

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1  PIZZA, WW STUFFED CRUST CHICKEN POT PIE CHEF SALAD W/ HAM BISCUIT/MINI WHOLE GRAIN TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK ROSY APPLESAUCE FRUIT,FRESH ASSORTED
Dec - 4  TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PIZZA,WG BARBECUE CHICK	Dec - 5  HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK TACO PIE	Dec - 6  CHICKEN ALA KING SLOPPY JOE ON A BUN BAKED BEANS, BUSH'S SQUASH,SUMMER BISCUIT/MINI WHOLE GRAIN 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM BROWN RICE, UNCLE BEN'S PIZZA, MAX STIX CHILLED FRUIT COCKTAIL FRUIT,FRESH ASSORTED	Dec - 7  CHEESEBURGE MEATLOAF TOSSED SALAD W/ DRESSIN LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK HAM AND CHEESE ON BUN/C	Dec - 8  PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK VEGETABLE LASAGNA DINNER ROLL CANDY APPLE SLICES CANDIED CARROTS CHOCOLATE CHIP COOKIE FRUIT,FRESH ASSORTED
Dec - 11  CHICKEN AND NOODLE SOUP CHEDDAR GOLDFISH CRACKE BBQ PORK /TOMATO BASE O SAVORY PEAS 100% FRUIT JUICE TOMATOES,FRESH,RED RIPE RANCH DRESSING-LF CHILLED PINEAPPLE TIDBIT MILK NACHOS WITH GROUND BEE FRUIT,FRESH ASSORTED	Dec - 12  CHICKEN FILLET ON BUN RED RICE AND SAUSAGE LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK 100% FRUIT JUICE HAMBURGER ON WHOLE WH FRUIT,FRESH ASSORTED	Dec - 13  BEEF A RONI CHICKEN TETRAZZINI LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK CHEESEBURGER ON BUN LETTUCE & TOMATO KETCUP/HEINZ/LOW SODIUM MUSTARD	Dec - 14  TURKEY AND DRESSING SUP HAM WHIPPED POTATOES SWEET POTAOES, CANNED BROWN RICE, UNCLE BEN'S CRANBERRY SAUCE WHEAT ROLL/PARKERHOUSE FRUIT CUP, CANNED & FRES MILK CHRISTMAS COOKIE 100% FRUIT JUICE	Dec - 15  PIZZA, WW STUFFED CRUST CHICKEN POT PIE CHEF SALAD W/ HAM BISCUIT/MINI WHOLE GRAIN TOSSED SALAD W/ DRESSIN 100% FRUIT JUICE MILK ROSY APPLESAUCE FRUIT,FRESH ASSORTED

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 18  CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S LETTUCE & TOMATO PEACHES, FROZEN, INDV. SE MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PIZZA W/ SAUSAGE & TVP MAYONNAISE, FAT FREE 100% FRUIT JUICE FRUIT,FRESH ASSORTED	Dec - 19  MANAGER'S CHOICE	Dec - 20  HOLIDAY	Dec - 21  HOLIDAY	Dec - 22  HOLIDAY
Dec - 25  HOLIDAY	Dec - 26  HOLIDAY	Dec - 27  HOLIDAY	Dec - 28  HOLIDAY	Dec - 29  HOLIDAY

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