

January 2017

Elementary Breakfast & Lunch Menu

MONDAY

Teacher's Work Day **2**

Breakfast-
Bacon Egg & Cheese
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Corn Dog
PB&J Sandwich
Sides-Choose one or more-
Potato Triangles / Cole Slaw
Fruit / Juice variety

Martin Luther King Day **16**

Breakfast-
Bacon Egg & Cheese
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Chicken Fajita Nachos
Mini Hamburger Sliders
Sides-Choose one or more-
Pinto Beans / Fresh Broccoli
Fruit / Juice variety

Breakfast
Bacon Egg & Cheese
Cereal/String Cheese
Fruit Variety
Lunch Entrée'-Choose One
Meatball Sub
Mini Hamburger Sliders
Sides-Choose one or more
Garden Salad/Potato Triangles
Fruit / Juice variety

TUESDAY

Breakfast-
Mini Cinnis
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Chicken Bites / Roll
PB&J Sandwich
Sides-Choose one or more-
Green Beans / Veggie Cup
Fruit / Juice variety

Breakfast-
Chocolate Chip Muffin
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Beefy Lasagna Roll / Garlic Brd. St.
Deli Sub Sandwich
Sides-Choose one or more-
Roasted Zucchini / Garden Salad
Fruit / Juice variety

Breakfast-
Dutch Waffle
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Fish / Mac. & Cheese
Deli Sub Sandwich
Sides-Choose one or more-
Sweet Pot. Sticks/Seasoned Peas
Fruit / Juice variety

Breakfast-
Cinnamon Cr. Cream Filled
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Chicken Pot Pie/Roll
Mozzarella Italian Cheese St.
Sides-Choose one or more-
Garden Salad / Steamed Broccoli
Fruit / Juice variety

Breakfast-
Mini Cinnis
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Chicken Bites / Roll
Grilled Cheese Sandwich
Sides-Choose one or more-
Veggie cup / Green Beans
Fruit / Juice variety

WEDNESDAY

Breakfast-
Dutch Waffle
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Pancakes & Sausage
Hot Ham & Cheese Melt
Sides-Choose one or more-
Swt Pot. Fries / Cuke & Tom Salad
Fruit / Juice variety

Breakfast-
Sausage Biscuit
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Salisbury Steak/Gravy/ Roll
Hot Ham & Cheese
Sides-Choose one or more-
Mashed Potato / Steamed Squash
Fruit / Juice variety

Breakfast-
Sausage Biscuit
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Tacos
Hot Dog
Sides-Choose one or more-
Fiesta Pinto/Cuke&Tom Salad
Fruit / Juice variety

Breakfast-
Mini Strawberry Pancake
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Rotini w / Meatsauce
Deli Sandwich
Sides-Choose one or more-
Carrots w/ Dip / Seasoned Corn
Fruit / Juice variety

THURSDAY

Breakfast-
Pancake Pup
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Oven Crispy Chicken / Rice / Roll
PB&J Sandwich
Sides-Choose one or more-
Veggie cup / Black eyed peas
Fruit / Juice variety

Breakfast-
Strbry/Cr Cheese Filled
Cereal / String Cheese
Fruit variety
Bag Lunch
Ham & Cheese Sandwich
Carrots/Celery w/Dip
Raisels
Slush

Breakfast-
Mini Maple Pancake
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Chicken Alfredo /Gar. BreadStick
Deli Sub
Sides-Choose one or more-
Veggie Cup / Steamed Broccoli
Fruit / Juice variety

Breakfast-
Blueberry Muffin/Yogurt
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Hamburger
Deli Sandwich
Sides-Choose one or more-
Spinach Salad/ Potato Triangles
Fruit / Juice variety

FRIDAY

Breakfast-
Sausage Biscuit
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Pizza Variety
Deli Sub Sandwich
Sides-Choose one or more-
Spinach Salad / Seasoned Corn
Fruit / Juice variety

District Professional Development

Breakfast-
Blueberry Muffin
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Pizza Variety
Deli Sub Sandwich
Sides-Choose one or more-
Spinach Salad / Seasoned Corn
Fruit / Juice variety

Breakfast-
Breakfast Cookie
Cereal / String Cheese
Fruit variety
Lunch Entrée'-Choose one-
Fish / Mac. & Cheese
Grilled Cheese
Sides-Choose one or more-
Cole Slaw / Green Beans
Fruit / Juice variety

MEALTIME MESSAGE

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate and Strawberry

Offered For Lunch Daily Based on Availability: Yogurt Parfait with Granola or Chef Salad Meal

School News
Monthly Birthday Celebration for January Birthdays will be on Friday, January 27, 2016

This Institution is an equal opportunity provider. Menu items subject to change based on availability.



Did you know...

On January 1, 1863, the Emancipation Proclamation was issued by Abraham Lincoln.