

Dorchester School District 4

006 - HES / HRM

Dec 17,
2018

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 CHRISTMAS HOLIDAY BREAK	Jan - 2 CHRISTMAS HOLIDAY BREAK	Jan - 3 CHRISTMAS HOLIDAY BREAK	Jan - 4 CHRISTMAS HOLIDAY BREAK
Jan - 7 CHRISTMAS HOLIDAY BREAK	Jan - 8 HAMBURGER STEAK IN GRAV WHIPPED POTATOES HOT TURKEY AND CHEESE O BUN BREADSTICKS, WHOLE WHEA CARROTS MIXED VEGETABLES FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 9 SLOPPY JOE ON A BUN CHICKEN STIR FRY BAKED BEANS, BUSH'S SQUASH,SUMMER BISCUIT/MINI WHOLE GRAIN 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM BROWN RICE, UNCLE BEN'S PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 10 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 11 TACOS CHICKEN NUGGETS BREADE FRENCH FRIES ASPARAGUS WHOLE GRAIN DINNER ROLL FRUIT,FRESH ASSORTED TACO SAUCE HONEY MUSTARD KETCUP/HEINZ/LOW SODIUM 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL
Jan - 14 HOT DOG W/ WG BUN CHILI FOR HOT DOGS SPAGHETTI SAUCE W/ MEAT CORN,CANNED MIXED VEGETABLES APPLE CRISP 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 15 BBQ RIB PATTY MANDARIN ORANGE CHICKE ASIAN STIR FRIED RICE TURNIP GREENS ROLL,HONEY WHEAT RANCH CUCUMBER,RAW FIELD PEAS W/ SNAPS CRAISINS MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 16 BARBECUE CHICKEN MACARONI AND CHEESE FRUIT CUP, CANNED & FRES BROWN RICE, UNCLE BEN'S MILK 100% FRUIT JUICE ROLL,HONEY WHEAT RANCH BROCCOLI SALAD PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 17 PIZZA, WW STUFFED CRUST CORN DOG TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 18 Teacher Work Day

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 21 MLK Holiday	Jan - 22 CORN DOG HAMBURGER ON WHOLE WH BAKED BEANS, BUSH'S FRENCH FRIES LETTUCE & TOMATO CHILLED PEACHES MUSTARD KETCUP/HEINZ/LOW SODIUM MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 23 VEGTABLE SOUP W/ BEEF CHEDDAR GOLDFISH CRACKE CHEESEBURGER ON BUN PEARS CARROTS LETTUCE & TOMATO TURNIP GREENS MILK WHOLE WHEAT SUGAR COOK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 24 PIZZA/WG PEPPERONI WEDG TOSSED SALAD W/ DRESSIN CHEF SALAD W/ HAM PRETZELS WHOLE GRAIN POTATO WEDGES, FROZEN, 100% FRUIT JUICE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 25 CHICKEN FILLET ON BUN RED RICE AND SAUSAGE/k-8 LETTUCE & TOMATO BAKED BEANS, BUSH'S CANTALOUPE SUCCOTASH CORNBREAD KETCUP/HEINZ/LOW SODIUM MAYONNAISE, FAT FREE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED
Jan - 28 CHICKEN NOODLE SOUP FOR CHEDDAR GOLDFISH CRACKE BBQ PORK /TOMATO BASE O SAVORY PEAS 100% FRUIT JUICE TOMATOES,FRESH,RED RIPE RANCH DRESSING-LF CHILLED PINEAPPLE TIDBIT MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 29 SPAGHETTI SAUCE W/ MEAT TOSSED SALAD W/ DRESSIN NACHOS WITH GROUND BEE BREADSTICKS, WHOLE WHEA CALIFORNIA BLEND FRUIT,FRESH ASSORTED MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL	Jan - 30 CHICKEN PARMESAN W/SPAG WHIPPED POTATOES MEATLOAF/K-8 COOKED COLLARDS CHILLED PINEAPPLE TIDBIT ROLL,HONEY WHEAT RANCH MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	Jan - 31 PIZZA, WW STUFFED CRUST CORN DOG TOSSED SALAD W/ DRESSIN MARINATED FRESH VEGETAB ROSY APPLESAUCE MILK PEANUT BUTTER AND JELLY STRING CHEESE, MOZZAREL FRUIT,FRESH ASSORTED	

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