

# JANUARY 2018

## January Middle & High Breakfast Menu

### MONDAY

1  
**Winter Break**

8  
**Breakfast-**  
Cake Donut  
CheesePortion Variety  
Cheeze-Its Variety  
Assorted Cereal Kit  
Fruit variety

15  
**Holiday**

22  
**Professional  
Development Day**

29  
**Breakfast-**  
Muffin Variety  
Yogurt Variety  
Cheeze-Its  
Assorted Cereal Kit  
Fruit variety

### TUESDAY

2  
**Breakfast-**  
Poptart , Variety  
CheesePortionVariety  
Cheeze-Its,  
Assorted Cereal Kit  
Fruit variety

9  
**Breakfast-**  
Blueberry Glazed  
Pancakes  
Poptart Variety  
Yogurt Variety  
Assorted Cereal Kit  
Fruit variety

16  
**Breakfast-**  
Muffin Variety  
Cheeze-Its  
Yogurt Variety  
Assorted Cereal Kit  
Fruit variety

23  
**Breakfast-**  
Cinnamon Pancakes  
Chocolate Chip Gripz  
Cheeze-Its  
Assorted Cereal Kit  
Fruit variety

30  
**Breakfast-**  
Poptart Variety  
CheesePortionVariety  
Cheeze-Its,  
Assorted Cereal Kit  
Fruit variety

### WEDNESDAY

3  
**Breakfast-**  
Dunkin Stick  
Cheese Portion Variety  
Graham Crackers  
Assorted Cereal Kit  
Fruit variety

10  
**Breakfast-**  
Apple Frudel  
Graham Crackers  
Cheeze-its Regular  
Assorted Cereal Kit  
Fruit variety

17  
**Breakfast-**  
Cake Donut  
Cheese Portion Variety  
Chocolate Chip Gripz  
Assorted Cereal Kit  
Fruit variety

24  
**Breakfast-**  
Poptart Variety  
Yogurt Variety  
Muffin Variety  
Assorted Cereal Kit  
Fruit variety

31  
**Breakfast-**  
Dunkin Stick  
Cheese Portion Variety  
Graham Crackers  
Assorted Cereal Kit  
Fruit variety

### THURSDAY

4  
**Breakfast-**  
Cr. Cheese &Jelly  
Sandwich / Cheese St  
Cheeze- Its  
Assorted Cereal Kit  
Fruit variety

11  
**Breakfast-**  
Muffin Variety  
Yogurt Variety  
Poptart Variety  
Assorted Cereal Kit  
Fruit variety

18  
**Breakfast-**  
Pancake Pup  
Poptart Variety  
Cheeze-Its  
Assorted Cereal Kit  
Fruit variety

25  
**Breakfast-**  
Pancake Pup  
Cheeze-Its  
Graham Crackers  
Assorted Cereal Kit  
Fruit variety

### DID YOU KNOW...

**JANUARY IS NAMED AFTER THE ROMAN GOD JANUS,  
WHO WAS ALWAYS SHOWN AS HAVING TWO HEADS.  
HE LOOKED BACK TO THE LAST YEAR AND FORWARD  
TO THE NEW ONE.**

### FRIDAY

5  
**Breakfast-**  
Muffin Variety  
Yogurt Variety  
Graham Crackers  
Assorted Cereal Kit  
Fruit variety

12  
**Breakfast-**  
Breakfast Pizza Bagel  
Cheeze-Its  
Chocolate Chips Gripz  
Assorted Cereal Kit  
Fruit variety

19  
**Breakfast-**  
Cherry Frudel  
Muffin Variety  
Yogurt Variety  
Assorted Cereal Kit  
Fruit variety

26  
**Breakfast-**  
Poptart Variety  
Yogurt Variety  
Graham Crackers  
Assorted Cereal Kit  
Fruit variety

### Meal Time Message

**Assorted Juice and Milk  
choices available daily  
for Breakfast and lunch:  
1% White, Fat Free  
Chocolate or Strawberry**

**\*\*Offered For Lunch Daily  
Based on Availability:Pbj  
Sandwich or Yogurt Parfait  
with Granola or Chef Salad  
Meal\*\***

### School News

**Monthly Birthday  
Celebration for  
January Birthdays  
will be on Friday,  
January 26 , 2018**

**Menu items subject to  
change based on  
availability**

**This Institution is an  
equal opportunity  
provider.**