

CLEANING & STERILIZING

Influenza (Flu) virus can be killed by a two-step process. First, clean surfaces with household detergents. Second, follow with a sterilizing solution. The table below gives you directions on how to clean and sterilize to kill the flu virus.

STEP 1: CLEAN

Agent

Household Detergents:

Dishwashing liquid, laundry detergent, or hand soap.

Recommended Use

Wipe surfaces, like work desks, phones, food preparation areas, door knobs, faucets, and other frequently used items.

Precautions

Follow label warnings.



STEP 2: STERILIZE

Agent

Household Bleach:

Dilute 3/4 cup of bleach (Clorox) into one gallon of water.

Rubbing Alcohol:

(70% isopropyl alcohol or 60% ethyl alcohol)
Do not dilute; use straight from bottle.
Products with lower alcohol concentrations will **not** work.

Recommended Use

Disinfect material and areas contaminated by flu virus. Apply on smooth surfaces and other surfaces where bleach can not be used.

Precautions

Follow label warnings. Remember: Use in a well-ventilated area and wear gloves while using bleach. Do not inhale, because bleach and alcohol are flammable and toxic. Keep bleach and alcohol away from heat sources, electrical equipment, and flames. Allow surface to dry completely.

Keep bleach and rubbing alcohol away from children and pets. If swallowed, do not encourage vomiting. Call Alabama Poison Center at 1-800-462-0800.

ADPH
EMERGENCY PREPAREDNESS
Alabama Department of Public Health

www.adph.org/pandemicflu