

OCTOBER 2017

Elementary Breakfast & Lunch Menu

MONDAY

Breakfast- 2
Breakfast Bagel
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Com Dog
PBJ Sandwich
Sides-Choose one or more-
Baked Beans / Cole Slaw
Fruit / Juice variety

Breakfast- 9
Cherry Frudel
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Popcorn Smackers
Cheeseburger Meatloaf on Bun
Sides-Choose one or more-
Swt. Pot Bites / Green Beans
Fruit / Juice variety/M&M Cookie

Breakfast- 16
Donut Ring / Cheese Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Nachos w/ Beef
Ham & Cheese Melt
Sides-Choose one or more-
Cucumber & Tom Sal./Fiest.Pintos
Fruit / Juice variety

Breakfast 23
Cinnamon Cr Ch Filled Bagel
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose One
BBQ on Rice
Hot Dog on Bun
Sides-Choose one or more
Cole Slaw / Baked Beans
Fruit / Juice variety

Breakfast- 30
Dunkin Stick / Cheese Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Com Dog
PBJ / Cheese Variety
Sides-Choose one or more-
Baked Beans / Cole Slaw
Fruit / Juice variety

TUESDAY

Breakfast- 3
Muffin Variety/Yogurt Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Country Steak Bites/BrRice/Gravy
BBQ Pork on Bun
Sides-Choose one or more-
Green Beans /SunBelievable Ice
Fruit / Juice variety

Breakfast- 10
Poptart/ Cheese Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Mand. Orange Chick / Fried Rice
Crm.Che & Jelly Sand./Cheese
Sides-Choose one or more-
Br. Okra / Veggie Cup
Fruit / Juice variety

Breakfast- 17
Blueberry Glazed Pancakes
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Chicken Pot Pie
Hamburger on Bun
Sides-Choose one or more-
Carrots /w Dip / Lima Beans
Fruit / Juice variety/Oatm. Cookie

Breakfast- 24
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Chicken Fajita Rice Bowl/Roll
Hamburger on Bun
Sides-Choose one or more-
Steamed Broccoli / Gar.Salad
Fruit / Juice Variety

Breakfast- 31
Cinnamon Pancakes
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
R Chicken/ Br. Rice/Gravy
BBQ Pork on Bun
Sides-Choose one or more-
Green Beans /SunBelievable Ice
Fruit / Juice variety

WEDNESDAY

Breakfast- 4
Cinnamon Pancakes
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Cheeseburger Meatloaf
Chick Fillet Sand.
Sides-Choose one or more-
Garden Sal /Mash.Potatoes/Gravy
Fruit / Juice var./Pch CobblerBisc.

Breakfast- 11
Dunkin Stick/ Cheese Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Taco Salad
Deli Sandwich
Sides-Choose one or more-
*Fiesta Pintos /Cuke&Tom Salad
Fruit / Juice variety

Breakfast- 18
Apple Frudel
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Pasta w / Meatsauce /Garlic Toast
Hot Dog
Sides-Choose one or more-
Spinach Salad /Steamed Broccoli
Fruit / Juice variety

Breakfast- 25
Donut Ring / Cheese Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Pancakes & Sausage
Chick Fillet Sandwich
Sides-Choose one or more-
Swt Pot. Puffs/Veggie Cup
Fruit / Juice variety

THURSDAY

Breakfast- 5
Peach Cobbler Biscuit
Assorted Cereal Kits
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Boneless Chicken Wings
Grilled Cheese
Sides-Choose one or more-
Steamed Broccoli / Carrots/dip.
Fruit / Juice variety

Breakfast- 12
Cr. Cheese /Jelly Sandwich
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Chicken Alfredo/Garlic Toast
Hot Dog
Sides-Choose one or more-
Carrots & Dip / Steamed Broccoli
Fruit / Juice variety

Breakfast- 19
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Teriyaki Beef Dippers / Roll
Chick Fillet Sandwich
Sides-Choose one or more-
Tria.H Browns /SunBelievable Ice
Fruit / Juice variety

Breakfast- 26
Pancake on Stick
Assorted Cereal Kit
Fruit / Juice Variety
Bag Lunch
Deli Sandwich
Carrots/Dip
Celery / Dip
Raisels/Juice Variety
Chocolate Chip Cookie

FRIDAY

Breakfast- 6
Poptart / Yogurt Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
Cheeseburger on Bun
Sides-Choose one or more-
Side Salad / Seasoned Corn
Fruit / Juice variety

Breakfast- 13
Muffin / Yogurt Variety
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
Chicken Fillet
Sides-Choose one or more-
Veggie Cup / Steamed Corn
Fruit/Juice Variety

Breakfast- 20
Pizza Bagels
Assorted Cereal Kit
Fruit / Juice Variety
Lunch Entrée'-Choose one-
Pizza Variety
PBJ / Cheese Variety
Sides-Choose one or more-
Seasoned Corn/ Veggie Cups
Fruit / Juice variety

Teacher's Work Day 27

Message Mealtime

Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

Offered For Lunch Daily Based on Availability: Yogurt Parfait with Granola or Chef Salad Meal

School News

Monthly *Two-Bite Club "We Tried It!" Wednesdays will be on Wednesday, October 11.

Monthly Birthday Celebration for October Birthdays will be on Friday, October 20, 2017

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

DID YOU KNOW?

More US presidents have been born in October than in any other month.