

MARCH 2018

Elementary Breakfast & Lunch Menu

Monday

Did You Know...

An old proverb says, "March comes in like a lion, and goes out like a lamb," which is reference to winter ending and spring beginning. Another popular saying is "March is mad as a hare," which is a reference to the animals fighting each other.

Tuesday

Wednesday

Thursday

Friday

Breakfast- Apple / Cherry Frudel Assorted Cereal Kit Fruit / Juice Variety **5**

Lunch Entrée'-Choose one- BBQ on Rice Hot Dog on Bun

Sides-Choose one or more- Cole Slaw / Baked Beans Fruit / Juice Variety

Breakfast- Muffin / Yogurt Variety Assorted Cereal Kit Fruit / Juice Variety **6**

Lunch Entrée'-Choose one- Chicken Fajita Rice Bowl/Roll Sloppy Joe on Bun

Sides-Choose one or more- Green Beans/ Cucumbers/Dip Fruit / Juice Variety

Breakfast- Poptart / Cheese Variety Assorted Cereal Kit Fruit / Juice Variety **7**

Lunch Entrée'-Choose one- Pancakes & Sausage Chick Filet Sandwich

Sides-Choose one or more- Swt Pot. Puffs / Veggie Cup Fruit / Juice Variety

Breakfast- Pancake Pup Assorted Cereal Kit Fruit variety **8**

Lunch Entrée'-Choose one- Mand. Or. Chicken/Fried Rice Cougar Burger

Sides-Choose one or more- Gr. Peas / Broccoli/Dip Fruit / Juice Variety

Breakfast- Pizza Bagel Assorted Cereal Kit Fruit / Juice Variety **9**

Lunch Entrée'-Choose one- Pizza Variety PBJ / Cheese Variety

Sides-Choose one or more- Seasoned Corn/ Garden Salad Fruit / Juice Variety

Breakfast- Cake Donut/ Cheese Variety Assorted Cereal Kit Fruit / Juice Variety **12**

Lunch Entrée'-Choose one- Corn Dog PB&J / Cheese Variety

Sides-Choose one or more- Baked Beans / Cole Slaw Fruit / Juice Variety

Breakfast- Cinnamon Pancake Assorted Cereal Kit Fruit / Juice Variety **13**

Lunch Entrée'-Choose one- Country Steak Bites/Br.Rice/Gravy Sloppy Joe on Bun

Sides-Choose one or more- Bl.eyed Peas /SunBelievable Ice Fruit / Juice Variety

Breakfast- Muffin / Yogurt Variety Assorted Cereal Kit Fruit / Juice Variety **14**

Lunch Entrée'-Choose one- Cheeseburger Meatloaf / Cookie Cougar Burger

Sides-Choose one or more- Gr. Beans/ Mashed Pot/ Gravy Fruit / Juice Variety

Breakfast- Pancake Pup Assorted Cereal Kit Fruit / Juice Variety **15**

Lunch Entrée'-Choose one- Boneless Chicken Bites / Roll BBQ on Bun

Sides-Choose one or more- Pot. Triangles / Carrots / Dip Fruit / Juice Variety

Breakfast- Poptart / Yogurt Variety Assorted Cereal Kit Fruit / Juice Variety **16**

Lunch Entrée'-Choose one- Pizza Variety Chick Filet

Sides-Choose one or more- Spinach Salad / Seasoned Corn Fruit / Juice Variety

Breakfast- Apple / Cherry Frudel Assorted Cereal Kit Fruit / Juice Variety **19**

Lunch Entrée'-Choose one- Popcorn Smackers PB&J / Cheese Variety

Sides-Choose one or more- Swt. Pot Bites/Cucumbers w/dip Fruit / Juice Variety

Breakfast- Poptart/ Cheese Variety Assorted Cereal Kit Fruit / Juice Variety **20**

Lunch Entrée'-Choose one- Mand. Orange Chick / Fried Rice Sloppy Joe on Bun

Sides-Choose one or more- Br. Okra / Blackeyed Peas Fruit / Juice Variety

Breakfast- Dunkin Stick/ Cheese Variety Assorted Cereal Kit Fruit / Juice Variety **21**

Lunch Entrée'-Choose one- Taco Salad Deli Sandwich

Sides-Choose one or more- Green Beans / Sunbelievable Ice Fruit / Juice Variety

Breakfast- Cr. Cheese /Jelly Sandwich Assorted Cereal Kit Fruit / Juice Variety **22**

Lunch Entrée'-Choose one- Chicken Alfredo/Garlic Toast Cougar Burger

Sides-Choose one or more- Carrots & Dip / Steamed Broccoli. Fruit / Juice Variety

Breakfast- Muffin / Yogurt Variety Assorted Cereal Kit Fruit / Juice Variety **23**

Lunch Entrée'-Choose one- Pizza Variety Chicken Filet

Sides-Choose one or more- Garden Salad / Seasoned Corn Fruit/ Juice Variety

Breakfast- Cake Donut / Cheese Var. Assorted Cereal Kit Fruit / Juice Variety **26**

Lunch Entrée'-Choose one- Nachos w/ Beef PB&J / Cheese Variety

Sides-Choose one or more- Cuc. &TomSalad / FiestaPintos Fruit / Juice Variety

Breakfast- Blueberry Glazed Pancakes Assorted Cereal Kit Fruit / Juice Variety **27**

Lunch Entrée'-Choose one- Chicken Pot Pie Sloppy Joe on Bun

Sides-Choose one or more- Carrots /w Dip / Green Beans Fruit / Juice Variety/ Cookie

Breakfast- Apple / Cherry Frudel Assorted Cereal Kit Fruit / Juice Variety **28**

Lunch Entrée'-Choose one- Country Steak Bites /Gravy/ Roll Chick Filet

Sides-Choose one or more- Mashed Pot / Sunbelievable Ice Fruit / Juice Variety

Breakfast- Muffin / Yogurt Variety Assorted Cereal Kit Fruit / Juice Variety **29**

Lunch Entrée'-Choose one- Pasta w./ Meatsauce /Garlic Bread Cougar Burger

Sides-Choose one or more- Steamed Broccoli /Veggie Cup/dip Fruit / Juice Variety

Breakfast- Pizza Bagel Assorted Cereal Kit Fruit / Juice Variety **30**

Lunch Entrée'-Choose one- Pizza Variety BBQ on Bun

Sides-Choose one or more- Seasoned Corn/ Garden Salad Fruit / Italian Ice

Meal Time Message

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

Offered For Lunch Daily Based on Availability: Yogurt Parfait with Granola or Chef Salad Meal

School News

National School Breakfast Week is March 5-9, 2018

Monthly *Two-Bite Club "We Tried It!" Wednesdays will be on Wednesday, March 14, 2018.

Monthly Birthday Celebration for March Birthdays will be on Friday, March 30, 2018

Menu items subject to change based on availability

This Institution is an equal opportunity provider.