

Offer vs. Serve Policy

Colleton County School District emphasizes good nutrition and follows a meal pattern approved by the U.S. Department of Agriculture. The lunch meal consists of five food components each day: meat or meat alternate (such as cheese), vegetable, fruits, grain and milk. To minimize food waste, save money and to encourage healthy choices, we allow students to choose the foods they plan to eat. Three of the foods from the lunch group must be chosen along with either a serving of fruit or vegetable. Breakfast consists of four food items and students are required to take at least three along with a serving of fruit. We encourage students to choose all items if so desired.

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