

Dorchester School District 4
007 - HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Feb - 2 CHOCOLATE BEAR GRAHAMS YOGURT, DANNON, LF, STRA MILK BANANAS
Feb - 5 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMODO	Feb - 6 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Feb - 7 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT,FRESH ASSORTED	Feb - 8 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK	Feb - 9 FISH STICKS 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM
Feb - 12 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Feb - 13 FRENCH TOAST STICKS MILK MANDARIN ORANGES	Feb - 14 DUTCH WAFFLES 100% FRUIT JUICE MILK	Feb - 15 ASSORTED CEREAL APPLE SLICES W/ CINNAMON MILK 100% FRUIT JUICE	Feb - 16 CHICKEN BISCUIT 100% FRUIT JUICE MILK
Feb - 19 HOLIDAY	Feb - 20 SAUSAGE PATTIE 100% FRUIT JUICE MILK	Feb - 21 MINI CINNAMON ROLLS 100% FRUIT JUICE MILK STRAWBERRY CUP, COMMODO	Feb - 22 ASSORTED CEREAL MILK BANANAS	Feb - 23 DONUT HOLE GLAZED 100% FRUIT JUICE MILK
Feb - 26 POP TART/LOW FAT STRAWB POP TART/ BROWN SUGAR CI 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Feb - 27 SAUSAGE BISCUIT 100% FRUIT JUICE MILK	Feb - 28 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.