January 2017

Middle & High Lunch Menu

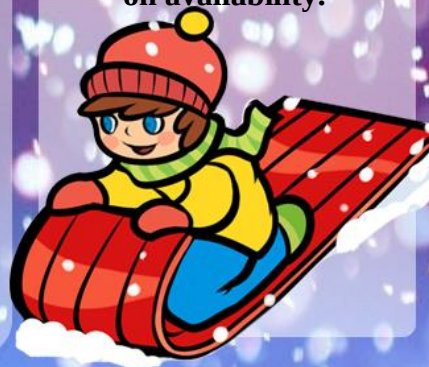
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Teacher's Work Day	**3** **Lunch Entrée'-Choose one-** Rotini w/Meatsauce Garlic Brd Stk Grilled Cheese Pizza Variety **Sides-Choose one or more-** Seasoned Broccoli Garden Salad Fruit Variety	**4** **Lunch Entrée'-Choose one-** Pancakes & Sausage Deli Sub Sandwich Pizza Variety **Sides-Choose one or more-** Sweet Potato Fries Cucumber &Tomato Salad Fruit Variety	**5** **Lunch Entrée'-Choose one-** Spicy Chicken Wrap Meatball Sub Pizza Variety **Sides-Choose one or more-** Blackeyed Peas Veggie Cup Fruit Variety	**6** **Lunch Entrée'-Choose one-** Pot. Crusted Fish / Mac.& Cheese/Roll Mozz. Italian Cheese Sticks Pizza Variety **Sides-Choose one or more-** Seasoned Corn Spinach Salad Fruit Variety
9 **Lunch Entrée'-Choose one-** Corn Dog Buffalo Chicken Flatbread Pizza Variety **Sides-Choose one or more-** French Fries Cole Slaw Fruit Variety	**10** **Lunch Entrée'-Choose one-** Beefy Lasagna Roll Garlic Brd Stk Cheeseburger Pizza Variety **Sides-Choose one or more-** Roasted Zucchini Garden Salad Fruit Variety	**11** **Lunch Entrée'-Choose one-** Salisbury Steak / Gravy / Roll Chicken Filet Pizza Variety **Sides-Choose one or more-** Mashed Potatoes Steamed Squash Fruit Variety	**12** **Bag Lunch** Ham & Cheese Sandwich Carrots/Celery w/Dip Raisels Slush	**13** **District Professional Developement**
16 **Martin Luther King Day**	**17** **Lunch Entrée'-Choose one-** Curry Chicken/ Rice / Roll Cheeseburger Pizza Variety **Sides-Choose one or more-** Seasoned Peas Fresh Sweet Potato Sticks Fruit Variety	**18** **Lunch Entrée'-Choose one-** Taco Salad Hot Dog Pizza Variety **Sides-Choose one or more-** Fiesta Pintos Cucumber &Tomato Salad Fruit Variety	**19** **Lunch Entrée'-Choose one-** Rotini w/Meatsauce Garlic Brd Stk Deli Sub Sandwich Pizza Variety **Sides-Choose one or more-** Seasoned Broccoli Veggie Cup Fruit Variety	**20** **Lunch Entrée'-Choose one-** Pot. Crusted Fish / Mac & Cheese Grilled Cheese Pizza Variety **Sides-Choose one or more-** Spinach Salad Seasoned Corn Fruit Variety
23 **Lunch Entrée'-Choose one-** Chicken Fajitas Nachos Mini Hamburger Sliders Pizza Variety **Sides-Choose one or more-** Fiesta Pintos Steamed Broccoli Fruit Variety	**24** **Lunch Entrée'-Choose one-** Popcorn Smackers / Roll Deli Sub Sandwich Pizza Variety **Sides-Choose one or more-** Green Beans Parsley Potatoes Fruit Variety	**25** **Lunch Entrée'-Choose one-** Beefy Lasagna Roll Garlic Brd Stk Spicy Chicken Wrap Pizza Variety **Sides-Choose one or more-** Seasoned Corn Veggie Cup Fruit Variety	**26** **Lunch Entrée'-Choose one-** General Tso's Chicken Rice / Roll Grilled Cheese Pizza Variety **Sides-Choose one or more-** Lima Beans Fresh Carrots & Dip Fruit Variety	**27** **Lunch Entrée'-Choose one-** Corn Dog Chicken Filet Pizza Variety **Sides-Choose one or more-** French Fries Cole Slaw Fruit Variety
30 **Lunch Entrée'-Choose one-** Popcorn Smackers / Roll Cheeseburger Pizza Variety **Sides-Choose one or more-** Blackeyed Peas Mashed Potatoes/Gravy Fruit Variety	**31** **Lunch Entrée'-Choose one-** Rotini w/Meatsauce Garlic Brd Stk Spicy Chicken Filet Pizza Variety **Sides-Choose one or more-** Steamed Broccoli Garden Salad Fruit Variety	Did you know... On January 1, 1863, the Emancipation Proclamation was issued by Abraham Lincoln.		

MEALTIME MESSAGE

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate and Strawberry

****Offered For Lunch Daily Based on Availability: PB&J Sandwich or Yogurt Parfait with Granola or Chef Salad Meal****

School News

Monthly Birthday Celebration for January Birthdays will be on Friday, Jnauary 27, 2016

This Institution is an equal opportunity provider. Menu items subject to change based on availability.