

Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK ROSY APPLESAUCE
Dec - 4 CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS FRUIT,FRESH ASSORTED KETCUP/HEINZ/LOW SODIUM MILK	Dec - 5 HAMBURGER STEAK IN GRAV WHIPPED POTATOES CARROTS FRUIT,FRESH ASSORTED MILK	Dec - 6 HAM AND CHEESE ON BUN/C FRUIT,FRESH ASSORTED MILK	Dec - 7 MACARONI AND CHEESE FRUIT CUP, CANNED & FRES MILK GREEN BEANS, SEASONED	Dec - 8 PIZZA, CHEESE/THE MAX MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK
Dec - 11 SPAGHETTI SAUCE W/ MEAT CORN,CANNED BREADSTICKS, WHOLE WHEA MILK FRUIT,FRESH ASSORTED	Dec - 12 CHEESEBURGE MEATLOAF LIMA BEANS, FROZEN FRUIT,FRESH ASSORTED MILK	Dec - 13 CHICKEN FILLET ON BUN LETTUCE & TOMATO SUCCOTASH KETCUP/HEINZ/LOW SODIUM MILK FRUIT,FRESH ASSORTED	Dec - 14 TURKEY AND DRESSING SUP HAM WHIPPED POTATOES SWEET POTAOES, CANNED BROWN RICE, UNCLE BEN'S CRANBERRY SAUCE WHEAT ROLL/PARKERHOUSE FRUIT CUP, CANNED & FRES MILK CUPCAKE/CHOCOLATE CUPCAKE/WHITE 100% FRUIT JUICE	Dec - 15 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN MILK FRUIT,FRESH ASSORTED
Dec - 18 BEEF A RONI LIMA BEANS, FROZEN FRUIT,FRESH ASSORTED MILK	Dec - 19 MANAGER'S CHOICE	Dec - 20 HOLIDAY	Dec - 21 HOLIDAY	Dec - 22 HOLIDAY
Dec - 25 HOLIDAY	Dec - 26 HOLIDAY	Dec - 27 HOLIDAY	Dec - 28 HOLIDAY	Dec - 29 HOLIDAY

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.