

# Dorchester School District 4

007 - HEAD START

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 GRILLED CHEESE SANDWICH BANANAS 100% FRUIT JUICE MILK	Dec - 4 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK	Dec - 5 CHICKEN BISCUIT 100% FRUIT JUICE MILK	Dec - 6 BLUEBERRY PANCAKES IW CINNAMON PANCAKES IW 100% FRUIT JUICE APPLESAUCE, SWEETENED MILK	Dec - 7 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL
Dec - 10 TURKEY SAUSAGE ROLL 100% FRUIT JUICE MILK	Dec - 11 WRAPRED SAUSAGE BITES 100% FRUIT JUICE MIXED FRUIT CUP MILK FRUIT, FRESH ASSORTED	Dec - 12 ASSORTED CEREAL 100% FRUIT JUICE MILK STRING CHEESE, MOZZAREL	Dec - 13 SAUSAGE BISCUIT 100% FRUIT JUICE MILK	Dec - 14 YOPLAIT PARFAIT KEEBLER GRIPZ FOR PARFAIT MIXED FRUIT CUP MILK
Dec - 17 DUTCH WAFFLES 100% FRUIT JUICE MILK	Dec - 18 FISH STICKS 100% FRUIT JUICE MILK KETCUP/HEINZ/LOW SODIUM	Dec - 19 FRUDEL APPLE FILLED 100% FRUIT JUICE MILK	Dec - 20 BLUEBERRY MUFFIN APPLE MUFFIN STRAWBERRY APPLESAUCE C MILK	Dec - 21 HAM & CHEESE BISCUIT/WG 100% FRUIT JUICE MILK CHILLED PINEAPPLE TIDBIT
Dec - 24 CHRISTMAS HOLIDAY BREAK	Dec - 25 CHRISTMAS HOLIDAY BREAK	Dec - 26 CHRISTMAS HOLIDAY BREAK	Dec - 27 CHRISTMAS HOLIDAY BREAK	Dec - 28 CHRISTMAS HOLIDAY BREAK
Dec - 31 CHRISTMAS HOLIDAY BREAK				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.