

January 14, 2019 – Memo to Junior League Cross Country Coaches

Race Time: approximately 4:00 P.M. Place: Stone Memorial High School Junior League Cross Country Course

**Junior League Cross Country Dates:**

**March 18, Monday**

**April 1, Monday**

**April 8, Monday**

**April 11, Thursday**

NO rain dates are scheduled. A cancel is a cancel.

**Cost:**

\$75 per team (4 teams possible - 5 runners constitute a team) = \$300 per school if you have all four teams (a ribbon and number will be provided for every runner).

If your school does not support a particular grade level (ex: kindergarten, first, etc.), those runners may run unattached and pay \$12 for the season and participate as an individual.

In addition to the team fee, there will be a charge of \$12 per runner for the season. This is to be paid for your team members at the beginning of the season and will NOT be collected per race during the season. If you run a child in both junior varsity and varsity, they will need to pay \$22 for the two teams. It is not a guarantee that we will be able to run all four races. If cancellations occur, it will be issues beyond our control, such as lightning. The last day to register your runners without a late fee is February 28.

We *will* take late registered runners; however, a late runner registered after February 28th will be charged the original \$12 plus a late fee of \$10. It is extremely difficult for us to continually add runners once the season has started.

Please have your checks written to:

**Cumberland County Junior League Cross Country,**

and send them to Vicki Mackzum, at South Cumberland Elementary School We cannot accept checks written any other way. DO NOT make the checks out to an individual.

6 - 8 (2 miles)

\*Varsity Boys

\*Varsity Girls

K - 5 (1 mile)

\*Junior Varsity Boys

\*Junior Varsity Girls

**Rosters** must be faxed or emailed to Vicki Mackzum at South Cumberland Elementary ASAP. (vmackzum@ccschools.k12tn.net)

**Practice** on the SMHS course, must be cleared. Your contact person is Lance Kennedy ([lance.kennedy@ccschools.k12tn.net](mailto:lance.kennedy@ccschools.k12tn.net)) to schedule practice times. We CANNOT interfere with any other SMHS sports. Stone Memorial High School has been very helpful to us in allowing the program to run on the campus.

**Division of Schools:** Our schools are divided into two groups based on population. The small schools will be designated as “Division A” and the larger schools will be designated as “Division AA”. Please find your category below:

A	AA
Brown.	Homestead
Crab Orchard	Martin
Pine View	North
Pleasant Hill	South
Christian Academy	Stone
Crossville Christian	

**Awards:**

During the season, the schools will be competing for first, second, or third place trophies within their category (A or AA). This will allow two firsts, two seconds, and two thirds. In addition we will be awarding a trophy to the overall winning school from both “A” and “AA” combined. The trophy will remain at the winning school. Whichever category the Grand Champion comes from, the next team in line will take first place and so forth, down the line to third place.

*Please check the results after each race. If there is a problem or a question about a result, each coach will have one week after the results are posted or until the next race (whichever comes first) to report the problem to Vicki Mackzum. If nothing is reported within that time period, no changes will be made to any result.*

**Individual Runner Awards**

As in years past, place ribbons for each race will be awarded to the top runners. The remaining runners in each race will receive a participation ribbon.

The individual final awards for the season will be the top 20 runners from each category (this is NOT based on either “A” or “AA” but is based on individual performance only and will have nothing to do with the school competition.

There will be a Grand Champion and a Runner-Up from each division (junior varsity girls, junior varsity boys, varsity girls, and varsity boys).

Use the email address and phone number listed for contacts. It will be difficult for us to call you during the school day; we all teach as well. Leave a message or better yet, EMAIL us.

vmackzum@ccschools.k12tn.net (Vicki Mackzum – registration of teams, practices, course, problems, timing, numbers, registration, results, course issues) 931-788-6713

Thank you and best of luck in your training,  
Vicki Mackzum, and Louie DeLorenzo

NOTE: Cross Country generally does not cancel due to rain. As many of you already realize, the course may be very wet. We will be running the race regardless of temperature, wet conditions, snow, rain, etc. (Keep in mind that we are responsible for the condition of the course after the race, so this could also be a determining factor). If there is lightning the race will be postponed for thirty minutes and then called if the lightning persists.