

NOVEMBER 2017

Middle School Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

American football is the main sport watched in the United States during this month.

Lunch Entrée'-Choose one- 1
 Chicken Fajita Rice Bowl / Honey Wheat Roll
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Steamed Broccoli
 Green Beans
 Sunbelievable Ice
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 2
 Boneless Chicken Bites
 Philly Cheese Steak Hoagie
 Pizza Variety
Sides-Choose one or more-
 Steamed Broccoli
 Carrots w/Dip
 Fruit / Juice Variety
 Cookie

Lunch Entrée'-Choose one- 3
 Fish Bites/ Mac&Cheese
 Cheeseburger
 Pizza Variety
Sides-Choose one or more-
 Cole Slaw
 Baked Beans
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 6
 Popcorn Smackers
 Fajita Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Roasted Sweet Potato Bites
 Green Beans
 Fruit / Juice Variety
 Cookie

Lunch Entrée'-Choose one- 7
 Spicy Sichuan Chicken
 Fried Rice
 Cougar Burger on Bun
 Pizza Variety
Sides-Choose one or more-
 Seasoned Peas
 Veggie Cup w/ Dip
 Fruit / Juice

Lunch Entrée'-Choose one- 8
 Taco Salad
 Corn Dog
 Pizza Variety
Sides-Choose one or more-
 Seasoned Corn
 Cucumber & Tomato Salad
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 9
 Chicken Alfredo / Garlic Toast
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Carrots w/ Dip
 Steamed Broccoli
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 10
 Catfish Strips / Roll
 Buffalo Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Baked Beans
 Cole Slaw
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 13
 Nachos w/Beef
 Philly Cheese Steak Flatbread
 Pizza Variety
Sides-Choose one or more-
 Fiesta Pintos
 Steamed Broccoli
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 14
 Boneless Chicken Bites
 Hot Dog on Bun
 Pizza Variety
Sides-Choose one or more-
 Breaded Okra
 Carrots w/ Dip
 Fruit / Juice Variety
 Cookie

Lunch Entrée'-Choose one- 15
 Teriyaki Beef Dippers
 Honey Wheat Roll
 Chick Fillet
 Pizza Variety
Sides-Choose one or more-
 Garden Salad
 Seasoned Corn
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 16
 Turkey / Combread Stuffing
 Gravy / Cranberry Sce. / Roll
 Deli Sandwich
 Pizza Variety
Sides-Choose one or more-
 Green Beans
 Candied Yams
 Fruit Salad / Juice Variety

Lunch Entrée'-Choose one- 17
 Chicken Fajitas
 Cougar Burger on Bun
 Pizza Variety
Sides-Choose one or more-
 Veggie Cup
 Seasoned Peas
 Fruit / Juice Variety

Fall Break 20

Fall Break 21

Fall Break 22

Fall Break 23

Fall Break 24

Lunch Entrée'-Choose one- 27
 Hot Dog
 Buffalo Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Breaded Okra
 Cucumber/Tomato Salad
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 28
 Teriyaki Beef Dippers
 Honey Wheat Roll
 Chicken Fillet
 Pizza Variety
Sides-Choose one or more-
 Mashed Potatoes / Gravy
 Garden Salad
 Fruit / Juice Variety

Lunch Entrée'-Choose one- 29
 Chicken Fajita Rice Bowl / Roll
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Green Beans
 Sunbelievable Ice
 Fruit / Juice Variety

Entrée'-Choose Lunch one- 30
 Boneless Chicken Bites
 Philly Cheese Steak Hoagie
 Pizza Variety
Sides-Choose one or more-
 Steamed Broccoli
 Carrots w/Dip
 Fruit / Juice Variety
 Cookie

Meal Time Message
MEALTIME MESSAGE
Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

****Offered For Lunch Daily Based on Availability: PBJ Sandwich or Yogurt Parfait with Granola or Chef Salad Meal****

School News
Monthly Birthday Celebration for November Birthdays will be on Friday, November 17, 2017

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

