



## STUDENT SUPPORT SERVICES

Alabama Southern Community College

Newsletter

Fall 2015-16

### FALL TRANSFER TRIPS

One of the goals of the Student Support Services program is to encourage students to continue their education at a four-year college or university after graduation from Alabama southern Community College. The SSS staff provides resources necessary to help students achieve this goal. The staff helps students with the application process, financial aid applications and scholarships.

Many students have found that choosing a four-year transfer institution is not an easy decision. Transfer trips provide

students the opportunity to see and tour many different campuses, talk with instructors, advisor, and students about each institution, and obtain necessary forms and applications to start the transfer process. The trips help the students find a school that meets their educational, financial and personal needs.

Several students participated in the following transfer trips this fall:

- University of South Alabama
- Samford University



University of South Alabama



Samford University

#### Students Making a Difference

Tutoring is one of the primary services offered by SSS. Tutoring is challenging, yet rewarding for both the tutor and the tutee. To be a good tutor, one must be patient, knowledgeable in the subject matter, prepared, and punctual. To be a good tutee, one must be dedicated and have the desire to learn.

So many students struggle in the classroom and become

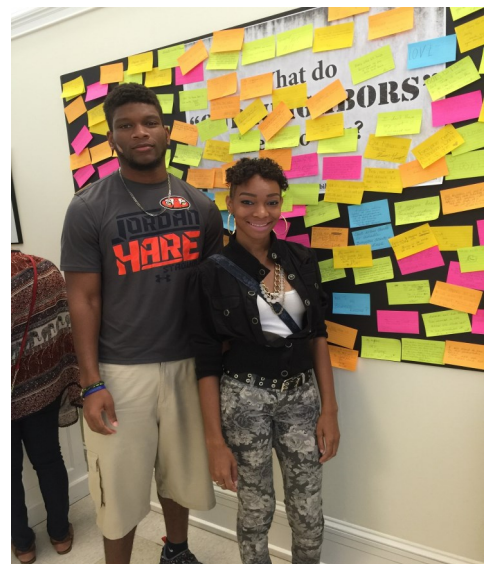
classroom and become discouraged, which tends to cause them to give up. The SSS Tutorial Program gives these students the opportunity to succeed in the classroom by providing one-on-one tutoring.

Alabama Southern now offers an alternative to face-to-face tutoring through Smarthinking which is an online tutoring service.



## SSS Participants Visit the Museum of Mobile

In addition to transfer trips, SSS participants are also offered the opportunity to take cultural enrichment trips. These trips are to expose the students to people, places, and things that they would not experience otherwise.



## Crunch Time – Finals, Studying, and What You Need To Know to Pass

### ⇒ **Don't panic.**

The first thing you should do is to check what the final is worth in each course. Remember, it is only one component of your final grade. If it is worth 20% or less, you probably won't be able to bring your final grade up or down by more than one grade level (e.g., B to B+), unless you perform extremely better or worse than you have on other exams and assignments during the semester.

### ⇒ **Don't be too relaxed.**

On the other hand, you should try to do as well on the final as you possibly can. Furthermore, sometimes the final is a big part of your final grade, in which case it is more likely to make a significant difference in your final average. It is better not to go into the final with the idea, "I just need to get x number of points to keep my B (or whatever it is) average."

### ⇒ **Use an effective study method.**

The key to effective retention is repetition, and not overloading your brain. Whatever you do, don't do it all in one long cramming session.

### ⇒ **Get enough sleep.**

Don't pull an "all nighter." You will do better if you are rested, and cramming often leads to a superficial and confused knowledge of the material you have studied.

### ⇒ **Resist the urge to party on "off" days.**

Instead, if you have a break in your exam schedule, use it to get a head start on the exams coming up.

### ⇒ **Arrive on time for the exam.**

Be especially careful about setting your alarm the night before. Save yourself the anxiety and embarrassment of arriving late.

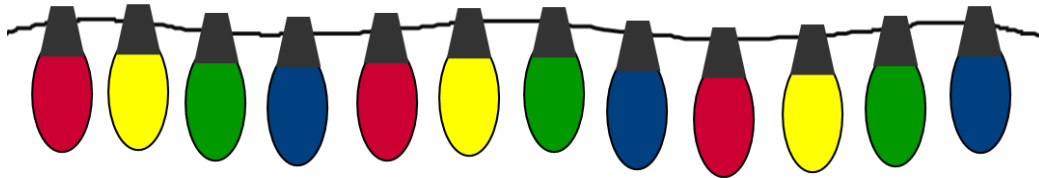
### ⇒ **Follow the rules of good exam taking.**

### ⇒ **Don't worry about others finishing earlier than you.**

Take the time YOU need.

<http://www.vpul.upenn.edu/shs/finals.php>





# Happy Holidays!

From  
Student Support Services

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