

NOVEMBER 2016 Middle & High Lunch Menu

MONDAY



Lunch Entrée'-Choose one- 7

Popcorn Smackers / Roll
Mini Hamburger Sliders
Pizza Variety
Sides-Choose one or more-
Green Beans
Mashed Potatoes
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 14

Corn Dog
Buffalo Chicken Flatbread
Pizza Variety
Sides-Choose one or more-
French Fries
Cole Slaw
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 21

Popcorn Smackers / Roll
Philly Cheese Steak Flatbread
Pizza Variety
Sides-Choose one or more-
Baby Carrots w/Dip
Green Beans
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 28

Chicken Fajitas Nachos
Mini Hamburger Sliders
Pizza Variety
Sides-Choose one or more-
Fiesta Pintos
Steamed Broccoli
Fruit Variety
Juice Variety

TUESDAY

Lunch Entrée'-Choose one- 1

Chicken Bites / Roll
Cheeseburger on Bun
Pizza Variety
Sides-Choose one or more-
Green Beans
Rosemary Garlic Potatoes
Fruit Variety
Juice Variety

8

Election Day

Lunch Entrée'-Choose one- 15

Beefy Lasagna Roll
Garlic Brd Stk
Deli Sub Sandwich
Pizza Variety
Sides-Choose one or more-
Roasted Zucchini
Garden Salad
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 22

Salisbury Steak /
Gravy / Roll
Deli Sub Sandwich
Pizza Variety
Sides-Choose one or more-
Mashed Potatoes
Steamed Squash
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 29

Popcorn Smackers / Roll
Cheeseburger
Pizza Variety
Sides-Choose one or more-
Green Beans
Roasted Garlic Potatoes
Fruit Variety
Juice Variety

WEDNESDAY

Lunch Entrée'-Choose one- 2

Tacos
Hot Ham & Cheese Melt
Pizza Variety
Sides-Choose one or more-
Veggie Cup
Seasoned Corn
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 9

Pancakes & Sausage
Hot Ham & Cheese Melt
Pizza Variety
Sides-Choose one or more-
Sweet Potato Fries
Cucumber & Tomato Salad
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 16

Curry Chicken/ Rice / Roll
Hot Dog
Deli Sub Sandwich
Pizza Variety
Sides-Choose one or more-
Seasoned Peas
Fresh Broccoli w/Dip
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 30

Rotini w/Meatsauce
Garlic Brd Stk
Deli Sub Sandwich
Pizza Variety
Sides-Choose one or more-
Seasoned Corn
Veggie Cup
Fruit Variety
Juice Variety

THURSDAY

Lunch Entrée'-Choose one- 3

Gen. Tso's Chicken
Rice / Roll
Spicy Chicken Filet
Pizza Variety
Sides-Choose one or more-
Lima Beans
Fresh Carrots & Dip
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 10

Oven Fried Chicken /
Rice / Roll
Chick Fillet Sandwich
Pizza Variety
Sides-Choose one or more-
Veggie cup
Blackeyed peas
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 17

Turkey /Dressing
Cranberry Sauce
Deli Sandwich
Pizza Variety
Sides-Choose one or more-
Green Beans
Candied Sweet Potatoes
Fruit Variety
Juice Variety

24

Thanksgiving Holiday

DID YOU KNOW?

Frozen dinners originated in 1953 when someone misjudged the number of frozen turkeys it would sell at Thanksgiving. The extra meat was repackaged and sold as a frozen meal!

FRIDAY

Lunch Entrée'-Choose one- 4

Corn Dog
Deli Sub Sandwich
Pizza Variety
Sides-Choose one or more-
Baked Beans
Cole Slaw
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 11

Pot. Crusted Fish / Mac.&
Cheese/Roll
Italian Style Mozz. Bread Sticks
Pizza Variety
Sides-Choose one or more-
Baked Beans
Veggie Cup
Fruit Variety
Juice Variety

Lunch Entrée'-Choose one- 18

Cheeseburger on Bun
Spicy Chicken Filet
Deli Sandwich
Pizza Variety
Sides-Choose one or more-
Veggie cup
Baked Beans
Fruit Variety
Juice Variety

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Thanksgiving Holiday

MEALTIME MESSAGE
Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate and Strawberry

****Offered For Lunch Daily Based on Availability: PB&J Sandwich or Yogurt Parfait with Granola or Chef Salad Meal****

School News

School News
Monthly Birthday Celebration for November Birthdays will be on Friday, November 18, 2016

This Institution is an equal opportunity provider. Menu items subject to change based on availability.