

OCTOBER 2017 High School Lunch Menu

MONDAY

Lunch Entrée'-Choose one- **2**
 Corn Dog
 Honey Wheat Roll
 Buffalo Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Breaded Okra
 Cucumber Tomato Salad
 Fruit / Juice Variety
 M & M Cookie

Lunch Entrée'-Choose one- **9**
 Popcorn Smackers
 Honey Wheat Roll
 Philly Cheese Steak Flatbread
 Pizza Variety
Sides-Choose one or more-
 Sweet Potato Bites
 Green Beans
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **16**
 Nachos w/Beef
 Philly Cheese Steak Flatbread
 Pizza Variety
Sides-Choose one or more-
 Fiesta Pintos
 Steamed Broccoli
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **23**
 Popcorn Smackers
 Honey Wheat Roll
 Philly Cheese Steak
 Pizza Variety
Sides-Choose one or more-
 Blackeyed Peas
 Seasoned Potato Bites
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **30**
 Corn Dog
 Buffalo Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Baked Beans
 Cole Slaw
 Fruit / Juice Variety
 M&M Cookie

TUESDAY

Lunch Entrée'-Choose one- **3**
 Cheeseburger Meatloaf
 Honey Wheat Roll
 Chicken Filet
 Pizza Variety
Sides-Choose one or more-
 Mashed Potatoes / Gravy
 Garden Salad
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **10**
 Spicy Sichuan Chicken
 Brown Rice
 Cheeseburger Meatloaf on Bun
 Pizza Variety
Sides-Choose one or more-
 Seasoned Peas /Veggie Cup
 Fruit / Juice Variety
 Oatmeal Cookie

Lunch Entrée'-Choose one- **17**
 Boneless Chicken Bites
 Hot Dog on Bun
 Pizza Variety
Sides-Choose one or more-
 Green Beans
 Swt. Potato Fries
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **24**
 Chicken Pot Pie
 Buffalo Chicken Flatbread
 Pizza Variety
Sides-Choose one or more-
 Steamed Broccoli
 Garden Salad
 Fruit / Juice Variety
 Chocolate Chip Cookie

Lunch Entrée'-Choose one- **31**
 Teriyaki Beef Dippers
 Honey Wheat Roll
 Chicken Filet
 Pizza Variety
Sides-Choose one or more-
 Mashed Potatoes / Gravy
 Garden Salad
 Fruit / Juice Variety

WEDNESDAY

Lunch Entrée'-Choose one- **4**
 Chicken Fajita Rice Bowl / Roll
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Green Beans
 Sunbelievable Ice
 Fruit/Juice Variety

Lunch Entrée'-Choose one- **11**
 Taco Salad
 Chick Fillet on Bun
 Pizza Variety
Sides-Choose one or more-
 Seasoned Corn
 Cucumber & Tomato Salad
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **18**
 Pasta w/ Meatsauce
 Garlic Toast
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Spinach Salad
 Seasoned Corn
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **25**
 Pancakes & Sausage
 Ham & Cheese Melt
 Pizza Variety
Sides-Choose one or more-
 Sweet Potato Puffs
 Cucumber & Tomato Salad
 Fruit / Juice Variety

THURSDAY

Lunch Entrée'-Choose one- **5**
 Boneless Chicken Bites/
 Honey Wheat Roll
 Philly Cheese Steak
 Pizza Variety
Sides-Choose one or more-
 Steamed Broccoli
 Carrots w/Dip
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **12**
 Chicken Alfredo
 Garlic Toast
 BBQ Sandwich
 Pizza Variety
Sides-Choose one or more-
 Veggie cup
 Steamed Broccoli
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **19**
 Country Fried Steak Bites
 Honey Wheat Roll
 Chick Fillet Sandwich
 Pizza Variety
Sides-Choose one or more-
 Lima Beans
 Mashed Potatoes / Gravy
 Fruit / Juice Variety

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Bag Lunch
 Deli Sandwich
 Carrots / Dip
 Celery / Dip
 Raisels
 Fruit or Juice

FRIDAY

Lunch Entrée'-Choose one- **6**
 Fish Bites / Mac & Cheese
 Cheeseburger on Bun
 Pizza Variety
Sides-Choose one or more-
 Baked Beans
 Cole Slaw
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **13**
 Catfish Strips
 Honey Wheat Roll
 Spicy Chicken Wrap
 Pizza Variety
Sides-Choose one or more-
 Cole Slaw
 Baked Beans
 Fruit / Juice Variety

Lunch Entrée'-Choose one- **20**
 Broccoli & Cheddar Soup Bowl
 / Deli Sandwich
 Cheeseburger Meatloaf Sand.
 Pizza Variety
Sides-Choose one or more-
 Spinach Salad
 Seasoned Corn
 Fruit / Juice Variety

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Teachers Work Day

MEALTIME MESSAGE
Assorted Juice and Milk choices available daily for Breakfast and lunch: 1% White, Fat Free Chocolate or Strawberry

****Offered For Lunch Daily Based on Availability: PBJ Sandwich or Yogurt Parfait with Granola or Chef Salad Meal****

School News

Monthly Birthday Celebration for October Birthdays will be on Friday, October 20, 2017

Menu items subject to change based on availability

This Institution is an equal opportunity provider.

DID YOU KNOW?

More US presidents have been born in October than in any other month.