

# FEBRUARY 2019

# Cushing Lunch

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

## DID YOU KNOW...

THE ROMAN MONTH FEBRUARIUS WAS NAMED AFTER THE LATIN TERM FEBRUUM, WHICH MEANS PURIFICATION, VIA THE PURIFICATION RITUAL FEBRUA HELD ON FEBRUARY 15 (FULL MOON) IN THE OLD LUNAR ROMAN CALENDAR.

**4**  
Corndog  
Or  
Oven Roasted Chicken  
W/Roll  
Tater Tots  
Broccoli  
Baked Beans  
Apple-Pineapple D'Lite  
Milk

**5**  
Nachos Grande  
Or  
Taco Soup  
Beans  
Salsa  
Cucumber Slices  
Peaches  
Milk

**6**  
Chicken Sandwich  
Or  
X-Treme Burrito  
Oven Fries  
Corn  
Salsa  
Fresh Veggie Cup  
Mandarin Oranges  
Milk

**7**  
Asian Bowl  
Or  
Hamburger Steak  
W/Biscuit  
Roasted Potatoes  
Garden Salad  
Fruity Gelatin  
Milk

**1**  
Pulled Pork Sliders  
Or  
Chicken Parmesan  
Coleslaw  
Green Beans  
Garden Salad  
Pineapple  
Milk

**8**  
Pizza  
Or  
Grilled Cheese/Turkey &  
Cheese Sandwich  
W/Multigrain Chips  
Carrot Coins  
Crunchy Broccoli Salad  
Fresh Seasonal Fruit  
Milk

**11**  
Country Fried Steak  
Or  
Cheeseburger Meatloaf  
Mashed Potatoes  
Okra  
Roll  
Strawberries  
Milk

**12**  
Meat & Cheese Chalupa  
Or  
Enchiladas  
Salsa  
Beans  
Zesty Cucumbers  
Rosy Applesauce  
Milk

**13**  
Chicken Tenders  
W/Biscuit  
Or  
Hamburger/Cheeseburger  
Broccoli  
Sweet Potato Fries  
Mixed Fruit  
Milk

**14**  
Chicken Spaghetti  
W/Breadstick  
Or  
Pizza  
Garden Salad  
Carrots  
Apple Slices  
Milk

**15**  
Shrimp Poppers / Fish  
Sticks  
Or  
BBQ on a Bun  
Coleslaw  
Savory Green Beans  
Orange Smiles  
Milk

**18**  
Texas Basket  
Or  
Hamburger/Cheeseburger  
Oven Fries  
Fresh Veggie Cup  
Mixed Fruit  
Milk

**19**  
Tex-Mex Stack  
Or  
Chicken Fajitas  
Beans  
Tiny Tomato Cup  
Salsa  
Spanish Rice (HS ONLY)  
Peaches  
Milk

**20**  
Chicken Alfredo  
W/Breadstick  
Or  
Pizza Pocket  
Tuscan Vegetables  
Garden Salad  
Marinara Sauce  
Hot Cinnamon Apples

**21**  
Ranchero Wrap  
Or  
Country Pot Pie  
Broccoli  
Fresh Veggie Cup  
Snowball Salad  
Milk

**22**  
Bearkat Chicken Bowl  
Or  
Breaded Pork Chop  
Mashed Potatoes  
Savory Green Beans  
Apple Slices  
Rolls  
Milk

**25**  
Enchiladas  
Or  
Taqitos  
Beans  
Corn  
Salsa  
Fresh Fruit  
Milk

**26**  
Meatball Sub Sandwich  
Or  
Chili Cheese Combo  
Tater tots  
Fresh Veggie Cup  
Mixed Fruit  
Milk

**27**  
Chicken Nuggets  
W/ Macaroni & Cheese  
Or  
Asian Stir Fry  
Savory Green Beans  
Garden Salad  
Strawberries  
Milk

**28**  
Pizza  
Or  
Fiesta Bowl  
Corn  
Tiny Tomato Cup  
Fruity Gelatin  
Milk

## A La Carte

Elementary  
Breakfast \$1.50  
Lunch \$2.25

Milk/Juice \$.50

Sm Snack \$.45

JHHS

Breakfast \$1.50

Lunch \$2.25

Powerade \$1.25

Water \$1.25

Chips \$.75 Carte Items  
Here

## School News

STUDENTS HAVE A  
CHOICE OF MILK  
EVERYDAY.

\* NOTICE: MENUS ARE  
SUBJECT TO CHANGE  
WITHOUT NOTICE  
DEPENDING ON THE  
AVAILABILITY OF  
PRODUCTS

## Reduced

Breakfast(20)\$6.00

Lunch(20)\$8.00

Breakfast & Lunch (20)\$14.00

## Full Paid

Breakfast (20) \$30.00

Lunch(20) \$45.00

Breasfast & Lunch(20) \$75.00

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202)