

Monday	Tuesday	Wednesday	Thursday	Friday
				Dec - 1  PIZZA, WW STUFFED CRUST CHEF SALAD W/ HAM SALTINES, WHOLE GRAIN TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Dec - 4  TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 5  HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 6  HAM AND CHEESE ON BUN/C FRUIT,FRESH ASSORTED STRING CHEESE, MOZZAREL PEANUT BUTTER AND JELLY MILK	Dec - 7  CHEESEBURGE MEATLOAF TOSSED SALAD W/ DRESSIN LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 8  PIZZA W/ SAUSAGE & TVP TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Dec - 11  CHICKEN NOODLE SOUP FOR CHEDDAR GOLDFISH CRACKE BBQ PORK /TOMATO BASE O SAVORY PEAS 100% FRUIT JUICE TOMATOES,FRESH,RED RIPE RANCH DRESSING-LF CHILLED PINEAPPLE TIDBIT MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 12  CHICKEN FILLET ON BUN RED RICE AND SAUSAGE/k-8 LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Dec - 13  BEEF A RONI CHICKEN TETRAZZINI, K-8 LIMA BEANS, FROZEN BROCCOLI FRESH RANCH DRESSING-LF FRUIT,FRESH ASSORTED BISCUIT/MINI WHOLE GRAIN MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 14  TURKEY AND DRESSING SUP HAM WHIPPED POTATOES SWEET POTAOES, CANNED BROWN RICE, UNCLE BEN'S CRANBERRY SAUCE WHEAT ROLL/PARKERHOUSE FRUIT CUP, CANNED & FRES MILK CHRISTMAS COOKIE 100% FRUIT JUICE	Dec - 15  PIZZA W/ SAUSAGE & TVP TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Dorchester School District 4

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 18  CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S FRENCH FRIES LETTUCE & TOMATO CHILLED PEACHES MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Dec - 19  MANAGER'S CHOICE	Dec - 20  HOLIDAY	Dec - 21  HOLIDAY	Dec - 22  HOLIDAY
Dec - 25  HOLIDAY	Dec - 26  HOLIDAY	Dec - 27  HOLIDAY	Dec - 28  HOLIDAY	Dec - 29  HOLIDAY

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