

DMS February

Monday

Tuesday

Wednesday

Thursday

Friday

Jan 29- Feb 2

Mac & Cheese
or Steak Tenders
or PBJ
with
Pinto Beans
Corn Bread
Broccoli & Cheese
Fruit of the Day
Milk of Choice

Sweet & Sour Chicken
or Mini Corn Dogs
or PBJ
with
Egg Roll
Roasted Mixed Vegetables
Fruit of the Day
Milk of Choice

Hamburger/ Cheese
or Hot Dog
or PBJ
with
Baked Chips
Veggie Dippers
Baked Beans
Fruit of the Day
Milk of Choice

Beef Enchilada Pasta
or Pepperoni Pizza
or PBJ
with
Side Salad
Buttered Corn
Fruit of the Day
Milk of Choice

Fun Day
Chicken Nuggets
with
Smiley Fries
Carrot Packs
Apple Slices
Milk of CHioce

Feb 5-9

Creamy Chicken & Rice
or Salisbury Steak
or PBJ
with
Mashed Potatoes
Green Beans
Dinner Roll
Fruit of the Day
& Milk of Choice

Beef & Cheese Nachos
or Chicken & Cheese Nachos
or PBJ
with
Salsa, Refried Beans
Veggie Dippers
Trimming
Fruit of the Day
Milk of Choice

Bosco Cheese Sticks
or Chicken Tenders
or PBJ
with
Ranch Potatoes
Broccoli/Cauliflower
Dinner Roll
Fruit of the Day
Milk of Choice

Grilled Cheese
or PBJ
with
Chili
Crinkle Fries
Veggie Cups
Fruit of the Day
Milk of Choce

Brunch!
Sausage & Biscuit
or Chicken & Biscuit
with
Batter Bites
Juice
Scrambled Eggs
Gravy
Fruit of the Day
Milk of Choce

Feb 12-16

Meatloaf
or Popcorn Chicken
or PBJ
with
Mashed Potatoes
Green Beans
Dinner Roll
Fruit of the day
Milk of Choice

Turkey Sandwich
or Ham Sandwich
or PBJ
with
Baked Chips
Trimming
Carrot Dippers
Broccoli Dippers
Fruit of the Day
Milk of Choice

Chicken Nuggets
with
Mashed Potatoes
Buttered Corn
Dinner Roll
Oreo Pudding
Fruit of the Day
Milk of Choice

Mac & Cheese
or Steak Tenders
with
Pinto Beans
Roasted Carrots
Corn Bread
Fruit of the Day
Milk of Choice

Hamburger/Cheese
or Grilled Chicken Sandwich
Or PBJ
with
Smiley Fries
Baked Beans
Trimming
Treat
Trimming

Feb 20-23

Beef Taco
or Chicken Taco
or PBJ
with
Chips & Salsa
Refried Beans
Trimming
Fruit of the Day
Milk of Choice

Grilled Cheese
or PBJ
with
Vegetable Soup
Tri Taters
Fresh Veggie Dippers
Fruit of the Day
Milk of Choice

Spaghetti & Garlic Bread
or Bosco Cheese Sticks
with
Side Salad
Buttered Corn
Fruit of the Day
Milk of Choice

BBQ Meatballs
or Chicken Nuggets
or PBJ
with
Mashed Potatoes
Green Beans
Dinner Roll
Fruit of the Day
Milk of Choice

Remember to build your tray the correct way: Select at least 3 items and make of them a fruit or veggie!

This institution is an equal opportunity provider