

First Grade

Monday, May 11, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's rhyme words! Write as many words as you can that rhymes with:</p> <ul style="list-style-type: none">• hat• jet• sip• bug	<p>List some snacks that you eat. Keep a count of how many times you eat them. Create a graph showing your snack choices.</p>	<p>On a sunny day, go out in the yard first thing in the morning, lunch time, and afternoon. Write down what you notice about your shadow throughout the day.</p>	<p>Write a sentence and draw a picture about how you are feeling today.</p>	<p>Sing and dance to your favorite music for 15 minutes.</p>	<p>See how many jumping jacks you can do in one minute. Do 3 sets and see if you can improve each time.</p>

First Grade

Tuesday, May 12, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's find words about the character! Read a story of your choice. Write down the character's name and list words that describe this character. Then tell why you wrote those words about the character. (feel free to draw a picture).</p>	<p>Create a hopscotch and practice skip counting. Try different ways to arrange your hopscotch.</p>	<p>Draw a map of your house and write the name of each room.</p>	<p>Play a game with someone in your house. Talk about some ways to be a good winner or good loser.</p>	<p>Draw a Character: Choose a character in the books you are reading. Use your lines and shapes to draw what the character looks like.</p>	<p>Create a hopscotch and practice skip counting. Try different ways to arrange your hopscotch.</p>

First Grade

Wednesday, May 13, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's read! Read a story and find your favorite word and sentence from the story. Write the favorite word and sentence and tell why that word and sentence is your favorite.</p>	<p>Determine your favorite number, and come up with three reasons why it is your favorite.</p>	<p>Go out and collect what you think are earth materials. Come back inside, discuss what you found, sort, and label items. Questions to promote thinking: Why did you sort them this way? What do you notice about the objects? What does it make you wonder?</p>	<p>How would you help a friend if they are feeling sad?</p>	<p>Find 5 things in your kitchen that can be used as percussion instruments. Play them!</p>	<p>Choose any exercise you have learned in PE and do that exercise with a sibling for a count of 10.</p>

First Grade

Thursday, May 14, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's write an information book! What topic do you know a lot about? Create an informational book about your topic. Make sure you have details and illustrations in your informational book.</p>	<p>Choose a number between 1-20. Write that number at least 5 different ways. You can use digits, words, equations, tally marks, pictures, etc.</p>	<p>Talk with an adult about the rules in your house and why you must follow them.</p>	<p>Play some music and sit on the floor. Feel your heartbeat by putting your hand on your chest. Play another song and dance for the whole song. When the song is over, sit back down on the floor & feel your heartbeat with your hand on your chest again. Is your heart beating faster or slower? How do you feel after listening to the music and dancing?</p>	<p>Create something using items around your house.</p>	<p>Move for 20 minutes.</p>

First Grade

Friday, May 15, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's read! Have a family member read a story to you. Retell the story by telling the beginning, middle, and ending and give details about the story.</p>	<p>Hunt for shapes around your home or during a car ride. Create a table to keep a tally of how many shapes you find (triangles, squares, rectangles, circles, etc.)</p>	<p>Find a plant and look at the parts of the plant. Draw the plant and label the parts of the plant that you know.</p>	<p>Ask your parent what you can do to help today. It might be to clean a room or to wash dishes! Whatever you do, focus on how it feels to help and how you feel when you are finished.</p>	<p>Draw and write 5 places you can hear music.</p>	<p>Count how many sit-ups you can do in 1 minute.</p>

First Grade

Monday, May 18, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's write a story! Write a story about your favorite person. Make sure you give a reason why that person is your favorite. Make sure you have an ending to your writing piece.</p>	<p>Build a collection of 100 items. How many different ways can you sort your collection of 100?</p>	<p>Draw a picture of a family member at work. What do they do and why is it important to our community?</p>	<p>Make a poster (use notebook paper). Write across the top, "I Like Me". Across the rest of the poster, write or draw, 5 things you like about yourself. Look at it every day this week.</p>	<p>Draw a picture of you and your family doing a fun activity.</p>	<p>How many hops can you take in 1 minute? How many jumps?</p>

First Grade

Tuesday, May 19, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's read! Read for 15 minutes any book you choose.</p>	<p>Complete a 2-D jigsaw puzzle.</p>	<p>What can you do to reduce, reuse, or recycle in your home? Make a sign to tell people how to do it.</p>	<p>Write or tell a story about a person or animal who is being brave. What is this person or animal doing that shows bravery? How does this person or animal feel when being brave?</p>	<p>Listen to music and clap with the beat.</p>	<p>Do 100 jumping jacks.</p>

First Grade

Wednesday, May 20, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's read! Read a story to a family member. Describe the characters. Describe the setting. Tell the key events of the story. Why was the setting important to the story? How did the events effect the characters?</p>	<p>Play each type of game.</p> <ul style="list-style-type: none">• Board Game• Dice Game• Card Game	<p>Draw a picture of a forest and the beach. Write about how they are different.</p>	<p>Sit in a comfortable place (chair, bed, etc.). Close your eyes. Imagine that your favorite cookies are baking in the oven. Take a deep breath like you are smelling those cookies. Then blow out through your mouth all the breath like you would do if you had a hot cookie and were trying to cool it off. Do this 7 times. Notice how your body feels after you finish.</p>	<p>Using objects you can find in your yard, like leaves and sticks, create a textured drawing with rubbings.</p>	<p>Practice tying your shoes 5 times.</p>

First Grade

Thursday, May 21, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Let's write a play! From memory, write down the story using either The Three Little Bears, or The Three Little Pigs, or Little Red Riding Hood. Give family members sections of the story and have them read their part aloud. Practice reading aloud! Use your best reading aloud voice! (Remember: you don't have to have props and you don't have to memorize it!).</p>	<p>Design and build a structure with blocks. Describe how your structure looks to someone else so they can build it too. Use units of measurement.</p>	<p>Shine a light on a mirror. Notice what happens. Shine a light on a piece of paper. Notice what happens.</p>	<p>Get your favorite doll, action figure, or stuffed animal. Teach your toy how to be a good friend. Tell and show them how good friends treat each other.</p>	<p>Make a megaphone out of paper and sing a song for your family.</p>	<p>Go on a 15 minute walk with an adult.</p>

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Friday, May 22, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
Write and illustrate a story on a topic of your choice.	Choose a day and find out how long it takes an ice cube to melt at three different times of the day.	Go outside and observe what you see in the daytime sky. Draw pictures of what you see and label them.	Make a list of five things you can do to show kindness to others.	Draw a picture of your favorite toy.	Count how many pushups you can do in 1 minute.

First Grade

Monday, May 25, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Read a book. Choose one character. Draw a picture of the character and write 4 words to describe the character.</p>	<p>Draw a picture using as many shapes as you can.</p>	<p>Go outside and observe the moon. Draw what you see and write a sentence about what you noticed.</p>	<p>Make a list of five things you do well.</p>	<p>Create actions to your favorite song.</p>	<p>Count the steps from your door to your bed.</p>

First Grade

Tuesday, May 26, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Design a New Book Cover (and Write a Blurb for the Back of the Book)</p>	<p>Write your numbers 1-20. Draw pictures for each number.</p>	<p>Draw a map of your neighborhood or local community. Label the places you know and write a sentence about where you live.</p>	<p>What are some ways you can be a good friend to others?</p>	<p>Michelangelo was an Italian artist. He is famous for his painting on the ceiling of the Sistine Chapel. Let's draw as Michelangelo did. Tape a piece of paper to the bottom of a table, lay on the floor and draw a picture!</p>	<p>Go outside and play with a family member. You can throw a ball, go for a walk, or a jog.</p>

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Wednesday, May 27, 2020



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<p>Word hunt- Write the alphabet letters A – Z on a piece of paper. Go on a search using books, magazines, newspapers, etc. to find words that begin with each letter.</p>	<p>As you eat a snack, think of addition and subtraction problems you can make by grouping some of the snack items together or taking some away. Write down number sentences (5+2=7) or (6-4=2).</p>	<p>Collect some reusable materials from your home like a shoebox, plastic container, or cardboard toilet paper roll for example. Create something from these materials; illustrate your creation and label the materials you reused.</p>	<p>Make a list of five things you are thankful for.</p>	<p>Sing a familiar song like Happy Birthday, the ABC Song, or Twinkle Twinkle. Write down the words to this song on paper.</p>	<p>Play outside for 20 minutes.</p>

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Thursday, May 28, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
Listen to someone read a story. Draw your favorite part.	Get a handful of change and sort it. Which coin do you have the most of? Show an adult.	Talk with an adult about laws in our community and why we must follow them. Choose 1 law to illustrate, then write a sentence telling why it is important.	Help someone today and draw a picture of what you did.	Think about the song you wrote down yesterday. Using the same melody and rhythm, change the words to create a new song about Spring.	Jog in place for 20 seconds, do 10 chopping wood, touch toes for 10 seconds, and do 10 forward and 10 backward arm circles.

First Grade

Friday, May 29, 2020



Reading & Writing	Math	Science & Social Studies	Health & Social/ Emotional Learning	Art & Music	Physical Education
<p>Think of a topic you like (dogs, tigers, legos, rocks). Make a chart and write or draw- I see.... I think.... I wonder...</p>	<p>Start at #1. Write numbers in order as high as you can.</p>	<p>What season are we experiencing right now? Look around and think about how you can tell it is this season? What changes have you noticed in the plants around you this season? Discuss these answers with someone at home.</p>	<p>What is something you can do to cheer yourself up when you are sad?</p>	<p>Go on a nature walk in your yard or around your neighborhood with a parent or guardian. Create a picture or sculpture using leaves, sticks, flowers and other materials you found on your walk.</p>	<p>Play a song and do as many wood chops and toe touches as you can during the song.</p>