variety  
**Sides-Choose one or more-**  
Blackeyed Peas  
Mashed Potatoes  
Fruit Variety  
Juice Variety

**Lunch Entrée'-Choose one-** 28  
Chicken Fillet on Bun  
Meatball Sub  
Pizza Variety  
**Sides-Choose one or more-**  
Steamed Broccoli  
Garden Salad  
Fruit Variety  
Juice Variety

Did you know...  
About 1 billion Valentine's Day cards are exchanged each year. This makes it the second largest seasonal card sending time of the year.

### MEALTIME MESSAGE

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate and Strawberry

\*\*Offered For Lunch Daily Based on Availability: PBJ Sandwich or Yogurt Parfait with Granola or Chef Salad Meal\*\*

### School News

Monthly Birthday Celebration for February Birthdays will be on Friday, February 24, 2017

This Institution is an equal opportunity provider. Menu items subject to change based on availability.