

JANUARY 2018

Elementary Breakfast & Lunch Menu

MONDAY

Witnter Break

Breakfast-
Cake Donut Ring / Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Nachos w/ Beef
Ham & Cheese Melt
Sides-Choose one or more-
Cuc. &TomSalad/Fiest.Pintos
Fruit / Juice variety

Holiday

Professional
Development Day

Breakfast-
Cherry Frudel
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Popcorn Smackers
Cougar Burger
Sides-Choose one or more-
Swt. Pot Bites/Cucumbers w/dip
Fruit / Juice Variety

TUESDAY

Breakfast-
Poptart/ Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Mand. Orange Chick / Fried Rice
PBJ Sand./Cheese
Sides-Choose one or more-
Br. Okra / Blackeyed Peas
Fruit / Juice variety

Breakfast-
Blueberry Glazed Pancakes
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Chicken Pot Pie
Hamburger on Bun
Sides-Choose one or more-
Carrots /w Dip / Green Beans
Fruit / Juice Varietv/ Cookie

Breakfast-
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Chicken Fajita Rice Bowl/Roll
Hamburger on Bun
Sides-Choose one or more-
Steamed Broccoli / Gar.Salad
Fruit / Juice Variety

Breakfast-
Cinnamon Pancake
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Country Steak Bites/Br.Rice/Gra
BBQ Pork on Bun
Sides-Choose one or more-
Green Beans /SunBelievable Ice
Fruit / Juice variety

Breakfast-
Poptart/ Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Mand. Orange Chick / Fried Rice
PBJ Sand./Cheese
Sides-Choose one or more-
Br. Okra / Blackeyed Peas
Fruit / Juice variety

WEDNESDAY

Breakfast-
Dunkin Stick/ Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Taco Salad
Deli Sandwich
Sides-Choose one or more-
Green Beans / Sunbelievable Ice
Fruit/Juice Variety

Breakfast-
Apple Frudel
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
*Country Steak Bites /Gravy / Roll
Chick Fillet
Sides-Choose one or more-
Mashed Pot / Sunbelievable Ice
Fruit / Juice Variety

Breakfast-
Donut Ring / Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Pancakes & Sausage
Chick Fillet Sandwich
Sides-Choose one or more-
Swt Pot. Puffs/Veggie Cup
Fruit / Juice variety

Breakfast-
Poptart / Yogurt
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Cheeseburger Meatloaf / Roll
Chick Fillet Sand.
Sides-Choose one or more-
Cuc/Tom Salad/ Mashed Pot/Gravy
Fruit / Juice variety

Breakfast-
Dunkin Stick/ Cheese Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Taco Salad
Deli Sandwich
Sides-Choose one or more-
Green Beans / Sunbelievable Ice
Fruit / Juice Variety

THURSDAY

Breakfast-
Cr. Cheese /Jelly Sandwich
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Chicken Alfredo/Garlic Toast
Corn Dog
Sides-Choose one or more-
Carrots & Dip / Steamed Broccoli
Fruit / Juice variety

Breakfast-
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Pasta w/ Meatsauce /Garlic Bread
Deli Sandwich
Sides-Choose one or more-
Steamed Broccoli /Veggie Cup/dip
Fruit / Juice variety

Breakfast-
Pancake Pup
Assorted Cereal Kit
Fruit variety
Lunch Entrée'-Choose one-
BBQ Pork on Rice / Roll
Hot Dog on Bun
Sides-Choose one or more-
Baked Beans/ColeSlaw
Fruit / Juice variety

Breakfast-
Pancake Pup
Assorted Cereal Kits
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Boneless Chicken Bites
Deli Sandwich
Sides-Choose one or more-
Steamed Broccoli / Carrots/dip.
Fruit / Juice variety

FRIDAY

Breakfast-
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
Chicken Filet
Sides-Choose one or more-
Garden Salad / Steamed Corn
Fruit/ Juice Variety

Breakfast-
Pizza Bagel
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
PBJ / Cheese Variety
Sides-Choose one or more-
Seasoned Corn/ Garden Salad
Fruit / Juice variety

Breakfast-
Cherry Frudel
Assorted Cereal Kit
Fruit variety
Lunch Entrée'-Choose one-
Deli Sandwich
Raisels
Italian Ice
Celery
Carrots

Breakfast-
Poptart / Yogurt Variety
Assorted Cereal Kit
Fruit /Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
Cougar Burger
Sides-Choose one or more-
Garden Salad / Seasoned Corn
Fruit / Italian Ice

Meal Time Message

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

Offered For Lunch Daily Based on Availability: Yogurt Parfait with Granola or Chef Salad Meal

School News

Monthly *Two-Bite Club "We Tried It!"

Wednesdays will be on Wednesday, January 10.

Monthly Birthday Celebration for January Birthdays will be on Friday, January 26, 2017

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

DID YOU KNOW...

JANUARY IS NAMED AFTER THE ROMAN GOD JANUS, WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS. HE LOOKED BACK TO THE LAST YEAR AND FORWARD TO THE NEW ONE.