



STUDENT SUPPORT SERVICES

Alabama Southern Community College

Newsletter
Fall 2013-14

FALL TRANSFER TRIPS

One of the goals of the Student Support Services program is to encourage students to continue their education at a four-year college or university after graduation from Alabama Southern Community College. The SSS staff provides resources necessary to help students achieve this goal. The staff helps students with the application process, financial aid applications and scholarships.

Many students have found that choosing a four-year transfer institution is not an easy decision. Transfer trips provide

students the opportunity to see and tour many different campuses; talk with instructors, advisors and students about each institution; and obtain necessary forms and applications to start the transfer process. The trips help the students find a school that meets their educational, financial and personal needs.

Several students participated in the following transfer trips this fall:

- *Huntington College
- *Troy University
- *University of West Alabama
- *Samford University

Transfer Tips

- *File the Federal Application for Federal Student Aid (FAFSA)!
- *Start your transfer plans early.
- *Apply for transfer scholarships.
- *Check out the majors offered at four-year institutions.
- *Ask questions - lots of them!





SSS Participants Visit the Alabama State Capitol

In addition to transfer trips, SSS participants are also afforded the opportunity to take cultural enrichment trips. These trips are to expose the students to people, places and things that they would not experience otherwise.



If you sometimes encounter stress in your life, stop by SSS and read the ***Don't Get Angry: Stress Management Tips*** bulletin board. Tips include:

- Write about things that are bothering you
- Meditate so that you are able to focus on things that are currently happening
- Read
- Exercise
- Let your feelings out by talking, laughing or crying
- Do something you enjoy

Thank you, Artisha Rudolph, for creating an awesome piece of work for SSS!



Congratulations to the Monroeville and Thomasville Student Support Services SGA Senators

Monroeville

Sophomore Senators: Conner Cole

Freshman Senators: Kiyana Mobley,
Marissa Murphy and Demetrius Thomas

Thomasville

Sophomore Senators: Latifah Dennis,
Kaneisha Martin, Sheldon Martin and
Nikki Pearson

Freshman Senators: Kierston Allen, Kran-
isha Boswell, Xiang Chen, Alexandria
Foxy, Cinnamon Rodgers and Jasmine
Ruffin



*“The final test of a leader is that he leaves behind him in
other men the conviction and will to carry on.”*

~ Walter J. Lippmann



The SSS Students/Staff Holiday Family Traditions



“During the Christmas holidays, we play Dirty Santa, open one gift on Christmas Eve, eat breakfast together Christmas morning and tell what we are thankful for as we are opening gifts.”

- Amber Fox

“Because my dad has to work on Christmas, we sometimes open gifts at one or two in the morning so we can be together as a family.”

- Alexis Bryant

“My family’s holiday tradition is very simple. We get up and share gifts and then I go from house to house between my family and friends just “kicking it”.”

- Iris Young



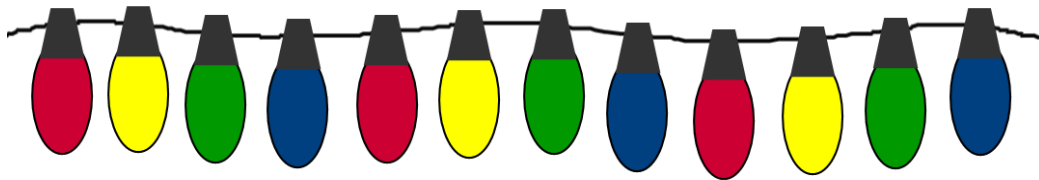
“I am so lazy during my holiday break. I change my pajamas everyday and do absolutely nothing. However; I do enjoy going to my sister’s house to watch her children open their gifts. Oh, the joys of being a child.”

- Kiki Moore
Director



“My family and I go to church to be a part of the Christmas program.”

- Jonathan Cowan



Happy Holidays!

From Student Support Services

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