

FEBRUARY 2018

Middle and High Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

Lunch Entrée'-Choose one- **5**
Nachos w/Beef
Philly Cheese Steak Flatbread
Pizza Variety
Sides-Choose one or more-
Fiesta Pintos
Steamed Broccoli
Fruit / Juice Variety

Lunch Entrée'-Choose one- **6**
Boneless Chicken Bites
Hot Dog on Bun
Pizza Variety
Sides-Choose one or more-
Breaded Okra
Carrots w/ Dip
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- **7**
Country Steak Bites
Honey Wheat Roll
Chick Fillet
Pizza Variety
Sides-Choose one or more-
Sweet Pot. Fries
Gr. Beans
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- **1**
Chicken Alfredo / Garlic Toast
BBQ Sandwich
Pizza Variety
Sides-Choose one or more-
Carrots w/ Dip
Steamed Broccoli
Fruit / Juice Variety

Lunch Entrée'-Choose one- **2**
Hot Dog on bun
Buffalo Chicken Flatbread
Pizza Variety
Sides-Choose one or more-
Baked Beans
Cole Slaw
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- **8**
Pasta w/ Meatsauce /
Garlic Toast
BBQ Sandwich
Pizza Variety
Sides-Choose one or more-
Spinach Salad
Seasoned Corn
Fruit / Juice Variety

Lunch Entrée'-Choose one- **9**
Chicken Fajitas/ Br. Rice/ Roll
Cougar Burger on Bun
Pizza Variety
Sides-Choose one or more-
Veggie Cup
Seasoned Peas
Fruit / Juice Variety

Lunch Entrée'-Choose one- **12**
Popcorn Smackers / Roll
Sloppy Joe on Bun
Pizza Variety
Sides-Choose one or more-
Blackeyed Peas
Spinach Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- **13**
Chicken Pot Pie
Buffalo Chicken Flatbread
Pizza Variety
Sides-Choose one or more-
Steamed Broccoli
Sunbelievable Ice
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- **14**
Pancakes & Sausage
Deli Sandwich Turkey & Ham
Pizza Variety
Sides-Choose one or more-
Sweet Potato Puffs
Cucumber & Tomato Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- **15**
BBQ Prok on Rice
Honey Wheat Roll
Hot Dog on Bun
Pizza Variety
Sides-Choose one or more-
Green Peas
Veggie Cup w/ Dip
Fruit / Juice Variety

Lunch Entrée'-Choose one- **16**
Roasted Chicken Chicken / Roll
Cheeseburger on Bun
Pizza Variety
Sides-Choose one or more-
Mashed Pot. /Gravy
Green Beans
Fruit / Juice Variety

Lunch Entrée'-Choose one- **19**
Hot Dog
Buffalo Chicken Flatbread
Pizza Variety
Sides-Choose one or more-
Breaded Okra
Cucumber/Tomato Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- **20**
Teriyaki Beef Dippers
Honey Wheat Roll
Chicken Fillet
Pizza Variety
Sides-Choose one or more-
Mashed Potatoes
Spinach Salad
Fruit / Juice Variety

Lunch Entrée'-Choose one- **21**
Chicken Fajita Rice Bowl
Sloppy Joe on Bun
Pizza Variety
Sides-Choose one or more-
Green Beans
Sunbelievable Ice
Fruit / Juice Variety

Lunch Entrée'-Choose one- **22**
Deli Sandwich
Celery
Carrots
Raisels
Italian Ice

Lunch Entrée'-Choose one- **23**
Fish Nuggets / Mac & Cheese
Celery
Cheeseburger
Pizza Variety
Sides-Choose one or more-
Baked Beans
Cole Slaw
Fruit / Juice Variety

Lunch Entrée'-Choose one- **26**
Popcorn Smackers
Fajita Chicken Flatbread
Pizza Variety
Sides-Choose one or more-
Roasted Sweet Potato Bites
Green Beans
Fruit / Juice Variety
Cookie

Lunch Entrée'-Choose one- **27**
Spicy Sichuan Chicken
Fried Rice
Cougar Burger on Bun
Pizza Variety
Sides-Choose one or more-
Seasoned Peas
Broccoli/dip
Fruit / Juice

Lunch Entrée'-Choose one- **28**
Taco Salad
Corn Dog
Pizza Variety
Sides-Choose one or more-
Seasoned Corn
Cucumber & Tomato Salad
Fruit / Juice Variety

Meal Time Message

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

Offered For Lunch Daily Based on Availability: PBJ Sandwich or Yogurt Parfait with Granola or Chef Salad Meal

School News

Monthly Birthday Celebration for February Birthdays will be on Friday, February 23, 2018

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

