

Dorchester School District 4
002 - WILLIAMS MEMORIAL ELEMENTARY

Oct 29,
2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 POP TART LOW FAT FROSTED POP TART/LOW FAT STRAWB STRAWBERRY APPLESAUCE C 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK	Nov - 2 FRENCH TOAST STICKS ASSORTED CEREAL MANDARIN ORANGES FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK
Nov - 5 GRILLED CHEESE SANDWICH ASSORTED CEREAL PEACHES, FROZEN, INDV. SE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 6 ELECTION DAY , NO SCHOOL	Nov - 7 CHICKEN BISCUIT ASSORTED CEREAL MILK MANDARIN ORANGES FRUIT,FRESH ASSORTED 100% FRUIT JUICE	Nov - 8 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW ASSORTED CEREAL APPLESAUCE,UNSWEETENED FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 9 ASSORTED CEREAL KELLOG'S CRUNCHMANIA FR YOGURT, DANNON, LF, STRA SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK
Nov - 12 MINI CINNAMON ROLLS TURKEY SAUSAGE ROLL ASSORTED CEREAL STRAWBERRY CUP, COMMOD FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 13 WG PANCAKE W/ SAUSAGE ASSORTED CEREAL SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 14 ASSORTED CEREAL ANIMAL CRACKERS CHOCOLATE BEAR GRAHAMS STRING CHEESE, MOZZAREL MIXED FRUIT CUP FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 15 SAUSAGE BISCUIT SCRAMBLED EGGS HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK KETCUP/HEINZ/LOW SODIUM	Nov - 16 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT HONEY BUN ASSORTED CEREAL STRING CHEESE, MOZZAREL GRAHAM CRACKERS APPLE SLICES W/ CINNAMON FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK
Nov - 19 DUTCH WAFFLES ASSORTED CEREAL YOGURT, DANNON, LF, STRA KELLOG'S CRUNCHMANIA FR SIDEKICKS/FROZEN JUICE 100% FRUIT JUICE MILK	Nov - 20 FISH STICKS GRITS W/ BUTTER ASSORTED CEREAL 100% FRUIT JUICE APPLESAUCE,SWEETENED MILK KETCUP/HEINZ/LOW SODIUM	Nov - 21 THANKSGIVING BREAK	Nov - 22 THANKSGIVING BREAK	Nov - 23 THANKSGIVING BREAK

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26 FRUDEL APPLE FILLED ASSORTED CEREAL CHILLED FRUIT COCKTAIL FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 27 BLUEBERRY MUFFIN APPLE MUFFIN ASSORTED CEREAL PEARS, DICED IN JUICE CUP FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 28 HAM & CHEESE BISCUIT/WG ASSORTED CEREAL SIDEKICKS/FROZEN JUICE FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK	Nov - 29 POP TART LOW FAT FROSTED POP TART/LOW FAT STRAWB STRAWBERRY APPLESAUCE C 100% FRUIT JUICE FRUIT,FRESH ASSORTED MILK	Nov - 30 FRENCH TOAST STICKS ASSORTED CEREAL MANDARIN ORANGES FRUIT,FRESH ASSORTED 100% FRUIT JUICE MILK

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